

Report to:

Council

Agenda
Item

11(b)(iv)

Meeting Date: 5th March 2019

Public/Private*: Public

Title: **Communities, Health and Wellbeing Portfolio Holder's Report –
Councillor Lee Sherriff**

FOOD CARLISLE

The Food Carlisle steering group met on 25th January; one of the key focuses was around the Food Carlisle partnership logo. The steering group were joined by two Carlisle College students and supporting staff member, who have been working with the group to develop a new Food Carlisle logo. The steering group discussed and wrote a design brief for the students, asking them to consider a multitude of aspects, including recognisable sites from the district and local foods. The group praised the students for a professional presentation; the logo designs put forward were well researched and thought out, with developments considering different tones, “healthy” colour palettes and textures; as well as relevant fruits, vegetables and sites to our local area.

THE BIG LUNCH

A Big Lunch Carlisle task group has now been established, with numerous partners from across the district and sectors coming together to support this project.

The Big Lunch is an annual get together, with the aim to create stronger communities and increase the happiness and wellbeing of residents. The project encourages residents to build their confidence, share their talents and grow community spirit. The Big Lunch Carlisle can also be used as a platform to support individuals and communities as they create positive change to tackle local issues that matter to them most.

There has been a new webpage developed on the Carlisle Partnership website to help support residents and partners alike: <https://www.carlislepartnership.carlisle.city/Big-Lunch-Carlisle>

WALKING FOR HEALTH

January saw the launch of two new walking programs through the increasingly popular Walking for Health project. The programs promote a healthier lifestyle with a mix of free walks. The Wednesday walking program provides an easier entry level of one hour walks, with both morning and afternoon sessions for participants to take part in. Dates and destinations have now been set until July; with a 'Summer Surprise' on 19th June. There has been lots of interest from health professionals around of this project.

The Tuesday Trundle programme is considered to be the next step up in difficulty, aimed at those who would like to further challenge themselves after taking part in the Wednesday Walking for Health program. Walks are a longer distance and graded so participants can prepare for varying difficulty levels. Dates and destinations are now available until April.

Both programs not only provide the opportunity for residence to increase their physical fitness, but many participants praise the programs for providing a welcoming atmosphere and chance to make new friends and social groups.

Downloadable copies of both walking programs and further information can be found on the Carlisle Partnership website:

<https://www.carlislepartnership.carlisle.city/Partnerships/Healthy-City/walking-and-exercise>

LOCAL FOCUS HUB

The Local Focus Hub based in the Civic Centre has evolved over the past 18 months and has now has well established working practises to look at problems which are affecting our local communities. Having a central hub which can communicate and bring together a wide range of partners in a timely manner has reduced bureaucracy and is a more cost effective way of working.

We have recently moved the referral system to a monthly tasking meeting. This allows any partners to bring forward any problems they are currently dealing with into the forum. Due

to the well-attended meeting a number of the issues can be solved within the room with either advice or setting actions for other partners to undertake. Police provide data from the previous month which highlights hotspot area, repeat victims and crime trends. We find that other partners will have knowledge in some of these areas and are able to assist. Currently the meeting is attended by Fire, NWAS, BTP, Probation, three main social housing providers, Unity, Community Mental Health, Library Staff, City Licensing, City Enforcement, Environmental Health, County Highways, Trading Standards, City Greenspaces, Home and Well Being Coaches, Youth Offending, City Homelessness team and the Problem Solving Constables for each area. This meeting is chaired by Inspector Bradbury. All partners are part of an information sharing agreement.

Local City Councillors have benefitted from the Hub and are able to come into the office (pre Appointment) to discuss issues. This has been a two way process and several councillors have assisted Police, Housing Providers and Mental Health workers to feed-back vital community information and assist in organising community meetings addressing neighbourhood problems.