



REPORT TO EXECUTIVE

PORTFOLIO AREA: HEALTH AND COMMUNITIES ACTIVITIES

Date of Meeting: 29 September 2003

Public

Key Decision: Yes

Recorded in Forward Plan:

No

Inside Policy Framework

Title: Petition Re-Cardiac Rehabilitation Fitness Programme, The Sands

Report of: HEAD OF ENVIRONMENTAL PROTECTION SERVICES

Report reference: EPS 66/03

Summary:

A petition has been received which has been signed by 42 registered electors of the district. The petition concerns the Cardiac Rehabilitation Fitness programme which is delivered at The Sands.

The report gives details of the petition, answers to the questions raised and suggests that discussions are entered into with the relative Health Authorities and other organisations to secure the long term future of the programme.

Recommendations:

It is recommended that discussions are entered into with the relative Health Authorities and other organisations to secure the long term future of the programme.

Contact Officer: Richard Speirs

Ext: 7325

Note: in compliance with section 100d of the Local Government (Access to Information) Act 1985 the report has been prepared in part from the following papers: None

1. BACKGROUND INFORMATION AND OPTIONS

- 1.1 A copy of a petition submitted by the Cardiac Rehabilitation Action Group is enclosed in Appendix One to this report. The group raise issues in regard to the Cardiac Rehabilitation Fitness programme which is held at The Sands Centre and ask three specific questions regarding the programme.
- 1.2 The Cardiac Rehabilitation Fitness programme was set up in conjunction with the Cumberland Infirmary in October 1991 as the final phase (phase IV) of a Cardiac patients rehabilitation following a heart condition. This phase provides exercise sessions within the community for patients who are referred from the Hospital. The sessions are held once a week and are delivered by instructors with the preferred qualifications at The Sands.

2. Petitions Issues

- 2.1 The Costings Structure of the sessions was reviewed in 2001 and currently the programme is self funding with patients paying £2.50 per session. With the transfer of the management of The Sands to Carlisle Leisure Limited, it is understood that the current situation will continue.
- 2.2 Currently, the programme is delivered by staff who are qualified and are supervised by an instructor who is qualified to the preferred level (BACR phase IV). The staff are employed on a casual basis and are paid per session taken, however the supervisor is employed on a full time basis within the Environmental Protection Services unit. The postholder is on secondment for a two year period that ends on 31st March 2004, when she will return to her substantive post. Her seconded post is funded by the Local Health Group to deliver an Exercise on Prescription programme. In effect, her delivery of the Cardiac Rehabilitation programme is currently subsidised by the Local Health Group and previously has been subsidised by the City Council.
- 2.3 In view of the points raised in 2.2, discussions need to be held with a number of partner agencies to secure the future of the group, in terms of clinical and community exercise together with Social Support Provision.

3. Consultation

- 3.1 Consultation to date – Evaluation with service users is currently being undertaken by the local Health Group.
- 3.2 Consultation proposed – It is proposed that consultation with relevant agencies and service users be undertaken as part of the discussions to secure the future of the programme.

4. RECOMMENDATIONS

It is recommended the discussions are entered into with the relative Health Authorities and other organisations to secure the long term future of the programme.

5. REASONS FOR RECOMMENDATIONS

The programme provides an essential service for a number of people within the community. In order to secure its long term future and to see that everyone's needs are met, discussion is needed between the relative partners involved.

6. IMPLICATIONS

- Staffing/Resources – issues as discussed in paragraph 2.2
- Financial – No current implications.
- Legal – There are no legal issues associated with this report.
- Corporate – N/A.
- Risk Management – Carried out as part of Health Partnerships Risk Assessment, January 2003.
- Equality Issues – There are no equality issues.
- Environmental Issues – There are no environmental issues.
- Crime and Disorder Issues – There are no crime and disorder issues.

LEGAL & DEMOCRATIC SERVICE	
FILE	
12 SEP 2003	
PASSED TO	
ANSWERED	
MAIL LOG	

Cardiac Rehabilitation Action Group
c/o Chase View
Gilbert Road
Cummersdale
Carlisle
CA2 6BJ
Tel. 01228 513472

26 August 2003

Mr J M Egan
Head of Legal & Democratic Services
City of Carlisle Council
Rickergate
Carlisle

Dear Sir,

Reference: Cardiac Rehabilitation Fitness Programme, The Sands, Carlisle

At tonight's meeting of the Cardiac Support Group, great concern was voiced by the members regarding the continuation of the facilities that we the members and participants have enjoyed and benefited from for the past twelve years.

When our fees to the Sands Centre were last reviewed it was understood following discussions that a review may be held and from March 2004 the format may change.

Coupling this, with the change of ownership of the Sands and adding speculation this has compounded our concern and fears that the wind of change may be close at hand.

With this in mind, it was mooted that an Action Group be formed and the following questions be asked:

- 1 Can we be assured that our exercise programme will continue, be ran by qualified staff to BACR Phase 4, giving patients confidence in participating in the exercise programmes and reassuring the professional medical team that we are being cared for, and supervised by staff with the required qualifications?
2. If change is envisaged – what changes will be made and what will replace the current programme?
3. If the latter why the change and the reasons behind the decision?

cont.

