

### COMMUNITY OVERVIEW AND SCRUTINY COMMITTEE

Committee Report

**Public** 

**Date of Meeting:** 

26th March 2009

Title:

Carlisle Partnership - Healthy Communities and Older People -

Group and Cumbria Local Area Agreement – 2<sup>nd</sup> report 08/09

Report of:

**Carlisle Partnership Manager** 

Report reference:

PPP 12/09

### **Summary:**

- 1. This is the fourth report in a series, making the activities of the Carlisle Partnership (CP) Healthy Communities and Older People (HCOP) group available for scrutiny. The group Chair (Cllr Olwyn Luckley) and Myrna Hill from our own staff will update the committee on the activities of the group and describe the intentions and plans for the remainder of 2008/2009 (outline into 09/10) and will be able to add detail and technical information in response to the Committee's questions and comments.
- 2. The CP Manager will present the annual performance report of the Cumbria Agreement (LAA 2007) Healthy Communities and Older People Block stretch Targets (Annex A) and the 3<sup>rd</sup> quarter performance report of the Cumbria Agreement (LAA 2008 Healthy Communities and Older People Block Targets (Annex B)

### Questions for / input required from Overview and Scrutiny:

- 1. Community Overview and Scrutiny Committee is requested to consider and comment on the activities of the Carlisle Partnership, Healthy Communities and Older People Priority Group.
- 2. To consider and comment on the performance report for the Healthy Communities and Older People block of the Cumbria LAAs 2007 and 2008.
- **3.** To note the anticipated further development of performance reporting for the LAA 2008-2011.

4.

Contact Officer:

Ned Kemp

Ext:

7030

Note: in compliance with section 100d of the Local Government (Access to Information) Act 1985 the report has been prepared in part from the following papers: None

### **Introduction**

- 1. The committee should refer to PPP 88/08 Healthy Communities and Older People Carlisle Partnership Priority Group and Cumbria Local Area Agreement report presented on 09<sup>th</sup> October 2008.
- 2. The committee should note that the refresh of CP HCOP priorities published in "A Community Plan for Carlisle refresh and update 2008" remains extant until 2010 when the next refresh of the Plan will be published. In the year 2009/2010, the Partnership will concentrate on developing a robust method for performance monitoring and aligning its Local targets to the national Indicators (Annex C).
- 3. The Healthy Communities and Older People Group (HCOP) has continued to support local projects with Communities for Health (CFH) programme funding from the Department of Health. Amongst others: Smoke Free Carlisle; Income Maximisation for Older People; Active Carlisle; Healthy City; Keep Warm; Lifestyle on the Road; Worthwhile Days and On Your Bike. (Annex D (a-d)).

### **Highlights**

### **Smoking Cessation Clinics**

Additional clinics continue to be held in the target wards and the results are in Annex D (a).

### Lifestyle on the Road

After some initial difficulties a launch event was held for this project on 10<sup>th</sup> March 2009. To recap this project is aimed at taking advanced facilities to schools where children in the 7-15 age range are encouraged to link school physical activities to lifestyle/leisure health and fitness activities. Additionally the project provides information to participants on diet and nutrition.

### On Your Bike

The success of the project and its team were recognised at the Cumbria Community Awards in November 2008 (Annex D (b)).

### **Health Networks**

The awards process is now complete and some 15 awards of up to £1,500 have been made, totally £16,000 (Annex D (c)).

### **Income Maximisation for Older People**

The increased focus on rural areas in the second year of this project increased the rural:urban split of additional benefits awarded to 42:58. To date (Feb 09) some £860k in additional benefits have been awarded (Annex D (d)).

### **WHO Healthy City**

The work of the group and the Public Health Team at NHS Cumbria (PCT), determining and reviewing health statistics for Carlisle will be used to formulate the formal application for "Healthy City" status probably in April. The current round (Phase V) is focused on the reduction of health inequalities. There is a wealth of evidence linking health issues with wider inequalities - such as income, housing, low skills and aspirations. The HCOP Group will use the accreditation to raise these wider causes of poor health in the wider partnership.

The Carlisle Partnership 'Healthy City' Forum event on 3<sup>rd</sup> December at The Sands Centre proved very successful, generating enthusiasm from the delegates and useful information from the workshops.

### 4. <u>Cumbria Local Area Agreement 2007 – Annual Report to March 2008 – Healthy</u> Communities and Older People theme

Annex A is an edited version of the 21 month performance report on the outcomes defined in the Cumbria LAA 2007. Broadly the report describes a good start to delivery on short and medium term outcomes. The Commentary sections are probably most significant in light of the development of the LAA 2008-2011.

### 5. Cumbria Local Area Agreement 2008 – 2011

The 2008 LAA is now in force and has been (minimally) refreshed for 2009. The committee will be aware that significant changes in reporting requirements, numbers of indicators, frequency of data collection and inspection mechanisms were still at a developmental stage at the last report and this continues to be the case. The first performance report is included at Annex B. Further re-arrangements are likely and the incorporation of the requirements of Comprehensive Area Assessment are likely to generate further modifications.

### **IMPLICATIONS**

- Staffing/Resources Support staff for the partnership is now in place, however the post
  of Support Officer ends in June 2009. There is likely to be a reduction in the efficiency
  and effectiveness of the Partnership (and therefore to partner commitment).
- Financial City Council financial commitments will be subject to normal process separate from these reports
- Legal Any obligations which may attach to the City Council resulting from accreditation as a Healthy City, will be carefully monitored and reported through the established procedures as the application progresses.
- Corporate The City Council's Corporate Plan reflects some elements of the work of the Group.
- Risk Management –The risks associated with delivery of the HCOP priorities listed in "A Community Plan for Carlisle refresh and update 2008".
- Equality and Diversity A central consideration in all the Healthy Communities and Older People Group activities.
- Environmental A central consideration in all the Healthy Communities and Older People Group activities.
- Crime and Disorder There are potential indirect relationships between HCOP Group activities and the Safer, Stronger Group activities which are monitored at the level of the Carlisle Partnership Executive.
- Impact on Customers The aim of the HCOP Group is to improve the Health and Opportunities for Carlisle's residents and to reduce the substantial health inequalities to which some of our most disadvantaged Communities are subject.
- Healthy City The HCOP Group continues to play a leading role in the development of the application for accreditation and it expected to have a critical influence on the implementation of Healthy City initiatives.

### <u>'LEGACY' STRETCH TARGETS - LOCAL AREA AGREEMENT 2007 -2010:</u> PERFORMANCE MONITORING REPORT

Edited from Cumbria Strategic Partnership (CSP) report (04 March 2009)

For HCOP targets

### **HIGHLIGHTS**

Based on performance at the 21 month point of the 36 month agreement, stretch targets are expected to be met in 2010 for 11 of 12 service areas.

