



COMMUNITY OVERVIEW AND SCRUTINY PANEL

Panel Report

Public

Date of Meeting:

27th August 2009

Title:

**Carlisle Partnership - Healthy Communities and Older People -
Group and Cumbria Local Area Agreement – 1st report 09/10**

Report of:

Carlisle Partnership Manager

Report reference: PPP 42/09

Summary:

1. This is the fifth report in a series, making the activities of the Carlisle Partnership (CP) Healthy Communities and Older People (HCOP) group available for scrutiny. The group Chair (Cllr Olwyn Luckley) and Partnership Manager Ned Kemp will update the panel on the activities of the group and describe the intentions and plans for 2009/2010 and will be able to add detail and technical information in response to the Panel's questions and comments.
2. The Partnership Manager will present the annual performance report (to end March 09) of the Cumbria Sustainable Community Strategy (Annex A), the second full year performance report (to end March 09) of the Cumbria Agreement (LAA 2007) Healthy Communities and Older People Block stretch Targets (Annex B) and the first full year performance report (to end March 09) of the Cumbria Agreement (LAA 2008 Healthy Communities and Older People Block Targets (Annex C)

Questions for / input required from Overview and Scrutiny:

1. Community Overview and Scrutiny Panel is requested to consider and comment on the activities of the Carlisle Partnership, Healthy Communities and Older People Priority Group.
2. To consider and comment on the performance report for the Healthy Communities and Older People block of the Cumbria LAAs 2007 and 2008.

Contact Officer:

Ned Kemp

Ext: 7030

Note: in compliance with section 100d of the Local Government (Access to Information) Act 1985 the report has been prepared in part from the following papers: None

Introduction

1. The panel should refer to PPP 12/09 Healthy Communities and Older People - Carlisle Partnership Priority Group and Cumbria Local Area Agreement report presented on 26th March 2008.
2. The panel should note that the refresh of CP HCOP priorities published in “A Community Plan for Carlisle – refresh and update 2008” remains extant until 2010 when the next refresh of the Plan will be published. This year (2009/2010), the Partnership is concentrating on developing a robust method for performance monitoring and aligning its Local targets to the national Indicators (Annex E).
3. The Healthy Communities and Older People Group (HCOP) has continued to support local projects with Communities for Health (CFH) programme funding from the Department of Health. Amongst others: Smoke Free Carlisle; Income Maximisation for Older People; Lifestyle on the Road; Worthwhile Days, Health Networks and On Your Bike. (Annex D 1-6).

Highlights

Income Maximisation for Older People

The increased focus on rural areas in the second year of this project increased the rural:urban split of additional benefits awarded to 41:59. Year end 08/09 results are at Annex D 1.

Health Networks

The awards process is now complete and some 15 awards of up to £1,500 have been made, total £16,000 (Annex D 2).

Smoking Cessation Clinics

Additional clinics have been held in the target wards and the year end results are in Annex D 3.

On Your Bike

The success of the project and team were recognised at the Cumbria Community Awards in November 2008. The project has been sustained into 2009 (Annex D 4).

Lifestyle on the Road

After some initial difficulties a launch event was held for this project on 10th March 2009. A plan is at Annex D 5. We await a progress report.

Worthwhile days

This project continues to make significant contributions. A progress report is at Annex D 6

WHO Healthy City

After the submission of the formal application for World Health Organisation, “Healthy City” status in July, the work of the group and the Public Health Team at NHS Cumbria (PCT), recently enhanced by the arrival of Susan Trafford as the joint “Health Improvement Officer”, has focused on preparations for the delivery of the Phase V aim of reduction in health inequalities. There is a wealth of evidence linking health issues with wider inequalities - such as income, housing, low skills and aspirations. The recent workshop day has begun a process which will recast the strategic aims of the group, refresh its priorities for action and redefine its operational role.

4. Early Years and Teen LifeCheck

The Panel will be aware that the group has Department of Health funding to promote online “LifeCheck” (“early years” now renamed “Baby LifeCheck” and “Teen LifeCheck” resources. To date the following materials have been procured and activities supported:

Teen & Baby LifeCheck promotional literature/materials including Baby LifeCheck nursery thermometers

TeenLife Event 11/7 (City Centre) including a film of the project

Theatre in Education project (Themed on “Risk taking Behaviours)

Barnardos Childrens’ Centres Carlisle – launch events Baby LifeCheck in September 2009.

5. Cumbria Sustainable Community Plan 2008-2028 – Annual Report to March 2009

Annex A is an edited version of the 1st Annual Report on the delivery of the outcomes of the Cumbria Sustainable Community Strategy 2008-2028 to date. It is in the form of a narrative of activity with some comments on future challenges and intentions. Broadly the report describes good progress towards to delivery on most outcomes and reflects some worthwhile developments of Cumbria Strategic Partnership working.

6. Cumbria Local Area Agreement 2007 – Annual Report to March 2008 – Healthy Communities and Older People theme

Annex B is an edited version of the 2nd year performance report on the outcomes defined in the Cumbria LAA 2007. The report describes good progress towards delivery on 12 of the 3 year stretch targets and the linked receipt of some £11 millions of reward grant. Regrettably of the 3 shortfalls “Stop Smoking” and “Sport participation” both fall into the Health and Well-being theme. The Stronger Community target “Influence decision making” is included for information. Member’s attention is drawn to the final sections of Annex B where arrangements for the distribution of any Performance Reward Grant are discussed.

7. Cumbria Local Area Agreement 2008 – 2011

Annex C is an edited version of the 1st year performance report on the outcomes defined in the Cumbria LAA 2008. The report describes progress towards delivery on 188 National Indicators with particular reference to the 45 indicators (35 agreed 10 statutory) in the Cumbria LAA 2008-2011 (App 2). In addition the report publishes the 18 Cumbria wide “Place Survey” indicators (App 3). As reported in PPP 12/09 – there have been significant changes in reporting requirements, numbers of indicators, frequency of data collection and inspection mechanisms. This process continues, though the proximity of the first Comprehensive Area Assessment (CAA) in autumn has led to significant progress in this area. Further re-arrangements may be required post CAA.

IMPLICATIONS

- Staffing/Resources – The Partnership Support Officer post was vacant from May 09 and ended in June 09. There has been a small but noticeable reduction in the efficiency and effectiveness of the Partnership. These effects are likely to grow during 09/10 and may lead to a reduction in partner commitment and reflect unfavourably on the perception of and influence of, the Partnership which has been built in recent years.
- Financial – City Council financial commitments will be subject to normal process separate from these reports. (see paragraph 5 re LAA 2007 reward grant allocation)
- Legal – Any obligations which may attach to the City Council resulting from accreditation as a Healthy City, will be carefully monitored and reported through the established procedures as the application progresses.

- Corporate – The City Council’s Corporate Plan already reflects some elements of the work of the Group and this interconnect is intended to grow with the development of the City’s new priorities and the fresh of the Community Plan in mid 2010.
- Risk Management –The risks associated with delivery of the HCOP priorities listed in “A Community Plan for Carlisle refresh and update 2008”.
- Equality and Diversity – A central consideration in all the Healthy Communities and Older People Group activities.
- Environmental – A central consideration in all the Healthy Communities and Older People Group activities.
- Crime and Disorder – There are potential indirect relationships between HCOP Group activities and the Safer, Stronger Group activities which are monitored at the level of the Carlisle Partnership Executive and Convenors groups.
- Impact on Customers – The aim of the HCOP Group is to improve the Health and Opportunities for Carlisle’s residents and to reduce the substantial health inequalities to which some of our most disadvantaged Communities are subject.



CUMBRIA STRATEGIC PARTNERSHIP
THE PARTNERSHIP VOICE FOR CUMBRIA

ANNUAL REPORT - THE DELIVERY OF THE COMMUNITY STRATEGY AND LAA IN CUMBRIA

**Edited for Carlisle City Council
O & S Panels Aug 2009**

1. Executive Summary

- 1.1 This paper sets out some of the key developments in partnership activity over the past year to deliver the Cumbria Community Strategy vision for 2028, building on Calling and Counting Cumbria.
- 1.2 High levels of collaboration are now evident in partnership working, with successful outcomes highlighted in the Performance Reports to be discussed during the Exec Board meeting on 6th July 09.
- 1.3 Work is underway to ensure that underperformance is systematically addressed through one or more available improvement channels, to be underpinned by a refreshed Action Plan with a focus on improving our prospects for the effective delivery of shared outcomes.

2. Background

- 2.1 Cumbria set itself a number of challenging outcomes expressed in the Cumbria Community Strategy 2008 - 2028. The LAA has provided focus on action to address immediate priorities and the partnership has recognised the need for increased collaboration within and across its Thematic Partnerships to improve delivery.
- 2.2 The Calling Cumbria events held during summer 2008 and the subsequent Counting Cumbria Report encouraged partners to reflect on existing relationships and networks and provided a real challenge to the status quo. A number of activities were triggered during Calling Cumbria and each Thematic Partnership was provided with a number of suggested actions. It is important that each TP now reviews progress against these actions, and considers any outstanding actions for continued appropriateness. The focus of all this improvement activity should be to enhance our prospects for future delivery and to minimise risk.

3. Review of progress

- 3.3 It is now appropriate as we review end of year performance against the Community Strategy outcomes that we review these improvement actions, consider the impact of Calling and Counting Cumbria, the effectiveness of the changed style of CSP meetings and think proactively about further improvements.
- 3.4 The Partnership Manager is also in the process of meeting with all CSP partners either individually or in small groups to take soundings on the current role and function of the CSP and to formulate ideas for its further development.
- 3.5 The informal Network Cumbria Group has acted as an occasional discussion forum to support continued momentum since the Calling Cumbria intervention. It has also

provided a link to the Cumbria Improvement and Efficiency Partnership (CIEP) providing opportunity to influence the CIEP programme for years 2/3.

CSP Meetings

- 3.6 The approach to CSP meetings has changed to reflect the increasing focus on the delivery of the shared priorities expressed in the Cumbria Community Strategy and the Cumbria Agreement. The introduction of "Focus On" Events provides the opportunity for a range of people from partner organisation to come together to focus on one of the big challenges facing Cumbria and identify actions that they can take to respond to the challenge. There have been a number of these events held.
- 3.7 The Focus On Climate Change event in September led to partners signing up to the Commitment to tackle Climate Change. The Focus On the Economy event late last year raised awareness of the initial impact of the economic downturn on Cumbria and this was followed up by a post-budget briefing in the spring of this year that updated all partners on the actions being taken in Cumbria to mitigate the effects of the recession on business and communities. The Focus on Alcohol provided an opportunity for partners to collectively consider actions in place to address alcohol and alcohol abuse in Cumbria and reflect on their role in supporting this. And finally the Focus on Regional Engagement and Influence this month resulted in increased understanding and awareness of the importance of the Regional Strategy, some emerging priorities for inclusion, and a commitment to a clear, sustained and focused single voice at regional level supported by the mechanisms to achieve this.
- 3.8 The challenge of tackling Worklessness in Cumbria is the subject of a deeper exploration through a "Deep Dive". This involves taking CSP Partners into the community to have a series of conversation with local people who have been affected by the issue aiming to develop a deeper understanding of the factors relating to this situation and arriving at recommendations for local, regional or national innovations. It is intended that this project also uses information in the Counting Cumbria report to add weight to its impact. This will be ongoing over this summer with the expectation that recommendations for lobbying be brought forward in the autumn.

Performance Management

- 3.9 The role of the CSP and its Thematic Partnerships in performance management has also developed over the last year. The 7 Thematic Partnerships have embedded the processes of reporting and managing the performance against the full set of indicators that support the delivery of the Community Strategy, with a particular focus on the LAA. *(Note: further information on this aspect is contained in subsequent papers at this meeting).*
- 3.10 The second Cumbria Agreement 2008 - 2011 (refreshed during 2008/09) has been supported by the development of a delivery plan for each target. Though there are a number of delivery plans not yet in place, overall this process has encouraged a focus within the Thematic Partnerships on the actions to be delivered by partner organisations, and there is increasing evidence of these priorities being appropriately reflected in the organisational business plans of individual partner organisations.

Thematic Partnerships

- 3.11 Thematic Partnerships have been reviewing their membership and work programmes. In particular a specific review of three partnerships has been commissioned to consider how the Environment & Heritage, Planning Transport & Housing (PLATH), and Waste & StreetScene Thematic Partnerships are working together to achieve the broad set of outcomes related to the environment. This work will provide an opportunity to reflect on a number of aspects of Thematic Partnership operation, including addressing the “stronger” outcomes and the principles of equality and diversity, identifying and mitigating against risk, links to other Thematic Partnerships, LSPs, and the third sector and to all partner organisations,

Review of Priorities

- 3.12 The context in which we work is constantly changing and the evidence that we use to inform our priority setting and delivery is evolving. The recently published Place Survey results provide us with a picture of how people feel about their lives in Cumbria and this will be one of the evidence sources that we will need to use to make sure our Story of Place is up to date. This evidence base will help us to review the Story of Place and by bringing together a number of other sources of information including Community Plans, help us review the 3 year outcomes in the Cumbria Community Strategy over the next year, so that they can shape the development of priorities in the Cumbria Agreement for negotiation during 2010/11.
- 3.13 This will be a key step in properly aligning strategies and embedding priorities across the county, and provides us with the opportunity to reflect on the way the Cumbria Community Strategy and the other Community Strategies in the county add value to each other. We will also discuss the potential for aligning the strategies into a new single Community Strategy for Cumbria such as is being taken forward in East Essex. <http://www.essp.org.uk/essp/esiscs.htm>

Counting Cumbria and Total Place

- 3.14 Counting Cumbria also provides a basis for partners to further explore opportunities for improving and aligning resource allocation. Initially 7 projects were identified and it was hoped that work to develop these could be driven through the emerging Cumbria Improvement and Efficiency Partnership (CIEP) This has proved challenging due to the need to use capacity in this programme to support ongoing work and to respond to the national and regional priorities. Opportunities to provide capacity to explore the potential of these projects is being explored.
- 3.15 Meanwhile, the Calling and Counting Cumbria activity has triggered national interest and led to a national initiative set out in the Operational Efficiency Programme, which underpinned the Budget this spring. In this, Sir Michael Bichard has proposed that 13 pilot schemes take the essence of these initiatives forward. These have been designed to discover how public money comes together in a local area, where better outcomes can be achieved through better joining up and collaboration, and to investigate the scope for value for money savings from the process.
- 3.16 In response to this national interest in the Cumbria work, an Information pack has been produced, containing the 2 reports, Calling and Counting Cumbria, a high-

level overview of the project in Cumbria, some examples of where it has made a difference and a presentation, with notes, designed for colleagues to use in their own workplaces to summarise our experience.

- 3.17 Clearly Cumbria needs to continue to build on the Calling and Counting Cumbria opportunities if it is to “stay ahead of the game” and we need to work together to keep the momentum going on our innovative improvement programme.

Comprehensive Area Assessment

- 3.18 Finally the introduction of the Comprehensive Areas Assessment (CAA) inspection framework, which replaces the Comprehensive Performance Assessment framework, sees a substantial shift in focus towards shared, rather than organisational, outcomes. The developing Area Assessment component of CAA will be an assessment of how we have collaborated to agree and deliver our agreed priorities and importantly will assess our collective ability to improve our prospects for improvement.

4 The Way Forward

- 4.1 We are at a crucial point in partnership development and need to build on the positive improvements that have taken place in recent months.
- 4.2 Thematic Partnerships will need to review their continued development and build on the activity that has taken place in the last 12 months. We need to agree which issues need specific additional capacity to drive improvement and make use of the range of improvement tools to address underperformance when required. This will include recommendations for activity to be driven through the TP itself, for possible Joint Overview and Scrutiny investigation, for the CSP programme of events and meetings, or for activities to be addressed through the CIEP programme.
- 4.3 At the same time, work will continue to review the role and function of the full CSP assessing the best way forward to support this improvement programme and based on the partner meetings and focus groups. The CSP Manager will work with partners and, when appropriate, through Network Cumbria to review these findings and bring back recommendations for the further development of the full partnership to a future meeting of the Executive Board.