We all feel strongly about this issue and would like to use our right as council tax contributors within the City of Carlisle to address the Council Executive for a state your case meeting. Enclosed are the required 30 plus signatures in order to implement this request.

We look forward to your communication on this issue.

Yours faithfully



John W Bedlington
Chairman
on behalf of the Committee
Cardiac Support Action Group.
Mr Gordon Little
Mr Dennis Graves
Mr Godfrey Metcalfe
Mr Ian Richardson
Mr Peter Sewell

Copies to:

Mrs Judith Brannon
Cardiac Support Group
Cumberland Infirmary
Carlisle

Mr E Martlew MP
3 Chatsworth Square
Carlisle

Councillor J R Knapton
Gillfoot
Walton
Brampton
CA8 2DX

Dr R H Robson
Consultant Physician
Cumberland Infirmary
Carlisle
CA2 7HY

Dr M Cowley
Consultant Cardiologist
Cumberland Infirmary
Carlisle


Mr Richard Spiers
Environmental Protection Services.
City of Carlisle City Council
Civic Centre
Carlisle

Councillor M R Mitchelson
Irthing Ghyll
Lanercost
Brampton
CA8 2HH

Mr John Baines
Superintendent Physiotherapist
Pulmonary Rehabilitation
Cumberland Infirmary
Carlisle
CA2 7HY

CARDIAC REHABILITATION GROUP

We the undersigned request a delegation to meet the City of Carlisle Council Executive and issue our rights for a 'State Your case' meeting as per our letter sent to J. M. Egan, Head of Legal and Democratic Services dated 26 August 2003.

Name **BRIAN HENDERSON**
Signature 

Address

"MEADAL Cottage"
Linstock,
Carlisle.
CA6 4PY

Partners Name **EILEEN HENDERSON.**
Signature **Em Henderson.**

CARDIAC REHABILITATION GROUP

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	Name	Address
Name	ROBERT LOWES	14. TEASDALE RD
Signature	<i>R. Lowe</i>	LOWEY HILL CARLISLE CA3 0HP

Partners Name	BRENDA LOWES
Signature	<i>B. Lowe</i>

11

CARDIAC REHABILITATION GROUP

We the undersigned request a delegation to meet the City of Carlisle Council Executive and issue our rights for a 'State Your case' meeting as per our letter sent to J. M. Egan, Head of Legal and Democratic Services dated 26 August 2003.

	Address
Name MARGARET SEWELL	5 PRIORWOOD CLOSE
Signature <i>M Sewell</i>	SANDSFIELD PARK
	CARLISLE
	CA2 7TU
Partners Name ERIC SEWELL	5 PRIORWOOD CLOSE
Signature <i>E Sewell</i>	SANDSFIELD PARK
	CARLISLE
	CA2 7TU

CARDIAC REHABILITATION GROUP

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	Name	Address
Name	JOHN LANCASTER	42 Beck Road Carlisle
Signature	<i>J Lancaster</i>	

Partners Name	MAUREEN LANCASTER	x	u
Signature	<i>M. Lancaster</i>		

CARDIAC REHABILITATION GROUP

We the undersigned request a delegation to meet the City of Carlisle Council Executive and issue our rights for a 'State your case' meeting as per our letter to Councillor J M Egan dated 26 August 2003.

Name Joan Bealington Address
Signature [Signature]

"CHASE VIEW"
GILBERT ROAD
CUMMERSDALE
CARLISLE
CA26BS

Partners Name JOAN BEALINGTON
Signatures Joan Bealington
Date 30/8/2003

CARDIAC REHABILITATION GROUP

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Address

Name JOHN S. PORTER
Signature J. S. Porter

67 ETTERBY LEA CRESCENT
CARLISLE
CA3 9LE

Partners Name DOROTHY PORTER
Signature D. Porter

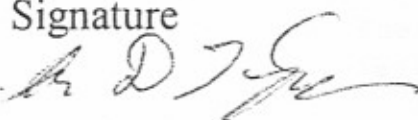
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CARLISLE
CA3 9LE

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Name

Signature

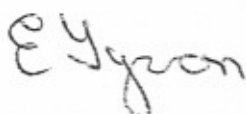


Address

43 Caldew Close
Carlisle CA3 9JL

Partners Name

Signature



43 Caldew Close
Carlisle CA3 9JL

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Address

Name ERIC THOMPSON 6 CAIRN WOOD HEADS NOOK BRAMPTON
Signature CAS 9A1

Partners Name MARY THOMPSON

Signature M Thompson

CARDIAC REHABILITATION GROUP

We the undersigned request a delegation to meet the City of Carlisle Council Executive and issue our rights for a 'State Your case' meeting as per our letter sent to J. M. Egan, Head of Legal and Democratic Services dated 26 August 2003.