If this level of performance be realised in 2010, then £13.8m of government reward grant would be earned by the CSP partners.

### **EXECUTIVE SUMMARY**

The purpose of this report is to provide an update on progress toward achieving the 15 legacy stretch targets (covering 12 service areas) included in our 'old' Cumbria Local Area Agreement 2007-2010.

This report contains performance information for the period April 2007 to December 2008 (covering 21 months of the original 3 year agreement) together with forecast performance at March 2010. If realised, forecast performance will attract reward grant totalling £13.8m for Cumbria. This will be paid in 2 instalments over 2010-11 and 2011-2012 and will be split equally between revenue and capital grant. There has been no movement in the forecast reward grant from last quarter ended September 2008.

The legacy stretch targets have been carried forward into our new Local Area Agreement 2008-2011.

### PROGRESS TOWARD STRETCH TARGETS

The following section of the report contains an analysis of performance at the mid-point (21 months) of the 3 year agreement for all 15 Performance Indicators. Red, Amber & Green alerts are derived as follows:

STAR (green): Performance is either meeting target or exceeding target.

CIRCLE (amber): Underperforming by up to 5% of target.

TRIANGLE (red): Underperforming by more than 5% of target.

### 1.1 Analysis by Performance Indicator:

### SI 03 SP service users (16+) who are supported to establish & maintain independent living

		_		Forecast Performance March 2010	_	RAG Performance at March 2010
SI 03 SP service users (16+) who are supported to establish & maintain independent living	3732.00	4260.00	<b>A</b>	4520.00	4520.00	*

Commentary	
	Although the figures in the first quarter look off target, there are currently strategic reviews being undertaken which is looking at capacity and throughput of services. Quarter 2 figures are now available. Part of this target is cumulative and therefore a true reflection of whether this target will be met will not become apparent until nearer the Quarter 4 reporting period. Forecast for the 08/09 target is that the target will be met.

### SI 04 Average length of waiting time for major adaptations

		_		Forecast Performance March 2010	_	RAG Performance at March 2010
SI 04 Average length of waiting time for	18.60	34.00	*	18.00	29.00	*
major adaptations						

## December 2008 Whilst performance improvements have slowed this quarter, District Councils have continued to increase the number of people helped whilst still reducing waiting times. It is projected that in the final quarter waiting times will reduce to below 18 weeks. By the end of this financial year there will have been a 54% increase in the number of grants approved and councils will have increased the monies spent on Disabled Facilities Grants(DFG) by 35%. The proportion of funding allocated to Cumbria by GONW has though continued to fall when compared to the increase in demand. If GONW was to fund 60% of the monies spent in the County on DFG, as is the notional split used in the past, then they would need to increase their grant allocation to the County by £1m (currently £1.85m in 08-09). The increased levels of demand and the resulting need for extra funding has now become unsustainable for District Councils. Although they are meeting the shortfall currently by using monies from reserves and by cutting back other programmes, this will not be possible next year. If they are unable to get extra funding, the waiting time will be at risk. All District Councils in the County no longer operate waiting lists and respond as quickly as possible to an application; this has been a shift in culture, caused by the recognition of how DFGs provide real help to people who are at high risk. There is also a recognition of the key role DFGs provide in preventing costs in health and social care. Work continues to build partnership arrangements locally with Health, given that nationally it is now recognised

how adaptations, principally through DFGs, fit into the move to provide care as closer to home as possible.

### SI 05 Number of people stopped smoking for 4 weeks

		_		Forecast Performance March 2010	_	RAG Performance at March 2010
SI 05 Number of people stopped smoking for 4 weeks	1550.00	2391.00	<b>A</b>	8648.00	8648.00	*

### **Commentary**

December 2008

All three Stop Smoking Co-ordinators have been recruited and are in place, as of 12th January 2009. Their role will focus on supporting GP surgeries in delivering stop smoking support to their patients, developing the stop smoking service within the community, promoting the service and supporting the intermediate advisors. Stop smoking support is now available from 56 pharmacies across Cumbria. A media campaign has been launched with coverage on Border TV. Follow up media coverage has been requested from Border TV. A media campaign was held over New Year, following a 'new year, new you' line. Adverts have been commissioned for CFM. Interviews have been done for Bay Radio and local newspapers. Campaigns are planned for Valentines Day and No Smoking Day. An incentive scheme to encourage people to get support to stop smoking has been launched in Barrow and Carlisle. 'Quit and Win' will provide 3 months free physical activity with Carlisle Leisure Trust, Barrow Park Leisure Centre and Dalton Leisure Centre to people who are confirmed as not smoking after 4 weeks. Initial response has been good. Cumbria Trading Standards have carried out 14 test purchase operations resulting in 4 sales. They do expect to achieve their target of 100 test sales. Funding is being sought via the PCT Strategic Plan to support increased capacity within the Stop Smoking Service. All Cumbria Fire and Rescue community safety officers now handing out SSS cards as appropriate when they do home safety checks. A question raising the awareness of the SSS has been inserted into all future Streetsafe questionnaires (joint initiative lead by Cumbria Police involving all partners). Two Practitioner Forums took place on 28th January and 29th January 2009. These will engage with front line workers and be the operational arm of the Cumbria Tobacco Alliance. Allerdale = 76 Barrow = 56 Carlisle = 93 Copeland = 95 Eden = 19 South Lakes = 91 Interim figure for 1.10.08 to 31.12.08 = 430 Forecast for 08/09 is that the target will not be met, despite considerable and sustained effort to achieve it. However, it is expected that with the resources now in place, the 3 year cumulative target for SI 5 will be met.

### SI 06 % adult pop taking part in moderate intensity sport & active recreation

		_		Forecast Performance March 2010	_	RAG Performance at March 2010
SI 06 % adult pop taking part in moderate intensity sport & active recreation	22.70	23,50	•	24.90	24,90	*

Commentary	
December 2008	Annual Active People Survey Results for 2007/08 Rec'd November 2008 showing 22.7% participation increase against
	2005/06 baseline of 20.9%. Based on original LAA KPI 1 indicator and not NI8.

### **CONCLUSION**

If forecast performance in 2010 is realised, Cumbria will earn £13.8m of the £15.1m of Government Reward Grant available. Appendix 1 contains details of reward grant payable across the 12 service areas. Currently, maximum reward grant is anticipated for 11 of the 12 service areas.

Each target can earn a maximum amount of one twelfth of the total (£1.258M). Where performance indicators have more than one part, a weighting is attached to each part. For each performance indicator, the amount of grant payable is proportionate to the amount of 'performance enhancement achieved'. ('performance enhancement' = the difference between the 2009-10 target with stretch, and the 2009-10 target without stretch).

The maximum reward grant payable if all stretch targets are achieved is £15,101,455. This sum represents 2.5% of the 2006-07 budget for Cumbria County Council and the six Cumbria Districts. This reflects the principle that achievement of targets is dependent on effective working with partners. Half would be paid as revenue, and half as capital, payable in equal instalments in 2010-11 and 2011-12.