5. Conclusion

- 5.1 The CSP faces a number of challenges over the coming weeks and months. Cumbria’s first Comprehensive Area Assessment will be completed in the autumn and will help us assess our prospects for delivering the improved outcomes set out in our Community Strategy. It is vitally important that partners work together, through the Thematic Partnerships and this Board, to identify areas for improvement and to ensure those improvements take place, thus improving our shared prospects for delivery.

Name Sue Stevenson
Job Title CSP Manager

Date 30th June 09



PERFORMANCE MONITORING REPORT
 ‘LEGACY’ STRETCH TARGETS - LOCAL AREA
 AGREEMENT 2007 -2010

Edited for Carlisle City Council
 O & S Panels Aug 2009

1.0 EXECUTIVE SUMMARY

- 1.1 The purpose of this report is to provide the CSP Executive Board with an update on progress toward achieving the 15 legacy stretch targets (covering 12 service areas) included in our first Local Area Agreement 2007-2010. These stretch targets have now been carried forward into our new Local Area Agreement 2008-2011.
- 1.2 This report contains performance information for the period April 2007 to March 2009 (covering 2 years of the original 3 year agreement) together with forecast performance at March 2010. If realised, forecast performance will attract reward grant totalling £11.1m for Cumbria - see appendix 1. (nb this forecast is based on returns for 11 of the 12 target areas in the agreement - performance for target 4 ‘sport & active recreation’ remains outstanding and is wholly dependant on a National Sport England Survey later this year.
- 1.3 At the end of the previous quarter, forecast grant for all 12 service areas was £13.8m. The reduction to £11.1m is a result of a forecast downturn in performance for Target 3 Smoking cessation where the number of quitters falls short of the required number to achieve any Reward Grant, Target 6 - ‘the number of people moving from incapacity benefit into sustained employment’ where the recession is now having a negative impact and a ‘worse case’ scenario assumption that no reward grant will be received for Target 4. If we achieve the stretch for Target 4 overall Reward Grant will rise from £11.1m to £12.3m.
- 1.4 This paper also makes recommendations for the establishment of a working group to develop proposals for processes and mechanisms to support the effective distribution of LAA performance reward grant.

2.0 POLICY POSITION, BUDGETARY AND EQUALITY IMPLICATIONS AND LINKS TO THE COUNCIL PLAN

- 2.1 Cumbria signed off its first Local Area Agreement (LAA) in March 2007 and partners have been working together since then to start delivering against the outcomes in the Agreement. A full annual report for the first year of delivery was considered by Government Office North West and by the CSP Executive Board in May 2008. This report contained a section on the 15 stretch targets that now appear as ‘legacy targets’ in the current LAA 2008-2011.
- 2.2 A Management Audit Unit (MAU) Report (dated May 08) assessed the written LAA Governance arrangements as ‘Good’ and Performance Management as ‘Satisfactory’. The report focused in particular on the 15 Performance Indicators in the agreement with

stretch targets. A further review of stretch targets was carried out by MAU and a final report and action plan was produced in January 2009.




3.0 RECOMMENDATION















- 3.1 The CSP Executive Board is asked to note that based on performance at the end of the 2nd year of the 3 year agreement, stretch targets are expected to be met in 2010 for 9 of 12 service areas.
- 3.2 The CSP Executive Board is asked to note that based on available performance information £11.1m of government reward grant would be earned by the County Council and its partners. (NB information on 2 service areas remains outstanding).
- 3.3 That CSP Executive Board members agree to the establishment of a working group to develop recommendations for the effective distribution of LAA performance reward grant and that the Acting Chief Executive of Cumbria County Council put in place the working group arrangements as recommended in this paper.

4.0 PROGRESS TOWARD STRETCH TARGETS

- 4.1 Overall Summary - the following table gives an overview of the forecast performance at March 2010 based on performance for the first 2 years of the agreement.

Performance against PRG

Alert	Definition
GREEN 	Forecast to meet or exceed stretch target & receive 100% Reward Grant
AMBER 	Forecast to receive some but not all 100% Reward Grant
RED 	Forecast to receive no Reward Grant

Target 1 - Post 16 Achievement			
	Forecast Performance March 2010	Stretch Target 2010	Performance against PRG
SI 02 % 16 to 18 year olds who are not in education, training and employment (NEET)	4.80	4.80	
Target 2- Independence for Older People			
SI 03 SP service users (16+) who are supported to establish & maintain independent living	4520.00	4520.00	
SI 04 Average length of waiting time for major adaptations	29.00	29.00	
Target 3 - Health			
SI 05 Number of people stopped smoking for 4 weeks	8348	8648	
Target 4 - Health			
SI 06 % adult pop taking part in moderate intensity sport & active recreation	Survey results Oct 2009	24.90	Unknown
Target 5 - Economic Activity			
SI 01 Number of people moving from incapacity benefit into sustained employment	160.00	200.00	
Target 6 - Domestic Violence			
SI 07 Number of domestic violence incidents reported annually to the police (34% weighting)	4485	4485	
SI 08 Percentage of convictions for domestic violence related offences (33% weighting)	65.00	65.00	
SI 09 Percentage of repeat victims of domestic violence (33% weighting)	32.00	32.00	
Target 7 - Crime			
SI 10 % reduction in number of prolific and priority offenders who reoffend within 12 months	20.00	20.00	
Target 8 - Crime			
SI 11 Number of first time entrants to the Youth Justice System	1011.00	1011.00	
Target 9 - Communities			
SI 12 Influence decision making	53.00	57.00	
Target 10- Fire			
SI 13 Number of fire related deaths and injuries arising from accidental fires in dwellings	77.00	77.00	
Target 11 - Roads			
SI 14 Total number of KSI's in which a driver aged 16-20 was involved	70.00	85.00	
Target 12 - Waste			
SI 15 % of municipal waste recycled and composted	41.00	40.00	

- 4.2 Detailed analysis and commentary - The following section of the report contains an analysis of performance after 2 years (24 months) of the 3 year agreement for all 15 Performance Indicators. Red, Amber & Green alerts are derived as follows:

Performance at March 2009

Alert		Definition
GREEN	★	Performance is either meeting target or exceeding 08/09 target.
AMBER	●	Underperforming by up to 5% of 08/09 target.
RED	▲	Underperforming by more than 5% of 08/09 target.

Performance against PRG

Alert		Definition
GREEN	★	Forecast to meet or exceed stretch target & receive 100% Reward Grant
AMBER	●	Forecast to receive some but not all 100% Reward Grant
RED	▲	Forecast to receive no Reward Grant

4.3 Analysis by Performance Indicator:

Target 2 - Independence for Older People

Supporting People Service Users (16) who are supported to establish & maintain independent living						
	Actual March 2009	Target March 2009	RAG Performance at March 2009	Forecast Performance March 2010	Stretch Target 2010	Performance against PRG
SI 03 SP service users (16+) who are supported to establish & maintain independent living	4538.00	4388.00	★	4520.00	4520.00	★

Average length of waiting time (weeks) for major adaptations						
	Actual March 2009	Target March 2009	RAG Performance at March 2009	Forecast Performance March 2010	Stretch Target 2010	Performance against PRG
SI 04 Average length of waiting time for major adaptations	19.10	34.00	★	29.00	29.00	★

Target 3 – Health

Number of people stopped smoking for 4 weeks						
	Actual March 2009	Target March 2009	RAG Performance at March 2009	Forecast Performance March 2010	Stretch Target March 2010	Performance against PRG
SI 05 Number of people stopped smoking for 4 weeks	5041	5708	▲	8348	8648	▲

Commentary on progress

This is a challenging target, but the Stop Smoking Service and NHS Cumbria will continue to strive to achieve it. Actions have been identified that will contribute to the target. These include: a programme to develop data capture from GPs, enhancement of the existing pharmacy scheme, extension of the Quit and Win programme, further training of intermediate smoking advisors, a re-launch of the stop smoking service with new materials, a continuing social marketing programme including posters, bill boards, radio adverts and the possibility of a TV advert. Further development of workplace services, linking with the Department of Health's direct marketing campaign to be launched in June.

Target 4 – Health

Percentage of adult population taking part in moderate intensity sport & active recreation						
	Actual March 2009	Target March 2009	RAG Performance at March 2009	Forecast Performance March 2010	Stretch Target March 2010	Performance against PRG
SI 06 % adult pop taking part in moderate intensity sport & active recreation	22.70	23.50	●	Survey results Oct 2009	24.90	Unknown

Commentary on progress

22.7% of the population have taken part in sport and recreation through 2008, against a stretch target of 23.5%. This is an increase from the baseline of 20.9%. 22.7% was taken from Active People Survey 2 results in October 2008 so presents a part-year result. At the end of Year 3 the data available will be 6 months behind as the Active People Survey results will be available in October 2009. HCOP has approached Government North West [GONW] regarding the concern that the performance of this Stretch target at end of Year 3 will be assessed on part-year data. All six LA's now providing free swimming for adults 60 years and over. Two new walk programme initiatives being commenced in some LA areas of the county part funded through remaining Pump Priming Grant [PPG].

Target 9 - Communities

% of Residents who strongly agree/agree that people can influence decisions that affect them						
	Actual March 2009	Target March 2009	RAG Performance at March 2009	Forecast Performance March 2010	Stretch Target 2010	Performance against PRG
SI 12 Influence decision making	49.00	55.00	▲	53.00	57.00	▲

Commentary on progress

Legacy LAA outcome. The figure from the 2007 Tracker Survey has been used pending an update in Autumn 2009.

5 IMPLICATIONS FOR PERFORMANCE REWARD GRANT

- 5.1 Each of the 12 service areas can earn a maximum of £1.258m in reward grant and this is equivalent to one twelfth of the total of £15.1m available to Cumbria (see appendix 1 for details). Where performance indicators have more than one part, a weighting is attached to each part. For each performance indicator, the amount of grant payable is proportionate to the amount of 'performance enhancement achieved'. ('performance enhancement' = the difference between the 2009-10 target with stretch, and the 2009-10 target without stretch).
- 5.2 The maximum reward grant payable if all stretch targets are achieved is £15,101,455. This sum represents 2.5% of the 2006-07 budget for Cumbria County Council and the six Cumbria Districts. This reflects the principle that achievement of targets is dependent on effective working with partners. Half would be paid as revenue, and half as capital, payable in equal instalments in 2010-11 and 2011-12. A claim to CLG will need to be made by the County Council's Chief Executive by 1st February 2011 and by 1st February 2012 respectively, and payment should be received by Cumbria County Council (as accountable body) from CLG by 31st March of that financial year.
- 5.3 It should also be noted that a further pot of performance reward grant, totaling £3,292,528.24, is attached to the 35 'designated' targets in the LAA 2008 - 2011.
- 5.4 During the summer of 2006 partners had discussions about the distribution of any performance reward grant received. These discussions took place in a number of fora, including the CSP Executive Board and the Cumbria Local Authority Strategic Board (CLASB). Based on these discussions, Cumbria County Council's Cabinet reached an in principle agreement that 100% reward grant be used to invest in Local Area Agreement priorities.
- 5.5 As we enter the final year of the 'legacy stretch' targets it is necessary to build on this in principle agreement to put the mechanisms and process in place for effective distribution of any performance reward grant achieved.
- 5.6 The necessary mechanisms should be agreed and fully understood by all partners in advance of the first claim Cumbria County Council will make to Communities and Local Government (CLG) in early 2011. The first payment from CLG, based on this claim, should be made to Cumbria County Council by 31st March 2011.
- 5.7 It is therefore recommended to the CSP Executive Board that a working group be established to develop recommendations for the process and mechanisms required to support the effective distribution of performance reward grant.

- 5.8 It is recommended that this working group be chaired by the Acting Chief Executive of Cumbria County Council, and invites be made to:
- a Chief Executive of one of the county's 6 District Councils,
 - a Chair of one of the 7 Thematic Partnerships of the CSP, and,
 - a Chair of one of the county's 5 district-based LSPs
- 5.9 It is proposed that lead officer support to the work of the group be provided by Cumbria County Council's Corporate Director of Resources.
- 5.10 The work of the group should be informed by the previous discussions held in Cumbria and by how other areas in the country are approaching the issue of this resource allocation.
- 5.11 It is proposed that the group completes its work in time to report to the next CSP Executive Board meeting on 2nd September 2009.
- 5.12 Any performance reward grant received will be paid in the early stages of the county's third LAA and in the context of what will then be newly refreshed 3 year outcomes in the Cumbria Community Strategy and it may be appropriate to align these additional resource with the achievement of new priorities.

6 Principles for apportioning grant in other areas.

- 6.1 To support this Working Group, the Chief Executive's Office has recently completed a piece of research to compare and contrast arrangements in other LAA areas for sharing reward grant.
- 6.2 Research has been carried out into the approaches being taken by other areas across the country. The areas looked at were: East Sussex, Suffolk, Oxfordshire, Kent, Hertfordshire, Lancashire, Gloucestershire, Essex, and Cornwall.

There is a mix of approaches being taken. These include;

- the payment of PRG to the partners who contributed to achievement of the relevant stretch target (proportionate to their base budget or their contribution to delivery),
- the identification of a small number of strategic priorities across the countywide LSP as a whole to be supported by PRG, with LAA action plans highlighting required PRG alongside other funding
- proportions of PRG (usually 50/50) being allocated equally between Thematic Partnerships of the countywide LSP and the District based LSPs, usually followed by a bidding process within the Thematic Partnership / LSP.
- some top slicing has been considered, including 'innovation' pots and partnership administration and development

Where a bidding process is in place there was common criteria across the areas explored, these were:

- contribution to delivery of Community Strategy / LAA priorities
- based on robust delivery plans / business cases
- additionally
- not supporting core funding
- sustainability
- innovation joint working

6.3 The task for the Working Group will be to make recommendations to ensure that effective investment of any reward grant received needs to be underpinned by robust processes and decision-making mechanisms that secure the buy-in of partners contributing to the delivery of the county's shared priorities.

Duncan Mc Queen. Team Manager - Performance, Information and Intelligence.

DATE: 1st July 2009.

Appendix 1: LAA 2007- 2010: Forecast Reward Grant based on Performance at 31st March 2009.

Appendix 1: LAA 2007-2010: Forecast Reward Grant based on Performance at 31st March 2009.

Target No	Short Title	Performance Measures	2010 Performance target without LAA (a)	2010 Performance target with LAA (b)	Enhancement in performance (b) - (a) = stretch	Weighting	2010 Forecast Performance	% of stretch achieved. 60% needed for minimum grant	Potential Performance Reward Grant	Forecast Performance Reward Grant	Total
1	Post 16 achievement	SI 02 % 16 to 18 year olds who are not in education, training and employment (NEET)	5.3%	4.8%	0.5%	100%	4.8%	100.0%	1,258,455	1,258,455	1,258,455
2	Independence for older people	SI 03 Supporting People service users (16+) who are supported to establish & maintain independent living	4136	4520	384	60%	4520	100.0%	755,073	755,073	1,258,455
		SI 04 Average length of waiting time for major adaptations	42	29	13	40%	29	100.0%	503,382	503,382	
3	Health	SI 05 Number of people stopped smoking for 4 weeks	8397	8648	251	100%	8348	-19.5%	1,258,455	0	0
4	Health	SI 06 % adult pop taking part in moderate intensity sport & active recreation	20.90%	24.90%	4.00%	100%		-522.5%	1,258,455	0	0
5	Economic Activity	SI 01 Number of people moving from incapacity benefit into sustained employment	0	200	200	100%	160	80.0%	1,258,455	1,006,764	1,006,764
6	Domestic Violence	SI 07 Number of domestic violence incidents reported annually to the police	4194	4485	291	34%	4485	100.0%	427,875	427,875	1,258,455
		SI 08 Percentage of convictions for domestic violence related offences	63.00%	65.00%	2.00%	33%	65.00%	100.0%	415,290	415,290	
		SI 09 Percentage of repeat victims of domestic violence	35.00%	32.00%	3.00%	33%	32.00%	100.0%	415,290	415,290	
7	Crime	SI 10 Number of prolific and priority offenders who reoffend within 12 months	10.00%	20.00%	10.00%	100%	20.00%	100.0%	1,258,455	1,258,455	1,258,455
8	Crime	SI 11 Number of first time entrants to the Youth Justice System	1082	1011	71	100%	1011	100.0%	1,258,455	1,258,455	1,258,455
9	Communities	SI 12 Influence decision making	51.00%	57.00%	6.00%	100%	53.00%	33.3%	1,258,455	0	0
10	Fire	SI 13 Number of fire related deaths and injuries arising from accidental fires in dwellings	84	77	7	100%	77	100.0%	1,258,455	1,258,455	1,258,455
11	Roads	SI 14 Total number of KSI's in which a driver aged 16-20 was involved	89	85	4	100%	70	475.0%	1,258,455	1,258,455	1,258,455
12	Waste	SI 15 % of municipal waste recycled and composted	34.60%	40.00%	5.40%	100%	41.00%	118.5%	1,258,455	1,258,455	1,258,455
10th Jun 09											
									Forecast PRG		11,074,404
									Potential PRG		15,101,455
									% of £15.1		73.3



**PERFORMANCE MONITORING REPORT
COMMUNITY STRATEGY (2008-2028) AND LOCAL
AREA AGREEMENT (2008-2011)**

**Edited for Carlisle City Council
O & S Panels Aug 2009**

1.0 Executive Summary

1.1 The purpose of this report is to provide the CSP Executive with an update on progress toward achieving the twenty '3 year outcomes' in our Community Strategy 2008-2028 (CS). The report includes 35 designated PIs and 10 statutory and early years PIs that form Cumbria's Local Area Agreement 2008-2011 (LAA).