Name *TREVOR WRIGHT* Address *14 SCOTBY GREEN STEADING*
Signature *[Handwritten Signature]* *SCOTBY, CARLISLE.*
CA4 8EH

Partners Name *WINIFRED JOY WRIGHT*
Signature *[Handwritten Signature]*

CARDIAC REHABILITATION GROUP

We the undersigned request a delegation to meet the City of Carlisle and issue our rights for a meeting (5 minute right meeting) as per our letter to Councillor J R Knapton dated 26 August 2003.

Name *Dennis Garwood*
D. Garwood
Signature

Address 1 BLACK BURN DRIVE,
CARLISLE.

Partners Name *H. Garrow*
Signatures
Date 30.8.03

Tel 01228 590054.

CARDIAC REHABILITATION GROUP

We the undersigned request a delegation to meet the City of Carlisle Council Executive and issue our rights for a 'State Your case' meeting as per our letter sent to J. M. Egan, Head of Legal and Democratic Services dated 26 August 2003.

	Address	20 PARK ROAD
Name	TOM RITSON EDMONDSON	GREYSTOKE
Signature	T.R. Edmondson	PENRITH
		CUMBRIA CATHOUF.

Partners Name B a Edmondson.
Signature BEVERLEY A. EDMONDSON.

CARDIAC REHABILITATION GROUP

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Name
Signature

Partners Name
Signatures
Date

Address
CHAPEL HOUSE
KONKHILL
BURGH BY SANDS
CARLISLE
CUMBRIA CA5 6DB

CARDIAC REHABILITATION GROUP

We the undersigned request a delegation to meet the City of Carlisle Council Executive and issue our rights for a 'State your case' meeting as per our letter to Councillor J M Egan dated 26 August 2003.

Name PETER SEWELL
Signature Peter Sewell

Address 128 BATHURST RD.
CRANFORTH CA2 4RL

Partners Name

Signatures

Date 30/8/2003.

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	Address
Name	IAN A. DUNCAN
Signature	<i>Ian A. Duncan</i> CAMPERDOWN, 465 LONDON RD CARLISLE CA1 3DL
Partners Name	MURIEL DUNCAN
Signature	<i>Muriel Duncan</i> CAMPERDOWN, 465 LONDON RD CARLISLE CA1 3DL

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Name *MACDONELL BOYD* Address
Signature

Macdonell Boyd

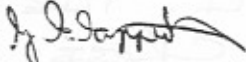
*KY CORIN
2 BEECH GROVE
HOUGHTON
CARLISLE.*

Partners Name
Signature

*MAUREEN BOYD
Maureen Boyd*

CARDIAC REHABILITATION GROUP

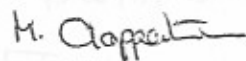
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Name M R GERALD. CLAPPERTON
Signature 

Address

87 Edgehill Rd
Haraby Carlisle

CA1 3PT

Partners Name MRS MARGARET CLAPPERTON
Signature 

87. Edgehill Rod.
Haraby Carlisle CA1. 3F

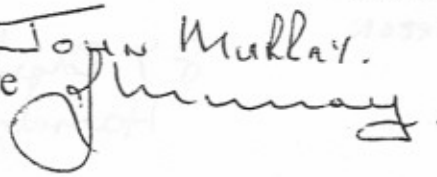
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Address

Name John Murrey.

Signature



4. The Row,
Crossway - Eden,
Carlisle.
CA6 4EW.

Partners Name MARTIN MURRAY

Signature



4 THE ROW.
CROSSWAY-EDEN
CARLISLE
CA6 4EW.

CARDIAC REHABILITATION GROUP

We the undersigned request a delegation to meet the City of Carlisle Council Executive and issue our rights for a 'State your case' meeting as per our letter to Councillor J M Egan dated 26 August 2003.

Name GODFREY METCALFE Address
Signature G Metcalfe

89 Gosling Drive
Carlisle
CA3 0QG

Partners Name MURIEL METCALFE
Signatures M. Metcalfe
Date 31.8.03

CARDIAC REHABILITATION GROUP

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	Name	Address
Name	GEOFF PRIESTLEY	218 NEWTOWN RD CARLISLE CA2 7N
Signature	<i>G. Priestley</i>	
Partners Name	ROSEMARIE	
Signature	<i>Rosemarie Priestley</i>	

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We the undersigned request a delegation to meet the City of Carlisle Council Executive and issue our rights for a 'State Your case' meeting as per our letter sent to J. M. Egan, Head of Legal and Democratic Services dated 26 August 2003.

Brenda Wilkinson	Address	186, Greystone Road
Name		CARLISLE
Signature		CAI 2BY
B.M. Wilkinson		

Partners Name
Signature

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	Name	Address
	JOHN BARNARD	51 RIVERSIDE WAY
Signature		CARLISLE
		CUMBRIA
		CA1 2DZ

Partners Name	JOSEPHINE BARNARD	51 Riverside Way
Signature	J Barnard	Carlisle
		CA1 2DZ