No detailed decisions have been taken on how reward grant will be used, however a general principle agreed by Cabinet, on the recommendation of the Cumbria Strategic Partnership Executive Board, is that 100% of performance reward grant be invested in LAA priorities.

The Chief Executive's Office is currently researching and comparing arrangements in other LAA areas for sharing reward grant. A further report will be prepared for consideration by Corporate Management Team, Cumbria County Council as the Responsible Authority in advance of firm proposals being taken to the CSP Executive Board for apportioning grant amongst partners in Cumbria for both the legacy targets and the current LAA.

### Appendix 1: LAA 2007-2010: Forecast Reward Grant based on Performance at 31<sup>st</sup> December 2008.

Target No	Short Title	Performance Measures	2010 Performance target without LAA (a)	2010 Performance target with LAA (b)	Enhancement in performance (b) - (a) = stretch		2010 Forecast Performance	% of stretch achieved. 60% needed for minimum grant	Potential Performance Reward Grant	Forecast Performance Reward Grant	Total
1	Post 16 achievement	Increase post-16 achievement measured									
·	1 OSE TO GOTILE TOTAL	by a decrease in NEET	5.3%	4.8%	0.5%	100%	4.8%	100.0%	1,258,455	1,258,455	1,258,455
		Supporting people to be independent, part									
		of their community and to have choice in									
_	Independence for	the services they need	4136	4520	384	60%	4520	100.0%	755,073	755,073	
2	older people	Development of a consistent and stronger									1,258,455
		framework in which Disabled Facilities									
		Grants are delivered to promote	42	20	42	40%	18	184.6%	F02 202	502 202	
		independence, choice and control	42	29	13	40%	18	184.6%	503,382	503,382	
3	Health	Reduce smoking prevalence across  Cumbria	8397	8648	251	100%	8648	100.0%	1,258,455	1,258,455	1,258,455
4	Health		20.90%	24.90%	4.00%	100%	24.90%	100.0%	1,258,455		
- 4	пеанп	Combat the rise of obesity in Cumbria Increased employment and economic	20.90%	24.90%	4.00%	100%	24.90%	100.0%	1,256,455	1,256,455	1,258,455
5	Economic Activity	activity and better paid employment									
,	Economic Activity	opportunities	0	200	200	100%	200	100.0%	1,258,455	1,258,455	1.258.455
		The number of domestic violence incidents		200	200	10070	200	100.070	1,200,400	1,200,400	1,200,400
		in Cumbria, as reported to police	4194	4485	291	34%	4500	105.2%	427,875	427,875	
		Percentage of convictions for domestic	7107	1100	201		1000	1001270	421,010	421,010	
		violence related offences as a proportion									
		of domestic violence court cases, as									
6	6 Domestic Violence	measured by the Crown Prosecution									1,258,455
		Service	63.00%	65.00%	2.00%	33%	70.00%	350.0%	415,290	415,290	
		Percentage of recorded domestic violence									
		that are repeat incidends in the previous									
		12 months, as reported to police	35.00%	32.00%	3.00%	33%	32.00%	100.0%	415,290	415,290	
7	Crime	To reduce the level of offending by prolific									
· '	Crimie	offenders	10.00%	20.00%	10.00%	100%	70.00%	600.0%	1,258,455	1,258,455	1,258,455
		Reduce overall crime in line with Crime and									
		Disorder Reduction Partnership targets									
8	Crime	and narrow the gap between the worst									
_		I - ' I									
		performing wards/neighbourhoods and									
		other areas across the district	1082	1011	71	100%	950	185.9%	1,258,455	1,258,455	1,258,455
		Empower local people to have a greater									
9	Communities	choice and influence over local decision making and a a greater role in public									
		service delivery	51.00%	57.00%	6.00%	100%	53.00%	33.3%	1,258,455	0	0
		Increased Domestic Fire Safety and	31.0076	31.0076	0.0076	10078	33.0076	33.370	1,230,433	<del>'</del> '	
10	Fire	Reduction Arson	84	77	7	100%	77	100.0%	1,258,455	1,258,455	1,258,455
11	Roads	Improved Road Safety	89	85	4	100%	70	475.0%	1,258,455	1,258,455	1,258,455
		Increase in the percentage of municipal							.,200,400	.,200,100	.,200,100
12	Waste	waste recycled (composting and									
		recycling)	34.60%	40.00%	5.40%	100%	41.00%	118.5%	1,258,455	1,258,455	1,258,455
			<u> </u>								
11th Feb 09									_		
									Foreca		13,843,005
									Potent		15,101,455
									% of :	£15.1	91.7

### Annex B to PPP 12/09 Carlisle Partnership - Healthy Communities and Older People - Group and Cumbria Local Area Agreement - 2<sup>nd</sup> report 08/09

### CUMBRIA COMMUNITY STRATEGY (2008-2028) AND LOCAL AREA AGREEMENT (2008 -2011):

### PERFORMANCE MONITORING REPORT

### Edited from Cumbria Strategic Partnership (CSP) report (04 March 2009) For HCOP targets

### **KEY POINTS TO NOTE:**

This report is of performance across the 3-year Cumbria Community Strategy outcomes and of performance across the priority performance indicators in Cumbria's Local Area Agreement.

It is less clear cut therefore regarding LAA performance and non-LAA performance (ie National Indicators not in the Cumbria Agreement 2008).

### **EXECUTIVE SUMMARY**

This report provides an update on progress toward achieving the nineteen '3 year outcomes' in the Cumbria Community Strategy 2008-2028 (CS). The report includes 35 designated PIs and 16 statutory and early years PIs that form Cumbria's Local Area Agreement 2008-2011 (LAA).

This report contains performance information for the 9 month period from April 2008 to December 2008.

### **BACKGROUND**

Appendix 1 contains baskets of PIs from the National Indicator Set (NIS) relating to the aims of the Carlisle Partnersjhip HCOP Group and these have been attached to the relevant outcomes in the CS and are used to track overall improvement and achievement over time. Individual commentary is also provided for each PI were information is available.

Commentary for each of the relevant CS outcomes is provided by the CSP Health and Wellbeing Thematic Partnership in the body of the report, based on a rounded view of performance using the PIs in Appendix 1 and progress with delivery plans.

A Red, Amber or Green performance alert is provided using the information currently held in P+.

STAR (Green): Performance is either meeting target or exceeding target.

CIRCLE (Amber): Underperforming by up to 5% of target.

TRIANGLE (Red): Underperforming by more than 5% of target.