1.2 This report contains performance information for the 12 month period from April 2008 to March 2009.

2.0 Policy Position, Budgetary and Equality Implications and Links to the Council Plan

2.1 The Community Strategy sets the 20 year vision for the county and is the framework for the development and delivery of the Council Plan and other key strategies and plans across the county. The Local Area Agreement sets out priority outcomes and targets over 3 years, contributing to the delivery of the vision and outcomes expressed in the Community Strategy.

2.2 Most of the targets in the LAA are negotiated with Government, through Government Office North West (GONW), and reflect national and local priorities. The performance management of the LAA, through the Thematic Partnerships of the CSP, is carried out in line with the LAA Governance Framework as agreed by all CSP Executive Board members in early 2007.

2.3 Cumbria signed off its current Local Area Agreement (LAA) in March 2008. This has subsequently been refreshed to incorporate renegotiated targets and new targets and received Ministerial sign-off in April 2009.

2.4 Delivery Plans for the targets in the LAA, and the latest draft of the 'refreshed' LAA, are available on the CSP website. These delivery plans form the basis for the commentary included in this report. There are no budgetary implications of carrying out the performance management and review of the Agreement, however, a range of County Council officers support the work of the Thematic Partnerships of the CSP.

2.5 The Community Strategy, the framework for the Cumbria Agreement, was subject to an Equality Impact Assessment and a Sustainability Appraisal. Equality and rurality perspectives of each LAA target were identified by partners when the indicators included





in the Agreement were selected and these issues are being addressed through delivery planning for each target and ongoing performance management.

3.0 Recommendation

- 3.1 The CSP Executive Board is asked to note the performance across the 3-year Cumbria Community Strategy outcomes and the impact that this will have on Cumbria's CAA this year.
- 3.2 The CSP Executive Board is asked to note the performance across the priority performance indicators in Cumbria's Local Area Agreement and the impact that this will have on CAA this year.
- 3.3 The CSP Executive Board is asked to support the actions required to address underperformance across the Community Strategy Outcomes and LAA.

4.0 Performance Monitoring

The following key is used throughout the remainder of this report:

Alert	Definition
GREEN 	Performance is either meeting target or exceeding target.
AMBER 	Underperforming by up to 5% of target.
RED 	Underperforming by more than 5% of target.
Not yet known 	Action Plan proceeding but awaiting further information on the National Indicator.

4.1 Community Strategy Outcomes

- 4.1.1 The following section of this report provides a commentary on performance for each of the 3 year outcomes in the community strategy. Commentaries are provided by Thematic Partnerships of the CSP and are based on the relevant Performance Indicators from the 188 in the National Indicator Set (NIS) and associated delivery plans.
- 4.1.2 A full and detailed analysis of all 188 PIs in the National Indicator Set, grouped under the 20 Community Strategy Outcomes is attached in Appendix 1, including Cumbria's 45 LAA PIs which are shaded grey.

(a) Reduce Worklessness (Cumbria Vision)

Performance figures available show that there continues to be an upward trend, however it is important to note that the data is six months out of date and thus is from before the impact of the economic downturn was evident. Performance against NI 153 shows

performance has exceeded the target for 2008/09 and is close to the target for 2009/10, however we expect to see a reversal in the positive trend over coming months and partners are undertaking actions, set out below, to mitigate this.

Regarding the legacy stretch target - SI 1, whilst performance is currently recorded as being ahead of profile, there has been a considerable decrease in both registrations to the project and from employers being able to take on clients into sustained employment. As such, the Return to Work Steering Group believes that the full target of 200 long-term incapacity benefit claimants into employment remains very challenging.

The County Council and its delivery partners are however working hard to ensure as many clients as possible are supported into employment and are looking at ways in which they can make employing a Return to Work client more attractive for businesses. A number of key activities have been undertaken under the direction of the Cumbria Vision Performance Committee to seek to better coordinate activities to reduce Worklessness including:

- A workshop was held in May to look at mapping all current employment support provision available across Cumbria, including the newly announced support available from Jobcentre Plus and the Learning & Skills Council. The workshop focussed on seeking to map provision available against the 'stages' within the customer journey and identifying where there were gaps at either the County or sub-Cumbria level. The workshop resulted in a series of actions which are being incorporated into the Reduce Worklessness Action Plan and are currently being taken forward by Cumbria Vision and others. The outcomes from the day have been fed into the CSP Deep Dive.
- A meeting has been held between the Performance Committee and Return to Work representatives to look at additional support that could be available to try to ensure that the programme is able to support as many beneficiaries as possible. This meeting resulted in the identification of a number of potential avenues of support for the programme including
 - Work to ensure greater promotion of Return to Work clients by JC+ staff when meeting with businesses.
 - Identification of potential linkages with key sectoral representatives to highlight to clients the employment opportunities in major sectors such as health and tourism.
 - Look more closely at the viability of extending the employer subsidies available as part of the programme.
- An application is being developed under ERDF measure 4.2 'linking people to jobs' which is being led by the Enterprise Agencies.
- A submission for a 'Fit for Work' project is being developed, led by the PCT, which aims to support individuals off work sick to be able to return to work and reduce the number of people moving from sick-leave onto incapacity benefit. The project will

also provide support to employers to maximise occupational health services to see if they can make reasonable adjustments to enable individuals to return to work.

(b) Improve Skills throughout Cumbria (Cumbria Vision) ●

Performance figures available for almost all indicators are from the year 2007 - thus are significantly out of date. They generally continue an upward trend, with the exception of NI 164 which the TP Performance Committee is looking into.

A number of activities are underway, all aimed at improving either the evidence base upon which we provide skills courses or seeking to improve partnership working to better achieve against the key indicators. Key examples are as follows:

- The Employment & Skills Board has developed two sub-groups which will help to strengthen its linkages with both Providers and with businesses. The Chamber of Commerce will lead on facilitating regular dialogue between the Board and other employers to understand their key needs and will feed into the Board to see how it can act upon these needs. The Chamber will also continue to advocate the value of workforce upskilling. The Skills Partnership will bring together Providers to equally ensure providers are able to respond quickly to the emerging needs of businesses. This should help directly.
- Agreed with the Employment & Skills Board to commission three pieces of employment and skills research. These include;
- An analysis of current skills provision in Cumbria and initial assessment of gaps in provision.
- A comprehensive section within the proposed Cumbria Economic Assessment on skills and employment needs.
- An appraisal of the skills and jobs required in order to meet the aspirations in the Cumbria Economic Plan and the major projects planned by the public and private sector.

These complimentary and inter-linked projects will be utilised to form an evidence base for the Employment & Skills Board and wider activity as well as providing a comprehensive tool for providers to base future curriculum development on.

These activities are aimed at directly making training provision more relevant to employers and thus increasing the number of people who may wish to take advantage of opportunities in Cumbria

(c) Encourage Existing Businesses to Grow (Cumbria Vision) ★

The target for NI 171 was agreed with Government in March 2009 and as a result of anomalies in the data, the baseline of 54.7 starts per 10,000 population, has been agreed as a three year average between 2004 and 2007. In light of the economic downturn and the uncertainty over the lasting effects that this will have, Cumbria Vision agreed what we believe are still challenging targets of 55.7 (08/09), 55.7 (09/10) and 56.7 (10/11). We

haven't chosen not finally confirm them as we need to monitor the lasting effects of the recession over the coming months and will review the targets at the end of the year.

The primary activity currently underway is the production of an Increasing Enterprise Action Plan which should be ready for the TP Performance Committee to sign off at its next meeting in August. The plan will incorporate key pieces of work including the new Business Start Up Programme, the work of Invest in Cumbria and the Cumbria Local Enterprise Agency Network as well as Business Link.

(d) Support Children & Young People in the pathway to success to help them achieve (Children and Young People) ★

Three Every Child Matters outcome areas support this aspiration - 'Enjoy & Achieve', 'Positive Contribution' and 'Economic Well Being'. The Children's Trust Board rates progress against 'Enjoy & Achieve' and 'Economic Well Being' as 'Green' with improving educational attainment and enhanced opportunities for young people to achieve economic well being.

Priorities for 2009 are improve the attainment of children at the early years foundation stage and continuing to increase the number of children and young people in vulnerable groups who are in education, employment or training.

The Children's Trust Board rates progress on 'Positive Contribution' as 'Green' following improvement in Youth Offending Service indicators. Whilst the Red, Amber, Green ratings for some statutory education indicators remain red, the commentaries against them point to much good and improving practice in Cumbria schools. The mismatch between ratings and performance is because of the target-setting process. In the drive to raise attainment, schools nationally are required to set targets equivalent to schools performing at the 25th percentile of value added performance (top performers). Whilst schools can perform well and improve, all will not be within the top 25%. With the additional requirement to set targets with a significant element of challenge, there will remain the need to look carefully at trends and comparators as well as performance against target.

(e) Improve the health and well-being of children (Children and Young People) ★

The Every Child Matters outcome areas 'Be Healthy' and 'Stay Safe' continue to make good progress. 'Be Healthy' is currently rated as 'Amber' and plans are in place to address the risk taking behaviours of young people and CAMHS waiting times, which have improved in South Cumbria. Progress continues to be made in implementing the National Healthy Schools programme in Cumbria.

The Children's Trust Board rates the Every Child Matters outcome area 'Stay Safe' as 'Green' with progress being made across the relevant targets. We will be taking this forward in 2009 and embedding the Common Assessment Framework to support improvement for this outcome.

(f) Improve life expectancy (Health and Well Being) ★

Improvement in life expectancy for the people in Cumbria is a huge priority as there are areas in the County where life expectancy is well below that of the rest of the County and

indeed the Country. Most of the indicators used to measure our performance in this outcome are exceeding or on target. This outcome concentrates on smoking cessation and reducing harm caused by alcohol and drug related harm. The majority of these indicators are performing well and even for those that are under performing in the current year it is anticipated that the 3 year Stretch Targets will be met. Actions plans are in place to improve all indicators.

(g) Increase choice and control for service users (Health and Well Being) ■

Most of the indicators either have no target set, or have no out-turn at this stage, therefore only a small number of indicators are shown at present, meaning that an overall assessment for this outcome cannot yet be made. By increasing choice and control we offer people more tailored services, as well as offering access to alternatives to more traditional services. This puts people in control of their own lives and in turn increases their well-being. We have a basket of indicators under this outcome that reflects this aspiration. Once targets are set and performance is compared with peer groups, it is expected that our performance will be in the right zone.

(h) Increase cultural participation (Health and Well Being) ★

Increased cultural participation includes use of libraries, play areas, visits to museums and galleries as well as engagement in the arts. We are performing well in all of these areas against statistical neighbours and against targets (where set). The delivery of existing plans and strategies should ensure that we improve and continue to make Cumbria a culturally diverse county where people enjoy happy, active and fulfilling lives.

(i) Reduce Crime and Fear of Crime (Safer & Stronger) ★

Cumbria continues to enjoy low crime with continuing reductions and good performance from the partners involved in crime and disorder reduction. The low levels of crime in Cumbria must be maintained and, as importantly, the fear of crime tackled, particularly recognizing its potential to undermine cohesion and confidence within our communities. In relation to Domestic Violence, 40% of all calls related to domestic violence are repeat victims. MARAC's (Multi Agency Risk Assessment Conferences) have recently become embedded in Cumbria with monthly conferences being held in West and South Cumbria with three weekly meetings in North Cumbria. MARAC's are information sharing processes between agencies which are likely to engage with victims and/or offenders of DV. This new process has generated a spike due to more referrals, which has impacted on performance data for the South of the County. This is not expected to affect the long term outcomes for this indicator.

There have been significant reductions in arson incidents since the previous year and year end figures show that performance was well within target. This is attributable to a pro-active approach within each locality particularly around small anti-social behaviour fires. Activity includes an embedded fire-fighter in schools, young fire-fighter programs, princes trust and work with referrals from the youth offending team.

(j) Further strengthen community empowerment (Safer & Stronger) ●

Nationally and locally, people perceive their influence on community life and satisfaction with local councils as diminishing. Perceptions of disempowerment and satisfaction with public services are often inextricably inter-related and so the County Council and partners are putting in a great degree of effort to turn this around.

If current trends will continue, the outcome target will be difficult to meet, however we have developed robust remedial actions plans to maximise our prospects of achievement. Currently only 28.8% of residents tend to agree that they can influence decisions affecting their area. The target for 2011 (which will be assessed in autumn 2010 through the Place Survey) is 32.8%. There are though many simple actions - included in the delivery plan - which can change perceptions.

Because all the stronger communities indicators reflect individual perceptions, meeting the outcome requires an understanding of current community perceptions and action required across public services to change these perceptions. Through the Thematic Partnership six key actions have been developed:

- Building trust through long term multi agency engagement in communities
- starting by talking to residents about issues that most concern them
- building a better customer focus in public services
- Communicating at a local level across agencies
- Building influence local decisions an recognition of its impact
- making better use of community based staff/resources

This is the basis for Cumbria's LAA Empowerment Delivery Plan agreed by the SSCTP. Additional actions which will support the delivery plan include:

- Improved responsiveness to community raised issues
- Improved impact of consultation through explicit communication and engagement plans for any planned service reviews;
- More joint community based events along the 'streetsafe'' and 'together we can' models (six 'together we can' pilots undertaken last winter secured a shift in public perception and the SSCTP has agreed to support an increase in activity of this style during 2009/10);
- All underpinned by effective community based communication to residents

(k) Improve respect and community cohesion (Safer & Stronger) ★

The place survey suggests that in general terms cohesion is less of a problem than in many parts of the country but that there remain concerns which have influenced the perceptions of many residents perceptions. The place survey has given useful intelligence concerning the communities of place and demographics of these perceptions. This work in being used to fine tune the delivery plan which at present focuses on eight areas of work including:

- Community Cohesion Policy
- Targeted locality and community action
- Development of the Cumbria Multicultural Service and AWAZ
- Strategic involvement of BME people in policy
- Active targeting of communities of interest, supported by data which identifies areas of need

- Support from community grants at district level through LSPs, Local Committees, districts and other grant giving bodies
- Partnership based activity
- Communications

(l) Ensure high standards of streetscene services and reduce visual impact of litter and graffiti (Waste and Streetscene) ★

NI 195 is our LAA target indicator for streetscene services - it shows that we have met our targets for levels of litter (averaging 3%), detritus (average 8%), graffiti (average 1%) and fly posting (0%).

(m) Minimise waste and improve waste management (Waste and Streetscene) ★

At this stage, the end-of-year waste figures are still estimates, and will be revised, but we remain confident that we will have met our LAA targets, with performance against NI 191 (Residual household waste) better than expected. Based on current good performance and forecast improving performance, particularly in view of our new waste contract, Cumbria has renegotiated a more stretching target for NI 191 in the LAA refresh.

