



# Carlisle City Council

## Report to People Panel

### Report details

Meeting Date: 24<sup>th</sup> November 2022  
Portfolio: Communities, Health and Wellbeing  
Key Decision: No  
Policy and Budget Framework: No  
Public / Private: Public

Title: YOUTH PROJECTS AND ENGAGEMENT  
Report of: The Deputy Chief Executive  
Report Number: CS.37/22

### Purpose / Summary:

Provide an overview of current and potential future youth engagement in Carlisle District through a presentation from City and County officers.

### Recommendations:

The panel to receive an update on youth engagement work from Carlisle City Council and provide recommendations on the approach to future youth engagement as we transition into Cumberland Council.

### Tracking

Executive:	
Scrutiny:	24/11/22
Council:	

## **1. Background**

1.1. Carlisle City Council Healthy City team is involved in youth projects and engagements through a variety of cultural, community, physical activity and volunteering projects through their multi-disciplinary team.

## **2. Healthy City Team youth engagement projects presentation**

2.1 Presented by Stephen Dunn, Culture and Communities Officer (Carlisle City Council) and Helen Tickner (Participation and Communities Officer, Carlisle City Council).

2.2 Overview of current and potential projects:

- Welcome to your City – young people engagement across communities
- James Rennie School projects
  - Civic engagement – Tea with the Mayor
  - Arts projects
  - Cultural work experience
- Carlisle and Eden Mind Art and Mental Health project
- Youth culture 1974 to the present day film and engagement project
- Encouraging young people into cycling – Melbourne Park Pump Track, Harraby Cycle Track
- Student Health Walks and wellbeing trail – Carlisle College
- After school nature clubs in parks – in partnership with Cumbria Wildlife Trust
- ‘Parkplay’ at Hammonds Pond – encouraging family physical activity
- Multi-generational model railway club
- Big Buzz plant
- Bitts Park school planting competition

## **3. Carlisle Youth and Community Work Conference**

3.1 Cumbria County Council’s Community Team are organising a ‘Carlisle Youth and Community Work Conference’ on 7<sup>th</sup> December 2022.

3.2 The conference will bring together community groups, local charities, youth organisations & parish councils from across Carlisle.

3.3 This is an open event and members can attend through this link:

<https://www.eventbrite.co.uk/e/carlisle-youth-community-work-conference-tickets-457045604707>

### 3.4 Below is an overview of the programme.

CYCW22 aims to bring together youth & community projects & organisations, local charities, parish councils, local government, social enterprises from across North Cumbria & Carlisle for a celebration of the work of the community & youth sector and share good practice, learn and inspire each other! One the day we will consider key themes that present opportunities and challenges for us and the communities we serve. There will be participatory workshops, key note speakers, Q&A panel with opportunities to network. The conference is free and will have BSL interpreter.

## Programme

**3.00 pm - Registration**

**3.15 pm - Welcome by Cllr Deborah Earl**

(Cabinet Member for Public Health and Community Services, Cumbria County Council)

**3.20 pm - Conference Overview by Chair Paul Musgrave** (Carlisle Area Manager, Cumbria County Council)

**3.30 pm - Keynote Speaker**

'Young people - we need them' - Professor Julie Mennell (Vice Chancellor, University of Cumbria)

**3.50 pm - 4.40 pm - Participatory Workshops A** Choice out of 4 thematic workshops

<b>Youth &amp; community development work: Overview of workforce development and professional learning pathways.</b> With Becky Wolstenholme (Cumbria Youth Alliance), David Beeby (Cumbria Community Foundation), Debbie Terras (University of Cumbria)
<b>How to prioritise and protect your mental health when providing youth and community support: Importance of seeking everyday ways to support your mental health to role model positive mental health and self-care.</b> With Lynsey Eland and Becky Crawley (Carlisle Eden Mind)
<b>Social Enterprise &amp; publicise your project: How to maximise your community ideas!</b> With Martin Allman (Cumbria County Council) and Tom Barker (Cybermoor Ltd)
<b>How community groups and organisations can be more inclusive and provide safer spaces.</b> With Pam Eland (Pride in North Cumbria), Niall McNulty & Chris Makar (People First) and Saj Ghafoor (Multi Cultural Cumbria)

**4.45 pm - Market Place and Buffet (Time Out to network!)**

**5.30 pm - Registration (Evening participants only)**

**5.45 pm - Welcome Back - Chair Paul Musgrave** (Carlisle Area Manager, Cumbria County Council)

**5.55 pm - Keynote Speaker**

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**6.15 pm 7 pm - Participatory Workshops B** Choice out of 4 thematic workshops

<b>How community groups and organisations can be more inclusive and provide safer spaces.</b> With Pam Eland (Pride in North Cumbria), Niall McNulty & Chris Makar (People First) and Saj Ghafoor (Multi Cultural Cumbria) (Please note this is a repeat of workshop A4)
<b>"Your Project, Your Story" – What funders need to know and why?</b> With Juan Shimmin (Cumbria Youth Alliance), Helen Carter (Francis C. Scott Trust) and Rhian Davies (Cumbria County Council)
<b>What would a communiversity look like?</b> With University of Cumbria's Mark Swindlehurst (Chief Operating officer), Victoria Barbé (Institute of the Arts), Tracy Cowle (Institute of Health) and Professor Sally Elton-Chalcraft (Institute of Education)
<b>The benefits &amp; impact of Youth Participation &amp; Youth Voice: How young people can transform your projects and organisations.</b> With Caroline Taylor-Beswick (Carlisle Youth Zone), Hannah Gill (The Rock Youth Project) and Chris Barry (Cumbria County Council)

**7.05 pm - Q & A Panel with Panel Host Mark Costello** (Carlisle Sight Support & Effective Communities)

- Professor Julie Mennell – Vice Chancellor, University of Cumbria

- Colin Cox, Director of Public Health, Cumbria County Council

- Harry Harrison, Inclusion Director, People First

- David Beeby, Chair of Cumbria Community Foundation

- Caroline Taylor-Beswick, CEO Carlisle Youth Zone

**7.40 pm - Next Steps - Chair Paul Musgrave**

**7.50 pm - Thank you & closing comments**

**8.00 pm - Finish**

**Contact details:**

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**Appendices attached to report:**

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Note: in compliance with section 100d of the Local Government Act 1972 the report has been prepared in part from the following papers:

- None

**Corporate Implications:**

Legal -

Property Services -

Finance -

Equality -

Information Governance-