### **Summary Position – Cumbria Community Strategy**

The following tables provide a summary of the performance across the 195 PIs in the NIS:

National Indicator Set Analysis of Performance Indicators	Performanc	e Indicators rep	orted at month 9	
National Indicators	Total no of	No of PIs	No of PIs not	% of total
	National	reported at 9	reported at 9	reported at 9
	Indicators	months	months	months
	195	85	110	44%

National Indicator Set Analysis of Performance Indicators		Performance at month 9						
National Indicators	No of PIs reported at 6 months 85	No on target or exceeding target (Green) 41	% on target or exceeding target (Green) 48%	Ho of PIs under- performing by up to 5% of target (Amber) 4	% of PIs under- performing by up to 5% of target (Amber) 5%	Ho of PIs under performing by greater than 5% of target (Red) 26		

National Indicator Set Analysis of Performance Indicators	Perf	formance In	dicators no	ot reported at	Month 9			
National Indicators		Reason	for not repe	orting at month	9			
	No of PIs not reported at 9 months 110	Annual 61	% 55%	Survey 19	% 17%	Deferred by DCLG until 09/10 8	% 7%	No of PI's with no information 22

### <u>Summary Position – Local Area Agreement</u>

The following tables provide a summary of the 51 PIs in the Local Area Agreement:

	Total No of PIs in the agreement	No of PIs reported at 9 months	No of PIs not reported at 9 months	% of total reported at 9 months
Cumbria Agreement Analysis of Performance Indicators	Performance	e Indicators rep	orted at month 9	

Cumbria Agreement Analysis of Performance Indicators		Performance at month 9							
	No of PIs reported at 6 months	No on target or exceeding target (Green)	% on target or exceeding target (Green)	No of PIs under- performing by up to 5% of target (Amber)	% of PIs under- performing by up to 5% of target (Amber)	No of PIs under- performing by greater than 5% of target (Red)	% of PIs under- performing by greater than 5% of target (Red)		
Designated Performance Indicators	22	17	77%	1	5%	4	18%		
Statutory Education and Early Years Indicators	16	3	19%	1	6%	12	75%		

umbria Agreement nalysis of Performance Indicators Performance Indicators not reported at Month 9							
Designated Performance Indicators		Reason	for not repo	orting at month	6		
	No of PIs not reported at 9					Baseline and/or Target to be	
	months 13	Annual 9	% 69%	Survey 3	% 23%	negotiated 1	% 8%

### **Summary Commentary on Cumbria Community Strategy Performance**

### Improve life expectancy

Action plans are in place to deliver improvement, however performance is measured annually for the majority of performance measures used to track this outcome. Performance on 'stopping smoking' is off target and a range of measures are now in place to get performance back on track, including appointment on new stop-smoking coordinators, a targeted media campaign, incentive schemes and test purchases by the Trading Standards service. New targets are being negotiated with GONW for the 2 measures in our LAA, Hospital Admissions for Alcohol Related Harm and Drug Users recorded as being in effective treatment.

### Increase choice and control for service users

Overall performance cannot yet be measured as the majority of performance measures are new for 2008/09 and therefore baselines and targets will be set after March 09. The number of Social Care Clients receiving self-directed support is below the target set for December 2008, however this continues to be a high priority for social care teams and the 08/09 target is expected to be achieved this year.

### **Detailed Commentary on Cumbria Community Strategy Performance**

### Improve life expectancy

We have action plans in place for all the NIS that we are able to influence, these include actions to improve performance, to improve data quality or to actually collect or gather the data. At this point, the main concern for this theme is the collection of information from health colleagues about people with mental health conditions in employment (NI 149). This information is part of a suite of information that should be collected, but to date we have received no assurance that this information will be available. We have made contact with the PCT and they are investigating the availability of the reporting mechanisms for this information.

The rate of alcohol related hospital admissions has been revised, resulting in a reduction in the targets. The tendering process for the brief intervention training is under development and it is hoped to start delivery of the training in April 2009. There are several initiatives in the NHS Cumbria Strategic Plan (following on from the World Class Commissioning process) that are under consideration. Data will be available at end of year.

At the end of month 5, the provisional number of 1393 individuals recorded in effective treatment, brings us ahead of the set target for Quarter 1 (1,365 against a target of 1,379). Final confirmation of Quarter 2 is expected in February 2009. The Baseline was set by the National Drug Treatment Monitoring System NDTMS data in July 08.

Ongoing actions to implement health improvement plans in Barrow, Carlisle and West Cumbria, with support of multi-agency partnerships. These have been agreed at LSP's and Healthy Community groups. There is active engagement with crime and disorder reduction partnerships (CDRPs) in relation to alcohol misuse and antisocial behaviour in particular.

There are projects addressing health and worklessness under development in Barrow and Copeland. Carlisle established Healthy City Group to drive application for Healthy City Status. Healthy City partnership event held to address local health

inequalities. In Allerdale and Copeland, health newsletter produced in December 2008, and mobile health screening units have been piloted in both areas. Exercise on prescription is being implemented with local leisure providers. Health inequalities action planning with neighbourhood management boards in South Workington and South Whitehaven.

In South Lakes, multi-agency Successful Ageing Steering group established, and is co-ordinating a number of short and longer term developments. Joint PCT/Eden District Council working to explore links between primary care and leisure services to promote physical activity. Public Health Lectures have been held in all areas with partners. The percentage of mothers smoking at the time of delivery remains lower (better) than the quarterly target (18% against a Quarter 2 target of 20%; and 19.3% against a target of 20% for Quarter 3). There are now three midwifery assistants trained to support women and their partners to stop smoking based in the maternity units in the North. The South is covered by stop smoking trained midwives.

All three Stop Smoking Co-ordinators have been recruited and are in place. Their role will focus on supporting GP surgeries in delivering stop smoking support to their patients, developing the stop smoking service within the community, promoting the service and supporting the intermediate advisors. Stop smoking support is now available from 56 pharmacies across Cumbria. A media campaign has been launched with coverage on Border TV. Follow up media coverage has been requested from Border TV. A media campaign was held over New Year, following a 'new year, new you' line. Adverts have been commissioned for CFM. Interviews have been done for Bay Radio and local newspapers. Campaigns are planned for Valentines Day and No Smoking Day. An incentive scheme to encourage people to get support to stop smoking has been launched in Barrow and Carlisle. 'Quit and Win' will provide 3 months free physical activity with Carlisle Leisure Trust, Barrow Park Leisure Centre and Dalton Leisure Centre to people who are confirmed as not smoking after 4 weeks. Initial response has been good. All Cumbria Fire and Rescue Community Safety Officers are now handing out SSS cards as appropriate when they do home safety checks. Two Practitioner Forums took place on 28th January and 29th January 2009. These will engage with front line workers and be the operational arm of the Cumbria Tobacco Alliance