(n) Improve local biodiversity (Environment & Heritage) ★

NI 197 is our proxy for assessing improvements in biodiversity, as it measures percentage of all Local Sites in Cumbria with positive conservation management. 190 out of 439 ratified wildlife sites and 34 out of 289 RIGS are in positive management, which means we have already improved from 27% to 31% since the August 08 baseline. As only just over a quarter of County Wildlife Sites are ratified, the picture is incomplete, and data skewed toward geological sites (12% in positive management) compared to wildlife sites (43% in positive management). Increasing the proportion of ratified wildlife sites, and increased monitoring activity should ensure that performance against this indicator continues to improve.

(o) Maximising Cumbria's contribution to mitigating and adapting to climate change (Environment & Heritage) ★

Our LAA target indicator, NI 186, measures per capita CO2 reductions, and reports two years in arrears. Between 2005 and 2006, per capita emissions fell from 10.85t to 10.23t, a 5.7% reduction, a healthy step toward the target of 11.5% by 2010/11. It was helped by reductions in industrial emissions in Copeland and Eden.

Of the 11.5% savings by 2010/11 across the whole of Cumbria, national initiatives are expected to contribute 7.75%, leaving 3.75% to be achieved by local actions or the local component of national programmes. This equates to around 202,000 tonnes CO2 per year.

6 of the 7 local authorities in Cumbria are working hard to establish their carbon footprint baseline, and aim to reduce emissions from their operations and estate, by 25% by 2014, and have agreed a range of actions to achieve these.

(p) Protect and enhance the environment (Planning, Transport and Housing) ★

We don't yet have all the end-of-year figures for development planning, but performance for processing of County minerals & waste planning applications was well above target, and district figures for previous quarters show them meeting targets for major, minor and other applications. Partners recently agreed a common interpretation, baselines and targets for character appraisals for conservation areas, and at the end of the year this LAA local indicator fell short by three appraisals which are drafted, but didn't get to Committee by 31 March. Work to reduce carbon emissions, mitigate against climate change, and increase the number of sites in positive conservation management, is covered by other outcomes.

(q) Improve sustainable access to services and facilities (Planning, Transport and Housing) ●

Our performance against the LAA target indicator for accessibility, NI 175, shows that 99% of rural households are within 30 min of a key service centre by public transport, thanks to the Rural Wheels service, which covers where mainstream services do not. However, this makes it difficult to use as an improvement measure, so we need to look into more sophisticated indicators. Our highway network indicators did not meet their targets, because of the deterioration caused by the bad weather in winter 2007/08.

(r) Improved road safety (Planning, Transport and Housing) ★

Road safety figures show continuing reductions in the numbers of people killed and seriously injured on Cumbria's roads, with 2008 having the lowest road fatality figures for many years, and with initiatives targeting the 16-20 year old age group putting us well on track to achieve our stretch target. Whilst targets have been exceeded, a strategic review is being undertaken to ensure actions focus on achieving stretching targets. CCC has also been selected to participate in a national evaluation project because of our continued good performance in this area.

(s) Provide balanced housing markets (Planning, Transport and Housing) ■

2008/09 figures for net additional homes and for affordable homes delivered are not reported until later in the year. The RSS target for affordable homes is more than a 50% increase on the previous Joint Structure Plan target, and the CLG figures for 2007/08 show that we were short of that. The economic climate means the new target will not be achieved, exacerbated by landowners not releasing land, in anticipation of a future upward turn in the market. Not all districts are able to provide monitoring information for housing in-year, so we are working hard to achieve good delivery plans with actions and measures which allow us to monitor progress against this outcome.

(t) Support and facilitate sustainable communities and lifestyles

We are providing local people with a range of channels to influence different levels of government on issues that affect the economic, social or environmental well-being of their area. We can demonstrate this through neighbourhood forums, the citizens panel, our third sector network, and the fact our Thematic Partnerships have signed up to community engagement framework (listening and learning) which supports the duty to involve - setting out principles and expectations for engagement with communities. We are working to strengthen access to services - be this physical access or removing barriers stemming from inequalities. We have well

established and nationally recognised community travel schemes in place - supporting people in communities accessing the services they need; at the same time as reducing our impact on the environment (Rural Wheels)

5.0 Local Area Agreement Performance Indicators

5.1 Appendix 2 provides a LAA 'Performance Dashboard' containing the 45 PIs that our partners have selected from the National Indicator Set to represent Cumbria's priorities. Overall performance after the 1st year of the agreement is positive with:

- 25 priority indicators meeting or exceeding target.
- 3 underperforming by up to 5% of target.
- 12 underperforming by more than 5% of target*
- For 5 PIs, information has yet to be collected.

* Whilst the RAG ratings for some statutory education indicators remain red in Appendix 2, the commentaries against them point to much good and improving practice in Cumbria schools. The mismatch between ratings and performance is because of the target-setting process. In the drive to raise attainment, schools nationally are required to set targets equivalent to schools performing at the 25th percentile of value added performance (top performers). Whilst schools can perform well and improve, all will not be within the top 25%.

6.0 Place Survey

6.1 Cumbria's performance on the 18 public perception based National Indicators gathered via the Place Survey is comparatively good:

- Cumbria is a top quartile performer for 12 NIs
- Cumbria is a 2nd quartile performer for 5 NIs
- Cumbria is a 3rd quartile performer for 1 NI

Of these 18 National Indicators 4 are included in Cumbria's Local Area Agreement. Of these, 2 fall into the top quartile:

NI5: Overall / general satisfaction with local area - % satisfied

NI41: Perceptions of drunk or rowdy behaviour as a problem - % who state this is a problem

...and 2 into the second quartile:

NI1: % of people who believe people from different backgrounds get on well together in their local area

NI4: % of people who feel they can influence decisions in their locality

Quartile performance is based on comparison with all county councils, metropolitan boroughs, London boroughs and unitary authorities; 152 councils in total.

Indicators where Cumbria's performance ranks in the top 10 authorities include:

- NI2: % of people who feel that they belong to their neighbourhood. Cumbria is ranked 2nd out of 152 authorities for performance on this indicator.
- NI37: % aware of civil protection arrangements in the local area. Cumbria is ranked 6th.
- NI138: Satisfaction of people over 65 with both home and neighbourhood. Cumbria is ranked 8th.
- NI139: The extent to which older people receive the support they need to live independently - % who believes this support is available. Cumbria is ranked 4th.

However, Cumbria ranks relatively poorly on other indicators:

- NI119: Self-reported measure of people's overall health and well-being - % describing health as good. Cumbria is ranked 79th.
- NI140: Fair treatment by local services - % who agree they have been treated fairly in the last year. Cumbria is ranked 69th.
- NI4: % of people who feel they can influence decisions in their locality. Cumbria is ranked 70th. This is an also LAA indicator.

Cumbria's quartile performance is generally encouraging but should be viewed with some caution. The range of scores from the 152 authorities is, for many of the indicators, relatively narrow. In 14 of the 18 National Indicators the gap between the 25th and 75th percentile boundaries is less than 10%, and for 6 of these the gap is 5% or less (the overall average gap is 7.8%). The headline message therefore is that relatively modest shifts in Cumbria's performance could translate into significant changes in our rankings, or quartile performance, in future.

Duncan Mc Queen: Team Manager - Performance & Information.

25th June 2009

Appendices

Appendix 1: Detailed analysis of the full National Indicator Set by Community Strategy Outcome

Appendix 2: LAA Dashboard

Appendix 3: Extract from the National Indicator Set: Performance Indicators gathered from Cumbria's Place Survey.

Detailed analysis of the full National Indicator Set

National Indicator Set Analysis of Performance Indicators		Performance Indicators reported at month 12			
		Total no of National Indicators	No of Pls reported at 12 months	No of Pls not reported at 12 months	% of total reported at 12 months
National Indicators		188	135	53	72%

National Indicator Set Analysis of Performance Indicators		Performance at month 12				
		No of Pls reported at 12 months with 08/09 targets	No on target or exceeding target (Green)	% on target or exceeding target (Green)	No of Pls under- performing by up to 5% of target (Amber)	% of Pls under- performing by up to 5% of target (Amber)
					No of Pls under-performing greater than 5% of target (Red)	% of Pls under-performing greater than 5% of target (Red)
National Indicators		82	50	61%	12	15%
					20	25%

National Indicator Set											
Analysis of Performance Indicators				Performance Indicators not reported at month 12							
National Indicators		Reason for not reporting at month 9									Data not yet available
		No of Pls not reported at 12 months	District level only		Data available later in the year		Deferred by DCLG until 09/10		Systems for collection under development		
		53	8	15%	12	23%	8	15%	3	6%	

Children and Young People's Board

Improve the health and well-being of children

Improve the health and well-being of children					
Reporting Frequency		Performance for 12 months to Mar 09	Target for 12 months to March 09	Mar-09	Commentary
	DNI054 Services for disabled children			NA	This indicator has been deferred until 2009/10.
	DNI057 Children and young people's participation in high-quality PE and sport	90.00	90.00	★	Overall Cumbria 90% i.e. the same as national results and 3% above the target set for 2007. This indicator currently measures 2 hours participation in PE/sport per week - this will increase to 5 hours from 2009/10.
	DNI071 Children who have run away from home/care overnight	7.00	No target set. New indicator	NA	New indicator - baseline set in January 2009 (i.e. score of 7). Most recent Cumbria assessments are: Local information about running away is gathered (scored 2); Local needs analysis, based on gathered information, is in place (scored 1); Local procedures to meet the needs of runaways agreed (scored 2); Protocols for responding to urgent/out of hours referrals from police or other agencies are in place (scored 1); Local procedures include effective needs assessment protocols, to support effective prevention/intervention work (scored 1).
Quarterly (Financial Year)	NI046 Young offenders access to suitable accommodation			NA	Annual from 2009/10.
Annual (Academic Year - TellUs survey)	NI050 Emotional health of children	65.10	65.10	★	It has now been confirmed that Cumbria's benchmark performance is 'good'.
Annual (snapshot at 31st Jan)	NI051 Effectiveness of child and adolescent mental health (CAMHS) services	12.00	12.00	★	Performance has improved on the previous years' score of 11.
Annual (Financial)	NI052i Take up of school lunches (primary)	■	No target set. New indicator	NA	Baseline & targets tbc. New indicator with collection starting in 2009/10. Currently awaiting finalisation of baseline data from School Food Trust.
Annual (Financial Year)	NI052ii Take up of school lunches (secondary)	■	No target set. New indicator	NA	Baseline & targets tbc. New indicator with collection starting in 2009/10. Currently awaiting finalisation of baseline data from School Food Trust.
Quarterly (Financial)	NI053i Percentage of infants being breastfed at 6-8 weeks (breastfeeding prevalence)	■	No target set. New indicator	NA	Query with lead officer for data.
Quarterly (Financial)	NI053ii Percentage of infants for whom breastfeeding status is recorded (breastfeeding coverage)	■	No target set. New indicator	NA	Query with lead officer for data.

Children and Young People's Board

Improve the health and well-being of children

Improve the health and well-being of children					
Reporting Frequency		Performance for 12 months to Mar 09	Target for 12 months to March 09	Mar-09	Commentary
Annual (Academic)	NI055i Percentage of children in Reception with height and weight recorded who are obese	10.10	■	■	
Annual (Academic)	NI055ii Percentage of children in Reception with height and weight recorded	■	■	■	Query with lead officer for data.
Annual (Academic)	NI056i Percentage of children in Year 6 with height and weight recorded who are obese	15.50	■	■	
Annual (Academic)	NI056ii Percentage of children in Year 6 with height and weight recorded	■	■	■	Query with lead officer for data.
Annual (Financial)	NI058 Emotional and behavioural health of looked after children	15.60	No target set. New indicator	NA	This is a new indicator and therefore there is no comparative data available to assess performance.
Annual (Financial Year)	NI059 Percentage of Initial assessments for children's social care carried out < 7 working days	80.40	80.00	★	Annual figure has exceeded target.
Annual (Financial)	NI060 Percentage core assessments for children's social care carried out < 35 working days	76.00	80.00	▲	Annual figure short of target but 'good' in previous bandings.
Annual (Financial Year)	NI061 Timeliness and stability of adoption of looked after children	77.40	90.00	▲	The aspirational target has not been met. However, Cumbria's performance is still above that of national (76% for 07/08) and statistical neighbours (76% for 07/08).
Annual (Financial Year)	NI062 Stability of placements of looked after children: number of moves	7.70	10.00	★	This remains 'very good' in terms of previous bandings.
Annual (Financial Year)	NI063 Stability of placements of looked after children: length of placement	76.50	72.00	★	Performance is 'very good'.
Annual (Financial Year)	NI064 Child protection plans lasting 2 years or more	2.80	■	■	Performance is acceptable given sample size.
Annual (Financial Year)	NI065 Children becoming the subject of a Child Protection Plan for a second or subsequent time	13.10	13.50	★	Quality assurance methods, robust management and monitoring, is ensuring this indicator remains on target. A re-registration audit has been undertaken and recommendations have been taken forward in localities via local managers and local Safeguarding Practice Groups. Performance is good.
Annual (Financial Year)	NI066 Looked after children cases which were reviewed within required timescales	97.90	100.00	●	Performance is good.
Annual (Financial Year)	NI067 Percentage of child protection cases which were reviewed within required timescales	99.50	100.00	●	This represents good performance - one case out of timescale.
Annual (Financial Year)	NI068 Percentage of referrals to children's social care going on to initial assessment	81.70	■	■	Level is comparatively high, but is in line with national expectations.
Annual (Academic - TellUs Survey)	NI069 Children who have experienced bullying	48.80	48.80	★	TellUs 3 survey was positive for Cumbria children.

Children and Young People's Board

Improve the health and well-being of children

Improve the health and well-being of children					
Reporting Frequency		Performance for 12 months to Mar 09	Target for 12 months to March 09	Mar-09	Commentary
Annual	NI070 Hospital admissions caused by unintentional and deliberate injuries to CYP	152.00	142.00	▲	Target narrowly missed by only 10 admissions.
Monthly	NI109 Delivery of Sure Start Children's Centres	■	■	■	Data not yet available
Annual (Calendar Year)	NI112 Under 18 conception rate	-4.30	-23.00	★	In common with the rest of the country, Cumbria saw a rise in conceptions in 2007 but rates continue to be below the national and regional average. The overall trend continues to be downward and birth rates are at their lowest levels for 20 years.
Quarterly (Financial)	NI113i Percentage of the resident population aged 15-24 accepting a test/screen for chlamydia	■	No target set. New indicator	NA	PCT data systems under development to collect this data.
Quarterly (Financial)	NI113ii Prevalence of Chlamydia in under 25 year olds	■	No target set. New indicator	NA	PCT data systems under development to collect this data.
Annual (Academic)	NI115 Substance misuse by young people	13.40	13.40	★	
Annual (April)	NI116 Proportion of children in poverty	■	No target set. New indicator	NA	Annual (April). Data not yet released.
Annual (Financial)	NI118 Take up of formal childcare by low-income working families	■	No target set. New indicator	NA	Annual (Financial). Data not yet released.

Health and Well Being

Improve life expectancy

Improve life expectancy					
Reporting Frequency		Performance for 12 months to Mar 09	Target for 12 months to Mar 09	Mar-09	Commentary
Annual (Financial Year - Active People Survey)	NI008 Adult participation in sport	22.70	23.50	●	
Quarterly (Financial Year)	NI039 Rate of Hospital Admissions per 100,000 for Alcohol Related Harm	1796.00	2043.00	★	The Alcohol Treatment Requirement programme has been successfully run in the two pilot sites and is now to be rolled out across Cumbria from 1st April 2009. The Alcohol Arrest Referral programme is operating and is currently being evaluated nationally. A tender for Identification and Brief Advice is being developed. An extensive campaign linked to 'Know Your Limits' is being run across Cumbria called 'Your Health Counts', it features radio adverts, hoardings and newspaper adverts. A Countywide brand is being developed by partners. As part of media campaign over Christmas 3 under 18s nights were run, in conjunction with CFM Radio. Plans to extend PSHE programmes for parents and Carers in schools and community settings are under development. Trading Standards have carried out 38 test purchases in the last quarter, resulting in 5 sales. Retailer training has been delivered. The restructuring of the young people's Services is ongoing to provide a coherent care pathway integrating with CAMHS. Initiatives to support people in accommodation have been identified and funded by Supporting People and will commence on 1st April 2009
Annual (Financial Year)	NI040 Number of drug users recorded as being in effective treatment	■	1420.00	■	Numbers in effective treatment are ahead of Quarter 3 target with 1432 individuals recorded in effective treatment against a target of 1406. Confirmed Quarter 4 data is expected in July/August 2009, however, the end of year target has been met at quarter 3. Final treatment plans for 2009/10 have been submitted and accepted by National Treatment Agency, DAAT is currently in negotiation with NTA regarding 2009/10 targets.