### Increase choice and control for service users

There is very little actual data available for any of the NIS in this theme. Most of the NIS are brand new - therefore new systems have had to be set-up and some are only reported annually or as part of the place survey - therefore there is no quarterly information available and some are to come from partner organisations and are not yet available. Health Implementation Group is planning to establish Locality Health Groups in September, where the focus will be on Health and Well being and there will be a standing Agenda item on Annual Health Checks and Health Action Plans. These will be in place before the end of March. These groups will form the main system for engaging with service users and will give the service users an opportunity to feed directly into the health task group who report to the Partnership Board for Learning Disabilities. The Local health groups have established additional support from People First and from the Inclusion workers who's role is to develop local inclusion in to everyday services within the locality. One of the key roles of the groups will be to do an asset register of all the services/facilities which people with a learning disability should/could be able to access in order to improve health and well being. This focus will not be restricted to health services but will include information about projects around accessible walks,

accessible leisure facilities etc. Data will be available for Quarter 4. A prevention working group has been established with wide membership chaired by ASC lead manager for prevention services. A work programme is developing with initial topics focusing on the revision of the low level equipment service, the establishment of a Centre for Independent Living, and members gaining a better understanding of their contribution to the prevention agenda. Adult Social Care [ASC] continues to move from a position, where Direct Payment was the only means of self-direction available to those needing support and was a key target in the last LAA, to a situation where there will be many more options for service users. Single Assessment work is on-going and progressing well. The 'testing' Phase 1 will continue towards April 2009 ready for Phase 2, where full implementation and the integration of Direct Payments and Individual Budgets for NI 130 are scheduled to commence in line with national guidance. A baseline figure will be collated for Individual Budgets over the first year of the LAA and established for 2009/10. The figure for Quarter 3 for Direct Payments continues to be below target (221.8 against a Quarter 2 target of 319; and 237.97 against a Quarter 3 target of 424) but well ahead of previous years' and improving well.

### CONCLUSION

At the time of writing this report, the Department for Communities and Local Government has yet to confirm the maximum amount of 2008-2011LAA reward grant that can be achieved by Cumbria, although it is expected that the total grant available will be substantially lower that the circa £15m available from the 2007-2010 LAA targets.

### **APPENDICES**

Appendix 1: Tables of National Indicator Set by Community Strategy Outcomes

### Appendix 1

### Improve life expectancy

	Improve Lit	e Expectancy			
Reporting Frequency		Performance for 9	Target for 9 months	RAG	Commentary
		months to Dec 08	to Dec 08		·
Annual (Financial Year - Active People Survey)	NI008 Adult participation in sport				Active People Survey delayed until December 2009, No Baseline available
Quarterly (Financial Year)	NI039 Rate of Hospital Admissions per 100,000 for Alcohol Related Harm				The rate of alcohol related hospital admissions has been revised, resulting in a reduction in the targets. However, discussion is needed with SHA re revision of LAA target. The tendering process for the brief intervention training is under development and it is hoped to start delivery of the training in April 09. There are several initiatives in the Strategic Plan (following on from the world class commissioning process) that are under consideration. Data will be available at end of year.
Annual (Financial Year)	NIO40 Number of drug users recorded as being in effective treatment				At the end of month 5, the provisional number of 1393 individuals recorded in effective treatment, brings us ahead of the set target. Final confirmation of quarter 2 is expected in February 09. The base line was set by NDTMS data in July 08 Figures reported retrospectively quarter 3 figures will not be available until quarter 4
Quarterly	NIO49i Number of primary fires per 100,000 population	164.90	182.20	*	
Quarterly	NIO49ii Number of primary fire fatalities per 100,000 population	1.20	0.85	<b>A</b>	
Quarterly	NIO49iii Number of primary fire non-fatal casualties per 100,000 population	6.00	8.51	*	
Biennial (Place Survey)	NI119 Self-reported measure of people's overall health and wellbeing				Place Survey
Annual (Calendar Year)	NI120 All-age all cause mortality rate				Annual
Annual (Calendar Year)	NI121 Mortality rate from all circulatory diseases at ages under 75				Annual
Annual (Calendar Year)	NI122 Mortality from all cancers at ages under 75				Annual

Improve Life Expectancy							
Reporting Frequency		Performance for 9 months to Dec 08	Target for 9 months to Dec 08	RAG	Commentary		
Quarterly (Financial)	NI123 Stopping smoking	1550.00	2391.00	<b>A</b>	All three Stop Smoking Co-ordinators have been recruited and are in place, as of 12th January 2009. Their role will focus on supporting GP surgeries in delivering stop smoking support to their patients, developing the stop smoking service within the community, promoting the service and supporting the intermediate advisors. Stop smoking support is now available from 56 pharmacies across Cumbria. A media campaign has been launched with coverage on Border TV. Follow up media coverage has been requested from Border TV. A media campaign was held over New Year, following a 'new year, new you' line. Adverts have been commissioned for CFM. Interviews have been done for Bay Radio and local newspapers. Campaigns are planned for Valentines Day and No Smoking Day. An incentive scheme to encourage people to get support to stop smoking has been launched in Barrow and Carlisle. 'Quit and Win' will provide 3 months free physical activity with Carlisle Leisure Trust, Barrow Park Leisure Centre and Dalton Leisure Centre to people who are confirmed as not smoking after 4 weeks. Initial response has been good. Cumbria Trading Standards have carried out 14 test purchase operations resulting in 4 sales. They do expect to achieve their target of 100 test sales. Funding is being sought via		
	NI137 Healthy life expectancy at age 65				the PCT Strategic Plan to support increased capacity within the Stop Smoking Service. All Cumbria Fire and Rescue community safety officers now handing out SSS cards as appropriate when they do home safety checks. A question raising the awareness of the SSS has been inserted into all future Streetsafe questionnaires (joint initiative lead by Cumbria Police involving all partners).  Two Practitioner Forums took place on 28th January and 29th January 2009. These will engage with front line workers and be the operational arm of the Cumbria Tobacco Alliance. Allerdale = 76 Barrow = 56  Carlisle = 93 Copeland = 95 Eden = 19  South Lakes = 91 Interim figure for 1.10.08 to 31.12.08 = 430 Forecast for 08/09 is that the target will not be met, despite considerable and sustained effort to achieve it. However, it is expected that with the resources now in place, the 3 year cumulative target for SI 5 will be met.		