Health and Well Being

Improve life expectancy

Improve life expectancy					
Reporting Frequency		Performance for 12 months to Mar 09	Target for 12 months to Mar 09	Mar-09	Commentary
Quarterly	NI049i Total Number of Primary fires per 100,000 population	211.50	238.00	★	
Quarterly	NI049ii Total Number of non fatal casualties due to primary fires per 100,000 population	0.00	10.40	★	
Quarterly	NI049iii Total Number of fatalities due to primary fires per 100,000 population	1.20	1.01	▲	Small numbers but although target not achieved, improvement on previous year. Continued targeted community safety activity, including through specialist advocates.
Biennial (Place Survey)	NI119 Self-reported measure of people's overall health and wellbeing	76.00	■	■	
Annual (Calendar Year)	NI120 All-age all cause mortality rate	■	■	■	
Annual (Calendar Year)	NI121 Mortality rate from all circulatory diseases at ages under 75	77.00	■	■	
Annual (Calendar Year)	NI122 Mortality from all cancers at ages under 75	116.00	■	■	
Quarterly (Financial)	NI123 Stopping smoking	664.00	764.00	▲	A new online self-referral facility is about to be launched along with a self-referral by text service. The SSS are working closely with major workplaces, GP surgeries and the North Cumbria Hospitals, supporting them with their staff and clients. 29 people have been supported to quit via the pharmacy scheme: 32 people have taken advantage of the free physical activity programme 'Quit and Win': Brief Intervention training has been delivered and a further 19 sessions are planned up to August 2009. Trading Standards have carried out 20 test purchases in Quarter 4, resulting in 5 failures. For the year, a total of 107 test purchases were conducted, exceeding the target of 100.
	NI137 Healthy life expectancy at age 65	■	■	■	

Health and Well Being

Increase choice and control for service users

Increase choice and control for service users					
Reporting Frequency		Performance for 12 months to Mar 09	Target for 12 months to Mar 09	Mar-09	Commentary
	DNI127 Self reported experience of social care users			NA	Deferred until 2009/10
	DNI128 User reported measure of respect and dignity in their treatment			NA	Deferred until 2009/11
Annual (June/July)	NI124 People with a long-term condition supported to be independent & in control of their condition	■	■	■	Information available in July
Annual	NI125 Achieving independence for older people through rehabilitation/intermediate care	83.12	82.00	★	
Annual	NI126 Early access for women to maternity services	■	■	■	
Annual (Calendar Year)	NI129 End of life access to appropriate care enabling people to be able to choose to die at home	■	■	■	Unavailable at this time.
Annual (Financial Year)	NI130 Social Care clients receiving Self Directed Support (Direct Payments and Individual Budgets)	234.90	530.00	▲	DP: Steady growth has been achieved through a number of initiatives designed to make DP easier to access and easier to manage. We have seen growth across all user groups and specifically for equipment and for carers. A pilot "Account Management Service" was established (in this case DaCE) holds the DP in a special account and makes payments at the direction of the user has now been mainstreamed. Self Directed Support is progressing positively, with an updated Programme Plan for 2009/2010, naming key activities and outcomes to be achieved. A closely monitored piloting of the Single Assessment Process commenced January 2009. Between January and April 2009 the results are as follows: 1,004 Short Assessment Questionnaire (SAQ) Completed and 524 Common Assessment Tool's Completed - the data from these are to be used for the testing of the SAQ and for the establishment of a Resource Allocation System. The next stage is a recommendation to the Directorate Management Team to confirm and sign off the work and Go Live to the general public autumn 2009.

Increase choice and control for service users					
Reporting Frequency		Performance for 12 months to Mar 09	Target for 12 months to Mar 09	Mar-09	Commentary
Annual (Financial)	NI131 Delayed transfers of care	1.30	No target set New Indicator	NA	
Annual (Financial)	NI132 Timeliness of social care assessment (all adults)	54.99	75.00	▲	The definition for this has changed for 2008/9. A large proportion of the assessments are OT assessments. This was discussed at the OT Modernisation Board. And it was to agreed to set up a small task group to identify the issues in OT and develop an action plan. There is good practice around the County and will be aiming to replicate this. Regular reporting of service and team performance planned for the coming year will be enormously helpful in making improvements. This has been highlighted as a key area in the PD Team Plan for 2009/10, OA team and in the Directorate generally.
Annual (Financial)	NI133 Timeliness of social care packages following assessment	88.07	90.00	●	We have set another stretching target for the coming year, to ensure we continue to focus on timeliness of all areas of the service. Action plans are in place - along with NI132 - led by County managers for PD and Older Adults, and supported by the performance team - to improve all aspects of assessment, review and service provision.
Annual (Financial)	NI134 The number of emergency bed days per head of weighted population	0.64	■	■	
Annual (Financial)	NI135 Carers receiving needs assessment or review and a specific carer's service, or advice & inf.	19.80	Target not set New Indicator	NA	
Annual (Financial Year)	NI136 People supported to live independently through social services (all adults)	2736.64	Target not set New Indicator	NA	
Biennial (Place Survey)	NI138 Satisfaction of people over 65 with both home and neighbourhood	90.20	■	■	
Biennial (Place Survey)	NI139 > 65s receive inf., assistance and support to exercise choice & control to live independently	38.30	Target not set New Indicator	NA	
Biennial (Place Survey)	NI140 Fair treatment by local services	73.20	Target not set New Indicator	NA	
Quarterly (Feb, May, Aug, Nov)	NI141 Percentage of vulnerable people achieving independent living	67.28	■	■	
Quarterly (Feb, May, Aug, Nov)	NI142 Number of vulnerable people who are supported to maintain independent living	93.81	■	■	
Annual (Financial)	NI145 Adults with learning disabilities in settled accommodation	61.00	Target not set New Indicator	NA	Figure grossed up from 6 month data. 6 month data = 30.5% once put into ASC-CAR template grossed up to 61%
Annual (Financial)	NI147 Care leavers in suitable accommodation	97.70	■	■	
Annual (Financial Year)	NI149 Adults in contact with secondary mental health services in settled accommodation	38.80	Target not set New Indicator	NA	
Biennial (survey based)	NI160 Local Authority tenants' satisfaction with landlord services	■	■	■	District Council
Monthly	NI180 The number of changes of circumstances affecting HB/CTB entitlement processed within the year	■	■	■	District Council
Monthly	NI181 Time taken to process Housing Benefit/Council Tax Benefit new claims and change events	■	■	■	District Council

Health and Well Being

Increase cultural participation

Increase cultural participation					
Reporting Frequency		Performance for 12 months to Mar 09	Target for 12 months to Mar 09	Mar-09	Commentary
Annual (Financial Year - Active People Survey)	NI009 Use of public libraries	50.50	Target not set New Indicator	NA	The indicator derives from the responses to a question in the Active People Survey. Cumbria ranked 10th out of 34 county authorities, with 50.5% of survey respondents stating that they had used a library in the past 12 months. Usage is defined broadly and can be a 'virtual visit' or receipt of the Home Delivery service or a visit to a library for an event, in addition to borrowing, PC use and physical visits. CH.
Annual (Financial Year - Active People Survey)	NI010 Visits to museums or galleries	51.60	Target not set New Indicator	NA	
Annual (Financial Year - Active People Survey)	NI011 Engagement in the arts	42.70	42.70	★	Baseline collected December 2008. Working toward a 3% increase in 10/11. There will be no reports 09/10 because unable to track movement of less than 3%. Arts Engagement Plan approved by cabinet and local committees, Equality and Impact Assessment completed. There have been many initiatives completed and these are reported more fully in the LAA.
Annual (Academic - TellUs survey)	NI199 Children and young people's satisfaction with parks and play areas	41.10	41.10	★	This is a new indicator. Performance compares well against that of statistical neighbours (40.1%).

Safer and Stronger Communities

Further strengthen community empowerment

Further strengthen community empowerment					
Reporting Frequency		Performance for 12 months to Mar 09	Target for 12 months to Mar 09	Mar-09	Comments
Biennial (Place Survey)	NI003 Civic participation in the local area	15.00	Target not set New Indicator	NA	As a proxy measure in 2008/09 12,568 residents participated in community engagement activity facilitated by the Community Unit. This covers 3% of the Cumbria population. The Community Unit will seek to amalgamate figures from across the Council and partner organisations to provide a more thorough proxy. While no national target has yet been set for this NI, the Place Survey result stated that 15% of residents in Cumbria participated in civic activities. No comparative data is yet available for other authorities.
Biennial (Place Survey)	NI004 % of people who feel they can influence decisions in their locality	28.80	28.80	★	Year on year, nationally and locally, people perceive their influence on community life and satisfaction with local councils as diminishing. Perceptions of disempowerment and satisfaction with public services are often inextricably inter-related. Without robust remedial action we anticipate that current trends will continue, meaning the outcome target will not be achieved. Currently only 28.8% of residents tend to agree that they can influence decisions affecting their area. The target for 2011 (which will be assessed in autumn 2010 through the Place Survey) is 32.8%. There are though many simple actions – included in the delivery plan – which can change perceptions but there is some urgency that these are put in place quickly. Because all the stronger communities indicators reflect individual perceptions, meeting the outcome requires an understanding of current community perceptions and action required across public services to change these perceptions.

Further strengthen community empowerment					
Reporting Frequency		Performance for 12 months to Mar 09	Target for 12 months to Mar 09	Mar-09	Comments
	NI004 % of people who feel they can influence decisions in their locality continued				Through the SSCTP six key actions have been developed. : 'Building trust through long term multi agency engagement in communities ' starting by talking to residents about issues that most concern them ' building a better customer focus in public services ' Communicating at a local level across agencies ' Building influence local decisions an recognition of its impact ' making better use of community based staff/resources This is the basis for Cumbria's LAA Empowerment Delivery Plan agreed by the SSCTP. Additional actions which will support the delivery plan include ' Improved responsiveness to community raised issues ' Improved impact of consultation through explicit communication and engagement plans for any planned service reviews; ' More joint community based events along the 'streetsafe'' and 'together we can' models (six 'together we can' pilots undertaken last winter secured a shift in public perception and the SSCTP has agreed to support an increase in activity of this style during 2009/10); ' All underpinned by effective community based communication to residents. Despite meeting targets, this area is a cause for great concern.
Biennial (Place Survey)	NI005 Overall/general satisfaction with local area	85.00	85.00	★	
Biennial (Place Survey)	NI006 Participation in regular volunteering	26.30	27.00	●	Cumbria Community Awards follow up work in localities during this quarter. Also evaluation of 2008 and first stage planning & preparation for 2010. The Volunteering Action Plan stipulated a target of 29% to be achieved by the end of 2009/10. The Action Plan is in place to address this 3% increase during 2009/10. Work continuing from the previous quarter

Further strengthen community empowerment					
Reporting Frequency		Performance for 12 months to Mar 09	Target for 12 months to Mar 09	Mar-09	Comments
Biennial (Administered by DCLG)	NI007 Environment for a thriving third sector	17.20	18.00	●	<p>With representatives of the 3rd Sector we have agreed that the best way to influence perceptions of a thriving third sector requires us to:</p> <p>Value and be aware of and work through the 3rd Sector Network.</p> <p>Be Compact compliant in our engagements with the sector.</p> <p>Hence the proposed focus for work in Cumbria is proposed to be:</p> <p>1. Communicating and valuing (i) Liaison with the 3rd Sector Network and Infrastructure Partnership bi annually, including an annual budget consultation to share understanding of issues and agree areas to address together. (ii) Through the Community Unit produce and publish bi annual updates of engagement with the sector for Network and public audiences (iii) Deliver the Cumbria Community Awards and other similar celebrations of third sector impact. (iv) Support TP members to cascade commitments and standards of engagement with the 3rd Sector and to monitor these against the Compact.</p>
					<p>2. Compact (i) To engage fully in the Compact Implementation Group that the 3rd Sector Network manage, support the review of Compact implementation and cascade understanding and commitments through TP members. (ii) To refresh the Consultation Guidance with a view to Compact Compliance and further development of good practice (iii) To implement the Codes of the Compact and specifically to address the national and local challenge that can be defined as 'Let and Forget' with procured contracts</p> <p>3. Volunteering (i) Promote and support volunteering both in the wider community and within TP members workforces. The key risks identified to securing the target have been identified as : management of procured contracts (2(ii)); service reviews which fail to consult in accordance with the Compact (1(iv)) and effective communication with the sector (1(ii)). The Community Unit is willing to manage, deliver and monitor the above, with regular reports to SSCTP and provide support to 3rd Sector Board members to deliver this in their Directorates.</p>

Safer and Stronger Communities

Improve respect and community cohesion

Improve respect and community cohesion					
Reporting Frequency		Performance for 12 months to Mar 09	Target for 12 months to Mar 09	Mar-09	Comments
Biennial (Place Survey)	NI001 % of people who believe people from different backgrounds get on well together	78.30	78.00	★	The place survey suggests that in general terms cohesion is less of a problem than in many parts of the country but that there remain concerns which have influenced the perceptions of many residents perceptions. The place survey has given useful intelligence concerning the communities of place and demographics of these perceptions. This work in being used to fine tune the delivery plan which at present focuses on eight areas of work including: · Community Cohesion Policy · Targeted locality and community action · Development of the Cumbria Multicultural Service and AWAZ · Strategic involvement of BME people in policy · Active targeting of communities of interest, supported by data which identifies areas of need · Support from community grants at district level through LSPs, Local Committees, districts and other grant giving bodies · Partnership based activity · Communications A pilot is being delivered in Harraby (Carlisle) through which root causes of lower cohesion levels here than elsewhere in Cumbria are addressed as part of a wider community empowerment programme. Pilot project under way in Carlisle to address difference in county and local survey results.
Biennial (Place Survey)	NI002 % of people who feel that they belong to their neighbourhood	69.30	Target not set New Indicator	NA	As a proxy measure the six Together We Can pilots identified that 70% of respondents agreed or strongly agreed with this question. No national targets have been set and there is no national comparative data available at present.
Biennial (Place Survey)	NI017 Perceptions of anti-social behaviour	15.50	no national target set	NA	No proxy data available and no national target set. The Community Unit will work with the Police and CDRP to address this.
Biennial (Place Survey)	NI021 Dealing with local concerns about ASB and crime	31.20	no national target set	NA	No proxy data available and no national target set. The Community Unit will work with the Police and CDRP to address this.
Biennial (Place Survey)	NI022 Perceptions of parents taking responsibility for the behaviour of their children in the area	35.00	■	■	
Biennial (Place Survey)	NI023 Perceptions that people in the area treat one another with respect and dignity	26.10	no national target set	NA	No current proxy data available and no national target set. As an indication the Quality of Life Survey (2006) gave a figure of 27% in an associated question on this subject.
Biennial (Place Survey)	NI027 Understanding of local concerns about ASB and crime by the local council and police	30.30	no national target set	NA	No proxy data available and no national target set. The Community Unit will work with the Police and CDRP to address this. As an indication the response to the Place survey question on NI21 shows that 30% agree that ASB and crime concerns are being dealt with.