### Increase choice and control for service users

Increase Choice and Control for Service Users								
Reporting Frequency		Performance for 9 months to Dec 08	Target for 9 months to Dec 08	RAG	Commentary			
	DNI127 Self reported experience of social care users				<b>Deferred until 2009/10</b> - actions in CSCI SAS plan			
	DNI128 User reported measure of respect and dignity in their treatment				<b>Deferred until 2009/10</b> - actions in CSCI SAS plan			
Annual (June/July)	NI124 People with a long-term condition supported to be independent & in control of their condition				Annual (June/July)			
Annual	NI125 Achieving independence for older people through rehabilitation/intermediate care	88.00	82.00	*	National data collection started Jan2009. Early indications show Cumbria achieving similar/better performance to other NW Local Authorities. No Baseline			
Annual	NI126 Early access for women to maternity services				Annual			
Annual (Calendar Year)	NI129 End of life access to appropriate care enabling people to be able to choose to die at home				Query with PCT for data			
Annual (Financial Year)	NI130 Social Care clients receiving Self Directed Support (Direct Payments and Individual Budgets)	237.97	424.00		As of Monday 12 Jan 09 SAQ and CAT are now setup and running on the Single Assessment Process (SAP) system. Within the first 7 days of operation we have: • 40 SAQ's Completed • 38 CAT's Completed The SAP results for 400 Service Users across all care streams are required to test the RAS and In Control National meeting is set for 12 Feb 09 for validation. Social Workers are to continue trailing the new process and Change Champion dates set to continue supporting staff, answering questions and building confidence on Self Directed Support. The 'testing' Phase 1 will continue towards April 2009 ready for Phase 2, where full implementation and the integration of Direct Payments and Individual Budgets for NI 130 are scheduled to commence in line with advice from DMT.  Self Directed Support continues to be a top priority in all teams, and it is expected that we will reach our very ambitious target by the end of the year. We are also able to evidence the real benefits to service users across all care groups, of being in charge of their own support. Obviously we have no historic information on this NI as it is a new measure. We should however be able to start benchmarking with other Councils at the end of this financial year.			

	Increase Choice and C				
Reporting Frequency		Performance for 9 months to Dec 08	Target for 9 months to Dec 08	RAG	Commentary
Annual (Financial)	NI131 Delayed transfers of care	months to Dec 08	to Dec 08		Annual
Annual (Financial)	NI132 Timeliness of social care assessment (all adults)	68.05	75.00	<u> </u>	New methodology devised to validate this PI's data in line with new definition.
Annual (Financial)	NI133 Timeliness of social care packages following assessment	77.00	90.00	<b>A</b>	Figures based on test information. New methodology to measure being rolled out in January based on feedback from the Audit Commission Difficluty anticipated as this information in not currently recorded on systems for all services, new forms are being developed and ne w audit validation/process being implemented in response to potential data quality /performance issues and as part of migration to new system.
Annual (Financial)	NI134 The number of emergency bed days per head of weighted population				Annual
Annual (Financial)	NI135 Carers receiving needs assessment or review and a specific carer's service, or advice & inf.				New database implemented in Carers Associations. Measurement to start in february 09
Annual (Financial Year)	NI136 People supported to live independently through social services (all adults)	5424.55			No target set. Grant funded services return completed by end of january. This will provide basis for PI
Biennial (Place Survey)	NI138 Satisfaction of people over 65 with both home and neighbourhood				Place Survey
Biennial (Place Survey)	NI139 > 65s receive inf., assistance and support to exercise choice & control to live independently				Place Survey
Biennial (Place Survey)	NI140 Fair treatment by local services				Place Survey
Quarterly (Feb, May, Aug, Nov)	NI141 Percentage of vulnerable people achieving independent living	62.70			This indicator is reported retrospectively a quarter in arrears. <b>Figure here is</b> <b>Quarter 2. No target set yet</b>
Quarterly (Feb, May, Aug, Nov)	NI142 Number of vulnerable people who are supported to maintain independent living	97.83			This indicator is reported retrospectively a quarter in arrears. <b>Figure here is Quarter 2. No target set yet</b>
Annual (Financial)	NI145 Adults with learning disabilities in settled accommodation	16.20			Current national confusion re LD people that can be included. Cumbria have contacted Information Centre and sent paper to be discussed at Information Centre technical Meeting in February. So no target set yet.
Annual (Financial)	NI147 Care leavers in suitable accommodation				Annual
Annual (Financial Year)	NI149 Adults in contact with secondary mental health services in settled accommodation				ACS linking with Cumbria Partnership Trust who collect this information as part of national minimun dataset. <b>No figures as</b> yet.
Biennial (survey based)	NI160 Local Authority tenants' satisfaction with landlord services				Biannual survey was expected to be completed by Dec 2008
Monthly	NI180 The number of changes of circumstances affecting HB/CTB entitlement processed within the year				Query with District Councils for data
Monthly	NI181 Time taken to process Housing Benefit/Council Tax Benefit new claims and change events				Query with District Councils for data

### Carlisle Partnership

### PRIORITY GROUP REPORTING

Priority for action	Contributing elements	Progress since last meeting	Latest data (if available)	Target 08/09	Target 09/10	Target 10/11	NI/ Cumbria LI/ Carlisle LI
HEALTHY COMI	MUNITIES AND (	DLDER PEOPL	E			1	'
SMOKING	Cumbria Stop Smoking Service						NI 123
OBESITY	Active Carlisle; Lifestyle on the Road; On Your Bike; Worthwhile Days						NI 8
REDUCE HEALTH INEQUALITIES	Healthy City Network						NI 119, 120 & 137
MAXIMISE INCOME	Outreach and referral programme						NI 139

CHILDREN AN	ND YOUNG PEOPLE		
RISK TAKING BEHAVIOUR S	Teenage pregnancy; Alcohol misuse		NI 111, 112, 113 & 114
HEALTHIER LIFESTYLES	MEND		NI 55, 56 & 57
STRONGER C	OMMUNITIES	 	
COMMUNITY EMPOWER- MENT	Identify pilot areas (urban and rural);		NK
	Proportion of residents who feel they can influence decisions in their locality		NI 4
COMMUNITY	PLANNING		
Delivery on Rural Priorities			NI 1, 2, 3 & 4

ANNEX Da)
to PPP 12/09.

### STOP SMOKING CLINICS - CARLISLE

Belah Community Centre, Stanwix, Carlisle

Botcherby Community Centre, Botcherby, Carlisle

Carlisle Library, Carlisle City Centre

Cuedoc, London Road Community Clinic, Carlisle

Currock Community Centre, Currock, Carlisle

Denton Holme Community Centre, Denton Holme, Carlisle

Greystone Community Centre, Carlisle

Harraby Community Centre, Harraby, Carlisle

Inglewood Pharmacy, Harraby, Carlisle

Morton Family Centre, Morton, Carlisle

Petteril Bank Children's Centre, Carlisle

Pirelli Tyre Company, Carlisle

Raffles Living Well Centre, Carlisle

			0	• •	
			•		
Lower SOA Description	Apr-Jun 08	Jul-Sep 08	Oct-Dec 08	<b>Grand Total</b>	
Belah	8			25	
Belle Vue	17	21	12	50	
Botcherby	15	19		44	
Brampton	5				
Burgh All	2		6		•
Castle	9				
Currock	18				
Dalston	7	3			
Denton Holme	20	18		- <del></del>	*
Gt Corby & Geltsdale	0		1	2	
Harraby	15	13	6	<del>-</del>	
Hayton	1	1	0	2	
Irthing	1	1	1	3	
Longtown & Rockcliffe	11	7	0	18	•
Lyne	1	. 2	1	4	
Morton	25	_	•	62	
St Aidans	11	17	17	45	
Stanwix Rural	1	2		. 9	•
Stanwix Urban	3		_	-	
Upperby	10		_		
Wetheral	2			11	
Yewdale	13	_	•	49	
Carlisle Distrrict	195				