Planning, Transport and Housing

Improve sustainable access to services and facilities

Improve sustainable access to services and facilities					
Reporting Frequency		Performance for 12 months to Mar 09	Target for 12 months to Mar 09	Mar-09	Commentary
Annual (Financial Year)	NI014 Avoidable contact: the proportion of customer contact that is of low/no value to the customer	23.10	Target not Set New indicator	NA	
Annual (Academic)	NI167 Congestion - average journey time per mile during the morning peak	■	■	■	Data is gathered by Capita Symonds for Carlisle, Barrow & Kendal as the main urban areas in line with definition. We will report a September - August annual figure and are investigating the practicalities of quarterly monitoring, and whether data is available to report the previous year's figure
Annual	NI168 Principal roads where maintenance should be considered	5.00	4.00	▲	The target was set by anticipating the allocated funding was of sufficient proportion to maintain a network steady state at 4%. Unfortunately the deterioration of the network following the 2007/08 winter season was greater than anticipated. It should also be noted that the calculation to one decimal place is 4.6%.
Annual	NI169 Non-principal classified roads where maintenance should be considered	12.00	9.00	▲	This figure was not as good as anticipated but the network suffered a rapid deterioration following the 2007/08 winter period and this has been reflected in the survey results.
Annual (Financial Year)	NI175 Access to services and facilities by public transport, walking and cycling	99.00	93.00	★	99% of rural households are within 30 mins of a key service centre by public transport, with the Rural Wheels service taking up the slack where not covered by mainstream bus services
Annual (Calendar Year)	NI176 Working age people with access to employment by public transport (and other specified modes)	■	95.00	■	Not yet available
Annual (Financial Year)	NI177 Local bus passenger journeys originating in the authority area	19605737.00	18500000.00	★	
Annual (Financial)	NI178i Bus services running on time - % non-frequent services on time	91.95	95.00	●	Data supplied by Stagecoach NW, who account for over 95% of journeys within Cumbria, by depot, based on sample of trips operated. Punctuality affected by congestion, roadworks and higher passenger numbers. Figures improved in final quarter, with Barrow (98.1%), Kendal (95.7%) & W Cumbria (95%) meeting target, but Carlisle figure (87.8%) means Cumbria average fell slightly short of our target.
	NI178ii Bus services running on time - excess waiting time of frequent services	■	■	■	We do not believe that this part of the indicator applies in Cumbria, as we do not have services operating with at a frequency of 6+ buses per hour

Planning, Transport and Housing

Provide balanced housing markets

Provide balanced housing markets					
Reporting Frequency		Performance for 12 months to Mar 09	Target for 12 months to Mar 09	Mar-09	Commentary
Annual (Financial)	NI154 Net additional homes provided	1058.00	1796.00	▲	Figures are for the 2007-08 financial year, reported to CLG through Housing Flows Returns; 2008-09 figures aren't reported until next Sept. Breakdown is Allerdale 195, Barrow 73, Carlisle 265, Copeland 104, Eden 151, S Lakes 156, LDNP 114. This is significantly lower than the target - the new RSS target is more than a 50% up on the Cumbria and Lake District Joint Structure Plan targets to which the districts had been working (1170 completions per year). Not all districts are gathering data for this indicator in-year, so it is important that we are able to monitor performance against delivery plan actions as we go forward
Annual (Financial)	NI155 Number of affordable homes delivered (gross)	286.00	260.00	★	This total is the sum of CLG 'rounded' figures for the six districts for 2007/08: Allerdale 40, Barrow 0, Carlisle 30, Copeland 10, Eden 50, S Lakes 110, plus 46 for LDNP (15 in Allerdale, 9 in Eden & 22 in S Lakes) not included in CLG's total for Cumbria. It should be noted that these figures don't agree with those previously shared by the districts. 2008/09 figures won't be finalised until December.
Quarterly (but performance judged on Q4)	NI156 Number of households living in Temporary Accommodation	124.00	82.00	▲	This total is taken from the Dec 08 figures provided by the 6 districts – Allerdale 26, Barrow 11, Carlisle 33, Copeland 7, Eden 20, S Lakes 27 –this is some way behind CHG's target shown
Annual (Financial Year)	NI158 % non-decent council homes	■	■	■	It is difficult to report a current Cumbria position as this requires those districts with their own council housing stock to monitor in-year and not only to provide a % figure, but also the actual stock numbers to allow an overall Cumbria figure to be calculated. Barrow's 2007-08 figure was 2.5%, and S Lakes 30.3%. An in-year figure from S Lakeland of 10% suggests that their position is improving significantly.

Provide balanced housing markets					
Reporting Frequency		Performance for 12 months to Mar 09	Target for 12 months to Mar 09	Mar-09	Commentary
Annual (Financial Year)	NI159 Supply of ready to develop housing sites	136.00	100.00	★	This is the amount of housing that can be built on deliverable sites divided by planned housing provision required for Apr 09 to Mar 2014. Provisional figures provided by districts suggest the target is exceeded mainly because Eden's supply was almost 5 times planned provision
Annual	NI170 Previously developed land that has been vacant or derelict for more than 5 years	■	Target not Set New indicator	NA	This measures previously developed brownfield land as a proportion of the 2001 urban land figure for the total area of developed land. The % should reduce over time compared to the baseline. 2007 figures were: Allerdale 24.18%, Barrow 3.62%, Carlisle 6.00%, Copeland 16.61%, Eden 0.04%, S Lakes 0.21%. Copeland's figure appears to have an increase in derelict land/buildings.
Annual (Financial)	NI187i Tackling fuel poverty - % of income based benefits recipients in low energy efficiency homes	■	Target not Set New indicator	NA	All of the data for this target has now been collated and provisional baseline indicators provided to the district councils for consultation. A table of options has been produced with provisional targets for 2009/10 and 2010/11. This data still requires some cleansing in consultation with the district councils before the baseline can be confirmed. Further dialogue is needed with the district councils to clarify which options they consider to be most viable under the current economic climate.
Annual (Financial)	NI187ii Tackling fuel poverty - % of income based benefits recipients in high energy efficiency home	■	Target not Set New indicator	NA	

Appendix 2 – LAA Dashboard: 45 Performance Indicators in our Local Area Agreement grouped by ‘Red, Amber & Green’ Alerts.

Dashboard		Actual	Target	Performance
Performance Indicator	Thematic Partnership	Mar-09	Mar-09	Mar-09
NI072 At least 78 points across Early Years Foundation Stage with at least 6 in each of the scales	Children & Young People	41.5	54	▲
NI073 Achievement at level 4 or above in both English and Maths at Key Stage 2 (Threshold)	Children & Young People	74.5	83	▲
NI075 Achievement of 5 or more A*-C grades at GCSE or equivalent including English and Maths	Children & Young People	48.4	57	▲
NI092 Narrowing the gap - lowest achieving 20% the Early Yrs Foundation Stage Profile vs the rest	Children & Young People	33.1	28	▲
NI093 Progression by 2 levels in English between Key Stage 1 and Key Stage 2	Children & Young People	81.6	92	▲
NI094 Progression by 2 levels in Maths between Key Stage 1 and Key Stage 2	Children & Young People	79	91	▲
NI117 16 to 18 year olds who are not in education, employment or training (NEET)	Children & Young People	5.8	5.3	▲
NI154 Net additional homes provided	Planning, Transport & Housing	1,058.00	1,796.00	▲
NI168 Principal roads where maintenance should be considered	Planning, Transport & Housing	5	4	▲
NI041 Perceptions of drunk or rowdy behaviour as a problem	Safer & Stronger	25.7	19	▲
NI123 Stopping smoking	Health & Wellbeing	664	764	▲
NI130 Social Care clients receiving Self Directed Support (Direct Payments and Individual Budgets)	Health & Wellbeing	234.9	530	▲
NI070 Hospital admissions caused by unintentional and deliberate injuries to CYP	Children & Young People	152	142	▲
NI163 Proportion aged 19-64 for males and 19-59 for females qualified to at least Level 2	Cumbria Vision	72.18	74.32	●
NI100 Looked after children reaching level 4 in mathematics at Key Stage 2	Children & Young People	41.7	43	●
NI007 Environment for a thriving third sector	Safer & Stronger	17.2	18	●
NI106 Young people from low income backgrounds progressing to higher education	Children & Young People	■	25	■
NI020 Assault with injury crime rate	Safer & Stronger	■	6.86	■
NI040 Number of drug users recorded as being in effective treatment	Health & Wellbeing	■	1,420.00	■
NI146 Adults with learning disabilities in employment	Health & Wellbeing	3	Still to be negotiated with GONW	■

Dashboard		Actual	Target	Performance
Performance Indicator	Thematic Partnership	Mar-09	Mar-09	Mar-09
NI153 Working age people claiming out of work benefits in the worst performing neighbourhoods	Cumbria Vision	30.38	31.3	★
NI165 Proportion aged 19-64 for males and 19-59 for females qualified to at least Level 4	Cumbria Vision	26.92	26.7	★
NI171 New business registration rate	Cumbria Vision	58.8	55.7	★
NI057 Children and young people's participation in high-quality PE and sport	Children & Young People	90	90	★
NI019 Rate of proven re-offending by young offenders	Children & Young People	1.15	1.23	★
NI050 Emotional health of children	Children & Young People	65.1	65.1	★
NI065 Children becoming the subject of a Child Protection Plan for a second or subsequent time	Children & Young People	13.1	13.5	★
NI110 Young people's participation in positive activities	Children & Young People	73.4	73.4	★
NI112 Under 18 conception rate	Children & Young People	-4.3	-23	★
NI087 Secondary school persistent absence rate	Children & Young People	5.4	6.3	★
NI099 Children in care reaching level 4 in English at Key Stage 2	Children & Young People	50	33	★
NI101 Looked after children achieving 5 A*-C GCSEs (or equivalent) at KS 4 (with English and Maths)	Children & Young People	10.5	8	★
NI047 People killed or seriously injured in road traffic accidents	Planning, Transport & Housing	13.85	10.3	★
NI155 Number of affordable homes delivered (gross)	Planning, Transport & Housing	286	260	★

Dashboard		Actual	Target	Performance
Performance Indicator	Thematic Partnership	Mar-09	Mar-09	Mar-09
NI175 Access to services and facilities by public transport, walking and cycling	Planning, Transport & Housing	99	93	★
NI191 Residual household waste per household	Waste & Streetscene	650.73	702	★
NI195a Improved street and environmental cleanliness (litter)	Waste & Streetscene	3.3	5	★
NI195b Improved street and environmental cleanliness (detritus)	Waste & Streetscene	7.8	10	★
NI195c Improved street and environmental cleanliness (graffiti)	Waste & Streetscene	0.7	1	★
NI195d Improved street and environmental cleanliness (fly posting)	Waste & Streetscene	0	0	★
NI032 Repeat incidents of domestic violence	Safer & Stronger	31	33.8	★
NI001 % of people who believe people from different backgrounds get on well together	Safer & Stronger	78.3	78	★
NI004 % of people who feel they can influence decisions in their locality	Safer & Stronger	28.8	28.8	★
NI005 Overall/general satisfaction with local area	Safer & Stronger	85	85	★
NI030 Re-offending rate of prolific and priority offenders	Safer & Stronger	-30	-21	★
NI186 Per capita reduction in CO2 emissions in the LA area	Environment & Heritage	5.67	2.65	★
NI197 Improved local biodiversity- proportion local sites with positive conservation management	Environment & Heritage	30.77	27.1	★
NI039 Rate of Hospital Admissions per 100,000 for Alcohol Related Harm	Health & Wellbeing	1,796.00	2,043.00	★

Appendix 2 – Extract from the National Indicator Set: 18 Performance Indicators gathered from Cumbria’s Place Survey.

National Indicators (LAA indicators highlighted in bold)	Cumbria CC Score (%)	Confidence interval	Quartile performance*	North West average (%)	All England average (%)
NI1: % of people who believe people from different backgrounds get on well together in their local area	78.3	+/-1.1	2	73.6	76.4
NI2: % of people who feel that they belong to their neighbourhood	69.3	+1.0	1	59.5	58.7
NI3: Civic participation in the local area - % who have taken part in listed activities within the last 12 months	15.0	+0.8	2	12.9	14.0
NI4: % of people who feel they can influence decisions in their locality	28.8	+1.0	2	27.4	28.9
NI5: Overall / general satisfaction with local area - % satisfied	84.6	+0.8	1	76.9	79.7
NI6: % participating in regular volunteering	26.3	+1.0	1	22.2	23.2
NI17: Perceptions of anti-social behaviour - % who feel ASB is high based on score calculated from responses regarding ASB problems	15.5	+0.8	1	22.9	20.0
NI21: Local council and police are dealing with local concerns about anti-social behaviour and crime issues - % agree	31.2	+1.0	1	25.7	26.3
NI22: % who agree that in their local area parents take enough responsibility for the behaviour of their children	35.0	+1.0	1	27.4	29.6
NI23: Perceptions that people in the area treat one another with respect and consideration - % who state people not doing so is a problem	26.1	+1.0	1	34.1	31.2
NI27: Understanding of local concerns about anti-social behaviour and crime issues by the local council and police - % who agree their views are sought on these issues.	30.3	+1.0	1	25.6	24.8
NI37: % aware of civil protection arrangements in the local area	21.7	+0.9	1	13.9	15.3
NI41: Perceptions of drunk or rowdy behaviour as a problem - % who state this is a problem	25.7	+1.0	1	31.9	29.0
NI42: Perceptions of drug use or drug dealing as a problem % who state this is a problem	27.1	+1.0	2	34.8	30.5

NI119: Self-reported measure of people's overall health and well-being - % describing health as good	76.0	+/-0.9	3	73.4	75.8
NI138: Satisfaction of people over 65 with both home and neighbourhood	90.2	+/-1.3	1	82.5	83.9
NI139: The extent to which older people receive the support they need to live independently - % who believe this support is available	38.3	+/-1.0	1	31.9	30.0
NI140: Fair treatment by local services - % who agree they have been treated fairly in the last year	73.2	+/-1.0	2	70.1	72.4

* Quartile performance based on comparison with all county councils, metropolitan boroughs, unitary authorities and London boroughs.

FINAL
Income Maximisation Stats

Postcode	Number	%	Total Urban	Total Rural
CA1	27	0.10		
CA2	100	0.36		
CA3	36	0.13		
CA4	32	0.12		
CA5	24	0.09		
CA6	30	0.11		
CA8	28	0.10		
	277	1.00	0.59	0.41

Benefits Awarded

Attendance Allowance:	735495.8
Disability Living Allowance:	42143.4
Pension Credit:	220046.84
Housing Benefit:	19158.88
Council Tax Benefit:	7648.68
Carers Allowance	4162.6
One Off Benefits	5418.8
Total Benefits awarded to date:	1,034,075.00

All Action Complete	248	*Includes 4 "one off" Benefits
Outstanding	2	
Not Applicable (no entitlement/already in receipt)	12	
Benefit not awarded	13 *	Two cases not awarded are still at appeal stage
Died / admitted to care before award	1	
No change to current benefit rate (DLA)	1 *	
Total	277	

Breakdown of One Off Benefits

Warmfront Grant	2699.84
Overpayment of Pension Credit - Written Off	1198.12
Council Tax Arrears (incorrect award)	1343.52
Community Care Grant	177.32
Total One Off Benefits	5418.8

Total number of clients visited	277
Total no of Annual Benefit applied for	259
Ave increase in annual income per client	3971.65
Ave weekly increase in annual income per client	76.38

Note: The annual/Weekly figure is based on those cases where outcome of application is known and does not include any "one off" benefits

Carlisle Healthy Networks Grant Applications

Ref No.	Ok?	Organisation	Project Title	Amount applied for	Amount Awarded	Notes
1	Y	Cumbria Mentor Point	Peer Monitoring Project	£1,500.00	£1,500.00	n/a
3	Y	Asians Womens Group	Active in Cumbria	£1,000.00	£1,000.00	Check transport costs
3	Y	Carlisle Mencap	Worthwhile Days	£1,500.00	£1,500.00	n/a
4	Y	Healthy Living Initiative	My Dad Can Cook!	£986.00	£950.00	n/a
5	Y	ONE Culture	Midnight Football	£715.00	£500.00	Work with project 7
6	Y	Carlisle Bengal Tigers	Football Tournament	£750.00	£500.00	Work with project 6
7	Y	Resolve Mediation	Conflict Can Affect Your Health!	£1,000.00	£1,000.00	Needs to be incorporated within the network
8	Y	Making Space	Relaxation Group	£841.59	£800.00	n/a
9	Y	Warwick on Eden & Aglionby MH	Over 50's Tai Chi and Yoga	£1,210.00	£959.00	Work in p'ship with Age Concern and wider area
10	Y	Age Concern Carlisle and District	Make The Most Out Of Life	£741.00	£741.00	Joint work with project 13?
11	Y	Watchtree Nature Reserve	WheelsforAll at Watchtree	£1,500.00	£1,500.00	Want to buy 3 tricycles and publicity
12	Y	On Yer Bike	Holistic Therapy	£1,100.00	£1,100.00	n/a
13	Y	Brampton Comm. Assoc.	The Cookery Club	£1,452.00	£950.00	Must target low income families
14	Y	Brampton Youth Group	Minibus Project	£1,500.00	£1,500.00	Want publicity on the minibus
15	Y	Morton Comm. Assoc.	Treadmill	£1,500.00	£1,500.00	n/a
				£17,295.59	£16,000.00	

NHS Cumbria Stop Smoking Service
Update report for Carlisle HCOP– 1/4/08 – 31/3/09

The following data for Carlisle District is taken from the DoH stop smoking database – 2008/09

Numbers of people setting a quit date by age and gender and outcome at 4 weeks:

Female	Under 18	18-34	35-44	45-59	60+	Total
Total set a quit date	7	147	139	143	118	554
Total quit	0	74	72	86	73	305
% success rate	0	50%	52%	60%	62%	55%
Male						
Total set a quit date	2	101	148	138	101	490
Total quit	2	61	88	91	62	294
% success rate	100%	60%	59%	66%	61%	60%
TOTAL SET A QUIT DATE- male and female	9	248	287	281	219	1044
TOTAL QUIT- male and female	2	135	160	177	135	599

There has been a significant increase in the number of smokers accessing the service compared to the same period in 2007/2008 when **669** clients set a quit date compared to **1044** setting a quit date in 2008/09 an **increase of 36%**. **468** clients were successful at quitting in 2007/08 compared to **599** quitting in 2008/09 an **increase of 22%**. This has been due in part to the additional hours funded by HCOP and a redesign of Service provision.