### NHS Cumbria Stop Smoking Service Update report for Carlisle HCOP- 1/4/08 - 31/12/08

The following data for Carlisle District is taken from the DoH stop smoking database – 2008/09

### Numbers of people setting a quit date by age and gender and outcome at 4 weeks:

Female	Under 18	18-34	35-44	45-59	60+	Total
Total set	3	88	82	98	71	342
a quit	•		02	90	11.	342
date				-		
Total	0	47	40			
	U	47	46	57	44	206
quit	001					
%	0%	53%	56%	58%	62%	60%
success						
rate						
						·
Male						
Total set	2	56	84	87	68	297
a quit						
date	ļ					
Total	2	34	55	52	42	186
quit		'		•=		100
%	100%	60	65	60	62	63%
success					J 2	00 70
rate						
TOTAL	5	144	166	186	139	639
SET A			100	100	109	039
QUIT						
DATE-			,			
male						
and		<u> </u>				
female						
TOTAL	4	63	72	en e		
QUIT-	1. 1885 在一次运送区外建设器 		<b>₹₩</b>	77	62	275 #
male and	2	81	101	400	00	
female	-		101	109	86	392
- The	<u> </u>					

- The success rate remains one of the highest in the North West Region.
- The figures highlighted in red are the totals for the previous 2 quarters
- Compared with the same period in the 3 quarters of 2007 the quitters have been increased by 88. It should be noted that in order to gain this increase an estimated 200 clients will have been offered an appointment to the service in Carlisle – there is a drop out rate through those who do not attend appointments, lost to follow ups and relapsers

Clinics are currently being held at Harraby; Raffles; Morton; Botcherby; Denton Holme; Petteril Bank; Currock; Belah, Greystone, Dalston pharmacy, Cuedoc and the library in the town centre. This represents a wide choice for the residents of Carlisle to access a stop smoking clinic in their locality - 9 months ago the only clinics being held in Carlisle were at Central Clinic and Cuedoc.

### Pregnant women setting a quit date by age and outcome at 4 weeks:

	18-34	35-44	45-59	Total
Setting a quit date	17	3	1	21
Total quit	5	3	1	9

 The new coordinator for South Lakes and Furness is taking the lead for smoking in pregnancy across the County. She will be working closely with services involved in the women's pregnancy journey to ensure referral systems are in place and appropriate training is provided in order to increase referrals.

### Number of people setting a quit date and successful quitters by socioeconomic classification:

	Not quit	quit
f/t student	5 7	5
Home carer (unpaid)	14 23	9 15
Int. occupation	13 18	19 29
Managerial/professional	16 25	35 50
Never worked or	13 19	16 20
unemployed for over 1		
year	35%) 35%)	
retired	18 32	46 59
Routine or manual	48 85	112 160
Sick/disabled and	20 35	24 30
unable to return to work		
Unable to code	10 13	11 14
TOTAL	157 257	275 392

Figures in red are previous 2 quarters figures

- Routine and Manual workers are again the largest group to access the service.
- The Pirelli group has now finished and a total of 30 members of staff quit smoking
- Arrangements are in place for groups to be held at the M.O.D. in Longtown and Bousteads Grassing commencing in March

### Clients eligible for free prescriptions:

A total of 248 clients were eligible for free prescriptions.

### New schemes to support people to quit smoking

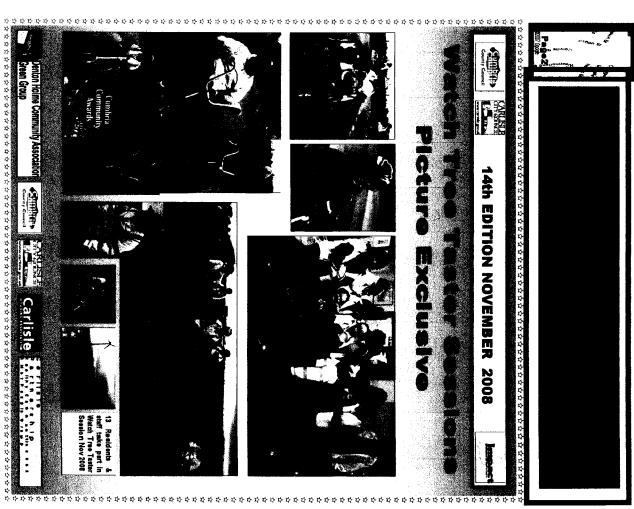
- A quit and win scheme is running in partnership with Carlisle Leisure for people stopping smoking through the SSS. If a client shows through their carbon monoxide reading that they are smokefree at 4 weeks they will qualify for a free two month pass to any Carlisle Leisure facility and a third month at half price. This includes swimming, gyms, line dancing etc. People attending to see an Advisor will receive a voucher signed by the Advisor and the person attending. This scheme is running for a 6 months trial period.
- Training for pharmacists wishing to take part in the new Pharmacy stop smoking programme took place in December facilitated by the Stop Smoking Service - a total of 18 pharmacys in Carlisle are currently signed up to the programme. This is a separate strand of the Stop smoking service - the remit of this programme is to access smokers who do not get referred to the stop smoking service ie customers who are buying NRT over the counter, customers who are purchasing medications for smoking related illnesses.

### Staffing:

- Liz Kenny commenced as locality coordinator for Carlisle and Eden on the 1<sup>st</sup> January 2009.
- Funding has been approved for 2 years for an advisor to work specifically with Workplaces in Carlisle and Eden

Barbara Bellis 26/2/09







## WHAT WE ARE PROUD OF AWARDS 2009 ON YOUR BIKE

IMPACT HOUSING ASSOCIATION CUMBRIA

### Positive Impact on tenants

reach and engage with tenants. has used cycling as a way to encourage social inclusion of the most hard to The scheme started last December 2007 and has developed over 2008. OYB

those with special needs residents in Cumbria. accommodation for homeless, domestic violence, young people at risk & Impact is an RSL of 3000 properties and the largest provider of supported





OYB Members with the Cumbria Communities Award 2008 for Best Active Communities Award

bicycle to use at home and in-between OYB cycling sessions and trips. residents while promoting independence as most residents are given a free been marginalised. The scheme has helped to increase health & exercise with A small committee meets every month that has residents & agencies on it Using cycling as an engagement tool has helped to include those who or have



Residents, Housing Staff,& Agency staff --Family Ride 2008

sessions which also included cycle mechanics and some red/black mountain In 2008 just over 200 residents took part in one or more cycling taster supported housing schemes in Penrith bike rides in the Lake District for younger residents from our young peoples

> session includes owner occupiers as most of our Carlisle schemes and general needs housing is mixed within neighbourhoods of interest as domestic violence have been the biggest participants. Each ride, or taster important. Homeless residents with drug/alcohol issues and residents through Breaking down barriers particularly socially & health wise has been very geographically clumped together for example into an estate. Everyone is helpful & supportive and we have good fun.



OYB Workshop & Drop-in - Certs of Achievement Robert Ferguson J below Cycling Skills Course for Juniors & adults ilor School Pupil



## How OYB has contributed to the local community

communities where not only are residents live but owner occupiers & private Our scheme has made significant contributions to the well being of our local

the Riverside Group) RSLs groups like Botcherby TA, whose landlord is Carlisle Housing (Part of like the CA2 Green Group, CA1 Green Group, Milbourne St Community Association, Denton Holme Community Centre, Multi Cultural Bazaar & other for example these have included supporting other tenant & resident groups threading through and linking other groups & individuals together. In Carlisle Cross community has been key. OYB has developed like a "thread"

reinforce this offering a very practical experience for those groups members & have and are refocusing efforts around local green issues OYB has helped to Cycling is green & promotes low carbon emissions, many residents groups





CA1 Green Group Clean Up team & CA2 Green Group Clean Up May 2008 & Watch Tree Nature Reserve Taster Day using disabled bicycles 2008



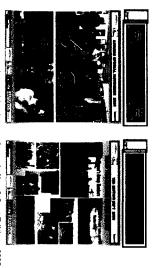
How partnership working has contributed to its success

The committee has membership from the local sustrans manager, County & City councils sports & cycling officers, County Councils countryside wardens' service, local area councillor, tenants, residents & owner-occupiers.

Each member contributes to the meetings and helps to run the OYB scheme. We don't have a dedicated position but rely on good will and in kind help. To start the project OYB was awarded a small grant from Carlisle Healthy Cities Partnership that helped to develop it early in 2008. Impact has provided accommodation and in kind support through its staff to facilitate OYB as it grows.

Impacts own recycling service that is part of its Community Investment Team supports OYB through the donation of recycled bicycles that we use for rides & to give to participants who don't have a bike. Corporate partners like Center parcs donated 35 of their own bicycles to help build a fleet of bicycles that now include tricycles, tandems & specialised bicycles.

The minutes of the meetings & feedback from rides & events are communicated in a way that is easy & attractive for members and prospective new tenants to read & understand. This approach has been crucial, in encouraging new members – by illustrating that everyone no matter who they are, where they come from, shape, size ability or disability can cycle together.



Minutes done as newsletters big pictures & words Nov & Sept Editions 2008

### OYB Future 2009

OYB has produced its programme of cycle rides, mechanics sessions & family rides for 2009. OYB has made an expression of interest to the CTC around developing a cycle champions project here in Carlisle Cumbria that CTC are interested in exploring further.

Enquiries have come in from West Cumbria asking for help to set up similar schemes that cross & thread rural communities that OYB will look to advise on.

Finally in 2009 the Area Committee of Cumbria County Council awarded OYB with a Certificate of Special Achievement for its outstanding contribution to health & well being in Carlisle.



Jan 2009 OYB Members Collecting Special recognition ward From Cumbria County Council's
Area Committee.

ADDITIONAL SUPPORT INFORMATION ATTACHED

IT OF MILES ETC THEY DO



NTS NEWSLETTER STYLE





### ANNEX D (C)

### **Carlisle Healthy Networks Grant Applications**

Ref No.	Organisation	Project Title	Amount applied for
1	Cumbria Mentor Point	Peer Monitioring Project	1,500.00
2	Extend Cumbria Ltd	Young People and Family Health	1,000.00
3	Asians Womens Group	Active in Cumbria	1,000.00
4	Carlisle Mencap	Worthwhile Days	1,500.00
5	Healthy Living Initiative	My Dad Can Cook!	986.00
6	ONE Culture	Midnight Football	715.00
7	Carlisle Bengal Tigers	Football Tournament	750.00
8	Resolve Mediation	Conflict Can Affect Your Health!	1,000.00
9	Greystone Comm. Assoc.	Chiropody Project	1,500.00
	Making Space	Relaxation Group	841.59
11	Harraby CC	Free Fruit and Veg Project	750.00
12	Cumbria Multicultural Network	Carnival Parade	1,500.00
13	Warwick on Eden & Aglionby MH	Over 50's Tai Chi and Yoga	1,210.00
14	Age Concern Carlisle and District	Make The Most Out Of Life	741.00
15	Watchtree Nature Reserve	WheelsforAll at Watchtree	1,500.00
	Denton Holme Comm. Assoc.	Healthy Food Project	500.00
17	Carlisle Multi-cultural Group	Chinese Medicine	1,500.00
	On Yer Bike	Holistic Therapy	1,100.00
	Off The Rails	Carlisle South Arts in Health	1,500.00
	Brampton Comm. Assoc.	The Cookery Club	1,452.00
	Brampton Youth Group	Minibus Project	1,500.00
22	Morton Comm. Assoc.	Treadmill	1,500.00

## **IGE** Carlisle & District

# Income Maximisation Stats - April - February 2009

Postcode	Number	%	Total Urban   Total Rural	Total Rural
CA1	22	0.08		
CA2	96	0.37		
CA3	EE	0.13		
CA4	08	0.11		
CA5	24	0.09		
CA6	30	0.11	:	
CA8	26	0.10		
	261	1.00	0.58	0.42

CA2	96	0.37	
CA3	33	0.13	
CA4	30	0.11	
CA5	24	60.0	
CA6	30	0.11	
CA8	26	0.10	
	261	1.00	0
Benefits Awarded			
Attendance Allowance:	602,750.20		
Disability Living Allowance:	38,664.60		
Pension Credit:	185,215.16		
Housing Benefit:	19,158.88		
Council Tax Benefit:	8,848.32		
Carers Allowance	2,628.60		
One off Benefits (Arrears/CCG/Written off o/pymts/FG)	5,418.80		
Total Benefits awarded to date:	860,055.96		

207 31 11 (2 awaiting appeal/tribunal decision) 10 1		2699.84 1198.12 1343.52 177.32 <b>5418.8</b>
All Action Complete Outstanding Not Applicable (no entitlement/already in receipt) Benefit not awarded Died / admitted to care before award No change to current benefit rate (DLA)	Breakdown of One Off Benefits	Warmfront Grant Overpayment of Pension Credit - Written Off Overpayment of Council Tax Benefit - Written Off Community Care Grant Total