The Stop Smoking Service in Carlisle is now delivered from the following venues: Harraby; Raffles; Morton; Botcherby; Denton Holme; Petheril Bank; Currock; Belah, Dalston Pharmacy, Greystone, Wigton Road Methodist Church Castle ward and the Library in the centre of the city. Initially these

were provided via the funding from Carlisle HCOP, however, these are now permanently provided by the Stop Smoking Service

Pregnant women setting a quit date by age and outcome at 4 weeks:

	18-34	35-44	45-59	Total
Setting a quit date	34	7	1	42
Total quit	10	4	1	15

Although the additional hours for smoking in pregnancy was not funded by HCOP it is useful to see the increase in activity as this is a key target area in reducing health inequalities

The Acute hospital put in additional resources to support pregnant women to quit smoking and support is offered both at the Maternity Unit and Morton Family centre

Number of people setting a quit date and successful quitters by socio-economic classification:

	Setting quit date	quit
f/t student	26	9
Home carer (unpaid)	67	25
Int. occupation	78	56
Managerial/professional	116	70
Never worked or unemployed for over 1 year	67	35
retired	153	97
Routine or manual	386	245
Sick/disabled and unable to return to work	109	47
Unable to code	42	21

Routine and Manual workers are the largest group to access the service – this is one of the national targets and specific work has been undertaken during 2008/09 year in Pirellis and Bousteads Grassings. The success rate of 63% in this target group is particularly high.

Clients eligible for free prescriptions:

A total of 409 clients were eligible for free prescriptions.

Staffing:

Liz Kenny, commenced in her role as locality coordinator in January 2009.

Barbara Bellis
15/6/2009



LIFESTYLE ON THE ROAD

CLL. WORKING IN PARTNERSHIP WITH EXTENDED SERVICES, CARLISLE

**Pilot Scheme
Sept 08 – Jan 09**

**Our Mission:
To enable the community of
Carlisle to promote the
Well-being of its people through
Healthy recreation and
Physical activity.**

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8. Outline of the Proposed New Project
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12. Evaluation
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1. Executive Summary

This business plan is for the period September 2008 to January 2009 and has been developed as a new project and will be open and transparent to all key stakeholders. This will provide a strategy to enable key stakeholders to understand the plans in more details about the future direction of Lifestyle on the Road.

This business plan covers the aims and objectives and a framework for service delivery from 2008 to 2011. The plan will also include the operational and financial requirements for the project.

Lifestyle on the Road is a unique programme of fitness and healthy living that will be taken directly into communities through a planned programme through schools and local venues. This is a joint venture working in partnership with the Extended Services team and the schools already working in the clusters. In essence the project will allow the exercise specialists of CLL. (CLL) to take the Lifestyle brand of fitness out into the community.

The current level of funding procured will enable CLL to undertake a detailed pilot study involving three schools and three age groups of children. The pilot study will give key partners valuable feedback as to the best way to develop out of the pilot study and ultimately take this service to a wider audience and possibly into the borough of Allerdale on the basis of further funding applications.

2. Introduction – Project Aims & Objectives

At CLL we are committed to doing whatever we can to improve the quality of life for the people of North Cumbria and the community at large through the delivery of affordable, high quality leisure and recreation services through top quality facilities.

Our mission is to encourage “More People, to be More Active, More Often” and to provide “Quality Leisure for Quality of Life”

We look to achieve this by building sustainable businesses through realistic growth, partnerships with clients and the development of facilities, products and services in line with what our communities want

CLL. is working in partnership with Extended Services, Children’s Services who work with the local authority and other partners to offer access to a range of services and activities which support and motivate children and young people to achieve their full potential. Extended Schools are at the heart of Every Child Matters, raising standards and ensuring that children are healthy; stay safe, enjoy and achieve, make a positive contribution and achieve economic well-being.

The business plan will build an infrastructure to ensure that foundations are established for the future provision of front line services. The services provided include marketing; monitoring & evaluation; information & co-ordination; financial administration and project management. These support services and supplemented by services through agreed service level agreements.

OBJECTIVE

A landmark government inquiry has warned that obesity will cost £45 billion a year by 2050 if the epidemic is not brought under control through dramatic changes across British society.

Alan Johnson, the Health Secretary, has compared the challenge posed by obesity to that of climate change.

'We know we must act. We cannot afford not to act', he said. 'For the first time we are clear about the magnitude of the problem: we are facing a potential crisis on the scale of climate change and it is in everybody's interest to turn things round.'

Mr Johnson stressed that obesity poses such a grave threat that it can not be solved by government action alone, that everyone has to play their part and that many different solutions are needed.

The current projection is that there will be one million obese children by 2010.

The Observer
London, UK
14 October, 2007

Many people of all ages die before they have to, when they could be enjoying a good life. Getting active can be easy and it just needs up to 30 minutes most days of the weeks. It is integral to this partnership to implement service delivery which will enable people to know how easy it is to keep fit in their local community and to create a safe environment.

AIMS

- The project will involve children and their families and will be fully inclusive.
- The Lifestyle programme will encourage sustainable interest in healthy lifestyles through demonstrating exercise and healthy options.
- The programme will increase confidence and break down the barriers to the accessibility of exercise.
- By introducing the Lifestyle brand of fitness to school children and their families, CLL hopes to also showcase the possibility of making a career out of fitness aiding future recruitment for the company.
- As a unique concept to demonstrate the project as one of best practice nationally.

3. BACKGROUND

CLL.

CLL is a not for profit company and is the largest health and fitness provider in Cumbria currently servicing over 1.7 million users per year.

The company is managed by a board committee made up and drawn from the above membership to a maximum of twelve members plus up to four co-opted members.

CLL currently manage the leisure facilities of Carlisle City Council and Allerdale Borough Council as well as Trinity Leisure Centre and Morton Pool in partnership with the respective schools.

Extended Services

The Extended Schools prospectus was published in 2005 which set out the vision for extended schools. Extended Schools are a key vehicle for delivering the Government's objective of lifting children out of poverty and improving outcomes for them and their families. There is now clear evidence that children's experiences greatly influence their outcomes and life chances in later life. In particular, educational attainment is a powerful route out of poverty and disadvantage. A key priority, and challenge, for schools is to reach the most disadvantaged families within a universal framework of providing mainstream services for all families.

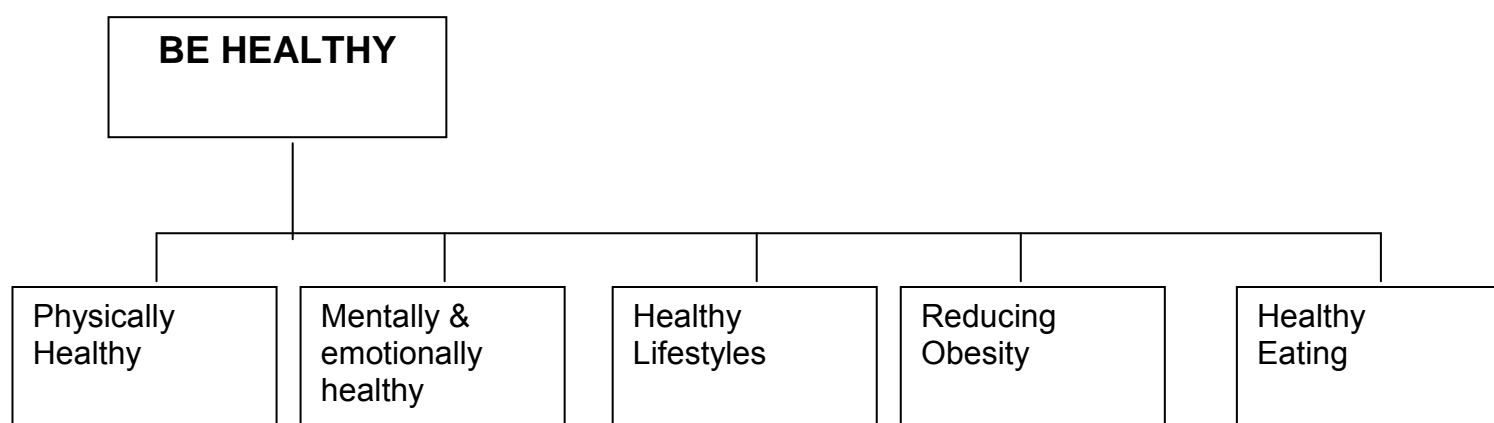
4. EVERY CHILD MATTERS

The Government's aim is for every child, whatever their background or their circumstances, to have the support they need to:

- Be healthy
- Stay safe
- Enjoy and achieve
- Make a positive contribution
- Achieve economic well-being

Using this framework Lifestyle on the Road seeks to address and support the first of the above priorities. The following diagrams illustrate where the programme fits into the Every Child Matters agenda, and illustrates which partner will lead on which aim.

Figure One Be Healthy



5. DESCRIPTION OF THE PROJECT

LifeStyle on the Road in the simplest of terms will be to take the Health and Fitness expertise of CLL, make it mobile and take it outside the walls of its own facilities. The project would focus on delivering CLL's own brand of group health and fitness activities and education on diet, nutrition and lifestyle to the local community and school children. Local community centres or schools will provide the venue and everything else required for the activities will be contained and transported by the LifeStyle on the Road van.

6. SWOT ANALYSIS

Strengths

Addresses the current Health Agenda and Obesity Crisis	The project will take a proactive step in ensuring children and adults get the opportunity to increase their activity levels and improve their knowledge of what it actually means to be healthy. Inactivity has been identified as a major cause of obesity and coronary heart disease.
Delivered by an experienced operator	CLL's track record for delivering quality health and fitness provision is second to none with over 23,000 people per month using health and fitness facilities at the Sands Centre alone.
Designed to make Health and Fitness Fun and attractive	Everything from the van that arrives on site to the activities that are delivered will be designed to be fun and enjoyable as well as being informative. The aim of the project will be to generate as much participation as possible.
Charitable Status	CLL's not for profit status safeguards the best value principle of the project.

Weaknesses

Nothing to bench mark against	With LifeStyle on the Road being a unique project there is very little to compare to, this enforces the importance of this initial pilot programme and the review process
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Opportunities

To create a Best practice project	LifeStyle on the Road should it be successful could be a benchmark for other areas in the country looking for ways to improve participation
Increase career paths	Introducing the LifeStyle brand of health and fitness to people and children that would not necessarily be able to access it at CLL facilities will hopefully also introduce the notion of a career in the Health and Fitness Industry.
Reduce the % of obesity through preventative methods	The LifeStyle on the Road scheme will be a proactive method of addressing the potential issue of obesity with children and within the family through education.

Threats

Funding	The continuation of the LifeStyle on the Road project will hinge on the procurement of further funding
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7. CURRENT ACTIVITIES

See appendix one which lists all of CLL's health related activity that is currently undertaken within its own facilities.

8. OUTLINE OF THE NEW PROJECT

Date	Target
January – August 08	Consultation between Carlisle Leisure and Extended School Services as to project outline and business plan and costings (see appendix two). Procurement of funding
August 08	Short term lease of van Selection of schools for pilot programmes. Age groups to include Time table outreach Employment by CLL of Company Healthy LifeStyle Co-ordinator who, as part of their duties will be tasked with managing the project. LifeStyle on the Road team selection / recruitment
Sept week one of project	Pilot Pre fitness tests
10 week program	
Dec week twelve	Pilot Post fitness tests
Jan 09	Pre and Post fitness test analysis. Review of service delivery with partners. Formulate a school delivery template

9. PROJECT COSTS

A detailed break down of costs can be found in Appendix 2.

The LifeStyle on the Road project currently has procured £20K of funding which will allow the running of a pilot program that will gather information and formulate a best practice model that will aid further funding applications.

The £20K has been provided from two sources. £10K has been donated by the Healthy Communities and Older People (H.C.O.P) group of Carlisle. The remaining £10K has been committed to the project by CLL.

10. PROMOTION

Promotion initially will be through the wide network that exists between the service delivery partners. Upon launch CLL will utilise its marketing department to deliver the following.

Press release
Launch event
Promotional leaflet
Page on corporate and The Sands Centre websites

The key feature of this project will be the LifeStyle on the Road van, this will be highly recognisable by employing the technique of vinyl wrapping allowing the van to outwardly express health and fitness, activity and wellbeing by utilising bright, vibrant colours. The aim of the design will be to make the van 'instantly recognisable' by the local community.

11. KEY OUTCOMES

The local community will benefit from increased participation and school children will be introduced to the type of physical activity that is found in the leisure industry. In turn encouraging children to make health and fitness part of their lifestyle rather than a lesson at school and to hopefully encourage continuation of exercise leaving school.

12. EVALUATION

Discussions as to the exact evaluation process are still in progress between key partners and the schools involved in the pilot scheme. In general they will focus on a pre and post fitness test and a family pre and post questionnaire that asks questions about lifestyle, exercise levels and eating habits.

13. BUSINESS VISION

LifeStyle on the Road would focus on delivering group health and fitness activities and education on diet, nutrition and lifestyle to school children and the local community. This would create a link between school physical activity and the type of physical activity that is found in the leisure industry, in turn encouraging children to make health and fitness part of their lifestyle rather than a lesson at school.

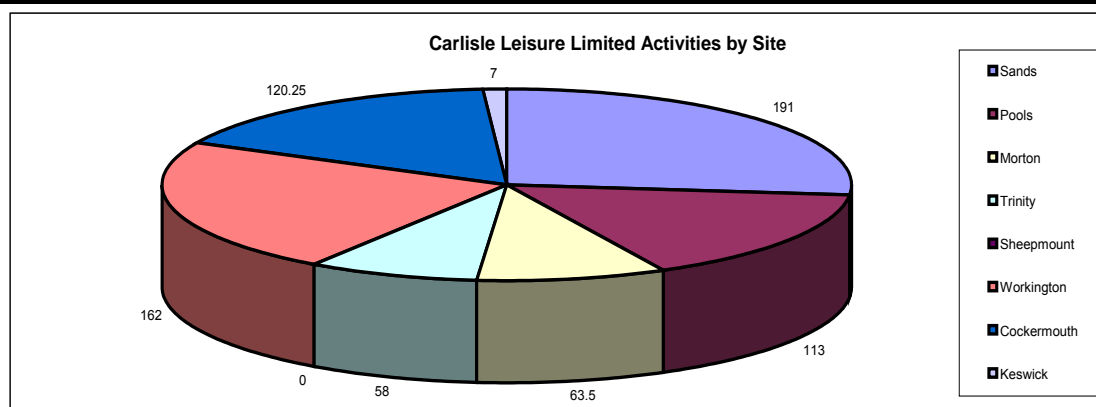
The vision is to be a model of best practice to enable families in local communities to access health & fitness programmes in an accessible and familiar environment.

Appendix One

Summary of Current CLL activities (in hours per week, per site)

Summary Of Activities

	Sands	Pools	Morton	Trinity	Sheepmount	Workington	Cockermouth	Keswick	Total Current Hours
Health Agenda	29.75	6	1	8	0	19	24.5	2	90.25
Outreach	12	0	0	0	0	0	0	0	12
Disabled	6.5	1	5	1	0	3	0	0	16.5
Crime & Disorder	1	0	0	2.5	0	3	0	0	6.5
YP / Family	26	33.5	1.5	17	0	53	5	0	136
Courses	34.5	46	38.5	18.5	0	14	38	5	194.5
ETM	65.25	5	9.5	0	0	27	18	0	124.75
Club Activities	16	21.5	8	11	0	43	34.75	0	134.25
Total	191	113	63.5	58	0	162	120.25	7	714.75



	Sands	Pools	Morton	Trinity	Sheepmount	Workington	Cockermouth	Keswick
% of Activities	27%	16%	9%	8%	0%	23%	17%	1%

Appendix Two

Pilot program costings

Van:
Ford transit LWB
High roof inc VAT
Ex VAT = 12500

Payroll:
2 x instructors on scale 2
= 7.9453 x 9 x 2 x 12weeks
£1716.18

Marketing:
Van vinyl wrap £1750
Leaflets & posters £250

Facility Hire:
Based on £15 / Hr from 4 - 6
During school time FOC

For pilot scheme FOC

Pilot Scheme

Item	Capital Cost	Item	Revenue Cost	Item	Overheads Cost
Van purchase	£14,687.50	Payroll	£1,716.18	School / Hall Hire	£0.00
Boarding out Van	£500.00	Marketing	£2,000.00	Fuel	£146.18
		NI	£154.46	Servicing N/A	
		Pension	£188.78	Tax	£180.00
Totals	£15,187.50		£4,059.42		£326.18

Fuel Costs:
Based on current fuel prices feb 08
and traveling 70 miles per week with fuel consumption of 7.7 miles per litre.

70 / 7.7 = 9.09 litres / week

9.09 x £1.34 (diesel cost / litre) = £12.18
12.18 x 12 weeks = £146.18

Total £19,573.10

ON YOUR BIKE

MEMBERSHIP & AGREEMENT FORM

PLEASE PRINT DETAILS
ADULTS & YOUTH

NAME
ADDRESS
AGE
DOB
CONTACT NUMBER (EMERGENCY)

I understand that by signing & agreeing to the membership conditions of OYB that I must abide by the scheme rules. During rides & activities/ events.

SIGNED YOUNG PERSON HERE

.....

As parent/guardian I give consent for emergency treatment should he/she be involved in an accident .

I also give consent for my son/daughters photo-graph to be taken/used for further publicity.

Signed
Parents Name
Date



ON YOUR BIKE

PROMOTING SOCIAL INCLUSION
THROUGH CYCLING ACTIVITIES

For Further Info
CONTACT

Phone: 01228 633630
Email: Damienm@impacthousing.org.uk

ANNEX D 4

ON YOUR BIKE

2009 PROGRAMME OF CYCLE RIDES & EVENTS



CARLISLE CUMBRIA

A CUMBRIA COMMUNITY AWARD 2008 WINNING PROJECT OUR PARTNERS



PROMOTING SOCIAL INCLUSION THROUGH CYCLING

CYCLERIDE & EVENTS

CONDITIONS

Users of the OYB scheme must adhere to the rules which are in place for its members safety and the safety of the walking public. A membership form on the back of this leaflet must be completed by all participants. For those under 18 signed and dated by a parent/guardian. This gives medical & publicity consent for participants in the case of an accident or event. It also guides participants on their own behaviour towards each other and the public. Breaches in the rules will not be tolerated given the safety issues and good reputation of OYB.



PLEASE ENJOY THE RIDES/EVENTS.
IF YOU HAVE ANY QUESTIONS ,CONCERNS/COMPLAINTS OR
SPECIAL REQUIREMENTS PLEASE CONTACT

CONTACT DAMIEN MORRIS
Phone: 01228 633630
Email: Damienm@impachhousing.org.uk

CYCLE RIDE & EVENT

DATES 2009

ON YOUR BIKE 2009 PROGRAMME OF CYCLE RIDES & EVENTS

MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPT	OCTOBER
12 th Bike Ride Bitts Park	16 th Bike Ride Bitts Park	14 th Bike Ride Bitts Park	18 th Bike Ride Bitts Park	16 th Bike Ride Bitts Park	13 th Bike Ride Bitts Park	17 th Bike Ride Bitts Park	8 th Bike Ride Bitts Park
21 st St James Park Cycle Course & Free Dr Bike	19 th Family Ride Bay Pub Denton Holme	28 th Beginners Mechanics 2hr intro Centre 47	13 th Red/Black Mountain Bike day	2 nd Bike Ride Bitts Park	27 th Bike Ride Bitts Park	27 th Family Ride Bay Pub Denton Holme	25 th Red/Black Ride all Day Kielder
26 th Bike Ride Bitts Park	30 th Bike Ride Bitts Park		17 th St James Pk Cycle Competition				
			27 th – 28 th Cultural Bazaar Trinity School Taster Sessions				

NOTES

1. All Bike Rides at Bitts Park. Start time 10.30am – 11.30am from Devonshire Car Pk beside Castle/railway line. (As members become more confident – we can look at different cycle rides as the weather improves)
2. St James Park Event 12 noon to 2pm.
3. Family Ride From Bay Pub to Dalston 12 noon – 3pm
4. Basic Cycle Mechanics (punctures etc) 47 Nelson Street Centre 47 10.30 – 12.30 includes lunch.
5. Red/Black Mountain Bike Day Forest AE 8am pick up from Centre 47, 47 Nelson Street
6. St James Park Mountain Bike Skills Competition 6-9pm
7. Family Ride From Bay Pub to Dalston 12 noon – 3pm
8. Red/Black Ride all Day Kielder 8am pick up from Centre 47, 47 Nelson Street.



ON YOUR BIKE

On Your Bike is a small voluntary cycle project which uses cycling as a way to increase social inclusion and well being . A small committee meets every month to plan activities, share info & resources.

The project has grown in 2008 and won the Cumbria Communities Award for Activity Communities Project of the year.

The timetable has tried to incorporate a range of rides, educational learning based upon ability.

OYB believes that cycling must be fun & inclusive. It is open to everyone , and where possible uses an array of different bicycles according to need. Cycles & safety gear are provided if required. OYB is covered for public liability under the CTC.

Volunteer committee members/activity leaders are enhanced CRB checked.

The Worthwhile Days Statics July 2009

My involvement with the Worthwhile Days Project began in February 2008. My role within this Project is to gather information on local volunteering and sporting activities within the Carlisle and District area for people over the age of sixteen with a learning disability or difficulty. Gathering information on volunteering and sporting opportunities allows people the opportunity to access and become involved in activities within their community.

A publicity leaflet has been devised and developed to explain the Project this leaflet is given to anyone who wishes to access further information about Worthwhile Days. An introductory letter is also given to Service Providers Publicity of the Project is on going as I continue to liaise with people who are referred to the Project and Service Providers.

Please find below information on referrals to the Worthwhile Days Project:

Referral Number Gender	Area	Referred By and When	Interests	Information Gathered
Referral 1 (Male)	Carlisle	Team Leader (United Response) – March 2008	Volunteering: Animals Wishing to help other people Sporting: Football	The Cinnamon Trust British Conservation Trust Scouting The Happy Mondays Football Team (originally the Carlisle MENCAP Football Team) Information gathered in March, April, June and August 2008 The young man regularly

				<p>plays football for the Happy Mondays</p> <p>The young man has a mental health condition alongside learning difficulties – at the time of speaking to his Key Worker (various between April – August 2008) there were changes to the young man's personal circumstances. The information I had gathered on his behalf was felt at the time to be beneficial and gave the young man opportunities for the future.</p>
Referral 2 (Female)	Carlisle	Team Leader (United Response) - April 2008	Volunteering: Animals Working with older people Cleaning	<p>The Cinnamon Trust Age Concern One World</p> <p>Information gathered in April, June 2008</p> <p>The One World was a cleaning opportunity for paid employment. The lady would have been very capable of doing this job</p>

				<p>however at the time I was gathering this information (June 2008) the lady was already receiving income from another cleaning job. If the lady had taken on this cleaning job it may have affected her benefit entitlement.</p>
Referral 3 (Female)	Carlisle	Team Leader (United Response) – April 2008	<p>Volunteering: Animals</p> <p>Sporting: Information on sporting activities within the lady's local area</p>	<p>The Cinnamon Trust Information on sporting activities taking place at local Community Centres near to where the lady lives</p> <p>Information gathered in April, June 2008</p>
Referral 4 (Female)	Scotby	Director (Carlisle MENCAP) – April 2008	<p>Sporting: Swimming Information on sporting activities within the lady's local area</p>	<p>Information on local swimming pool times Activities taking place within her local village hall</p> <p>Information gathered May 2008</p> <p>Information gathered was</p>

				given to the Adult Services Manager of Carlisle MENCAP (May 2008) – the Manager .The lady now has regular support to attend the swimming pool on a Monday
Referral 5 (Female)	Carlisle	Mother – October 2008	<p>Volunteering: Animals</p> <p>Sporting: Walking</p> <p>Information on activities over the October half term as the young lady currently attends a residential college</p>	<p>The Happy Wanders Walking Group</p> <p>Have A Go Day – ways to relax and feel good</p> <p>Information on a Volunteering Fare</p> <p>Contact details for Carlisle Connexions, they have information on local sporting and volunteering opportunities</p> <p>Information gathered in October 2008</p>
Referral 6 (Male)	Carlisle	Manager (Carlisle MENCAP) – October 2008	<p>Interests: Being outdoors</p> <p>Practical activities</p>	<p>Watchtree Nature Reserve's volunteering programme</p> <p>Local Allotments</p> <p>This information was given to the Manager who referred the young man</p>

				<p>and the young man's Support Worker</p> <p>Information gathered in 2008</p> <p>The information I had gathered was going to be used within the young man's support plan</p>
Referral 7 (Male)	Carlisle	Self Referral	<p>Sporting: Swimming Football</p>	<p>Carlisle MENCAP football team</p> <p>Programmes of local swimming pools</p> <p>Information gathered November 2008</p> <p>At the time of our last contact (November 2008) the young man was hoping to start playing for the Carlisle MENCAP football team</p>
Referral 8 (Female)	Carlisle	Mother – October 2008	<p>Volunteering: Working with people</p> <p>Sporting: Swimming Dancing Horse Riding</p>	<p>Due to changes within the lady's support and other circumstances, I was only able to meet the lady, a member of her support and her family in March 2009</p>

				<p>Information on activities at local swimming pools and leisure centres</p> <p>Carlisle Active</p> <p>Local Horse Riding lessons</p> <p>Gathered information on developing a Salsa Class for the lady to participate in.</p> <p>Information gathered April 2009</p> <p>After discussion with the lady's Mother (April 2009), the information I had gathered on the lady's behalf was very useful. Her Mother stated her daughter does not always wish to engage in new activities and it may take time for her to become in these activities. Her Mother stated that it was beneficial for her to be aware of local activities that her daughter may wish to access.</p>
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				I spoke to the lady (July 2009) – she has started attending a local swimming pool
Referral 9 (Female)	Maryport – although the lady lives out with the Worthwhile Days Project remit, the Volunteer Co-ordinator stated that the lady would be willing to travel to Carlisle if there were any volunteering or sporting opportunities she would be interested in pursuing	Volunteer Co-ordinator (United Response) – November 2008	Volunteering: Working with People, preferably in a shop or similar setting	<p>Carlisle MENCAP shop</p> <p>Information gathered November 2008 and January 2009</p> <p>At the time of discussion with the Volunteer Co-ordinator (November 2008) was going to forward the information I had gathered to the lady to discuss the possibility of her volunteering in the Carlisle MENCAP shop</p> <p>The lady is now volunteering in the Carlisle MENCAP shop one day per week (from March 2009)</p>
Referral 10 (Male)	Carlisle	Mother and Father – December 2008	Volunteering: Interested in working within an Archives Department	<p>Carlisle Castle Archives Department</p> <p>Information gathered January 2009</p>

				I passed this information to the Director of Carlisle MENCAP, who was then forwarding this information to the man and his family
Referral 11 (Male)	Carlisle	Director (Carlisle MENCAP) - February 2009	Volunteering: Gardening	Information from Carlisle CVS The British Trust for Conservation Information gathered March 2009 The man stated that he would contact the British Trust for Conservation for further information on volunteering with this organisation
Referral 12 (Female)	Cotehill	Mother – March 2009	Volunteering: Working with guide dogs Sporting: Swimming Information on local sporting activities	Information gathered on: Local sporting activities for young people Volunteering with Guide Dogs Information gathered April 2009
Referral 13 (Male)	Carlisle	Volunteer Co-ordinator	Volunteering:	Currently gathering this

		(United Response) – June 2009	Coaching a local football team	information
Referral 14 (Male)	Carlisle	Volunteer Co-ordinator (United Response) – June 2009	Volunteering: Spending time with older people	Currently gathering this information

Further Information

Whilst I have been publicising the Worthwhile Days Project, for example during meetings, I have given professionals' contact details (when asked) of volunteering or sporting organisations that they feel may be of interest to people who are currently using their services. Professionals have been using the Project as a signposting service; this has allowed for increased multi-agency working between agencies and local volunteers and sporting organisations.

There have been several people and professionals who have enquired about the Project. At the time of writing, they have simply wished for further information on the Project. People and professionals have stated that they may wish to find out more about local volunteering and sporting opportunities in the Carlisle and District area in the future.

Other activities that have been developed / are developing through the Worthwhile Days Project are:

The Happy Mondays Football Team

The team currently play within the Astro Soccer Sixes League (a league that is open to all) on a Monday evening, they also train on a Thursday evening. There are now two teams: with eight people who are service users and five volunteers within the team. For further details, please contact Peter Scullion – Coach of the Happy Mondays (01228) 674 393

Carlisle Active – Yoga Group

The Yoga class was initially established as a ten week taster course with ten people regularly attending the class at the Sand Centre. This class has now become part of the Sand Centre programme (from April 2009). In the longer term, some people - who have a natural ability for yoga may wish to attend other yoga classes available within the Sand Centre. For further details, please contact Susan Harper – Volunteer Co-ordinator of Carlisle Active (01228) 674 393

Salsa Class

I was asked by a Manager at Carlisle MENCAP to gather information on possible venues for this class to take place. Three people that receive support from Carlisle MENCAP's have been suggested as people who may enjoy this activity. The three people can display challenging behaviour and may benefit from participating in a smaller group in a quieter environment. West House (Social Care Voluntary Organisation) have also identified two people who may be interested in joining this class. A member of staff from Carlisle MENCAP has been approached to teaching this class and possible venues have been given to the Manager. Developments for this class are at an early stage. For further details, please contact Louise Pattinson – Carlisle MENCAP Adult Services Manager (01228) 674 393

Allotment

I have been asked by a Manager at Carlisle MENCAP to gather information on obtaining a local allotment for people using Carlisle MENCAP's services. The allotment may be used as part of the Worthwhile Days Project: Healthy Eating aspect so that people can learn about and grow their own vegetables. The allotment could also be used as part of the Worthwhile Days Project: Volunteering and Sporting opportunities, for example maintaining the allotment, this may involve physical work such as digging. The possibility of obtaining a local allotment is at an early stage. For further details, please contact Karen Nicholson – Worthwhile Days Project Worker: 07730 536 842.

Healthy Eating

Healthy Eating is an aspect of the Worthwhile Days Project. Within California House there have been various healthy eating initiatives. In April 2009, residents of California House will be sampling Indian cuisine. For further details, please contact Sheila

Gregory – Carlisle MENCAP Director: (01228) 674 393 8 service users attended the healthy eating Asian session – we are now planning a session with young 10 young people during the school holidays.

Local Activities Questionnaire

In November 2008, I devised a questionnaire with Janice Herbert (Carlisle MENCAP Adult Services Manager – Janice has now left this post) to gather information on local activities that had accessed by people who use the support services and support staff within the past six months. This information was to be collated to develop an information pack for people who use Carlisle MENCAP's support services and Support Staff so that people have information on local sporting and volunteering opportunities. This questionnaire was distributed to people who use Carlisle MENCAP's services. This questionnaire was also forwarded to the Volunteer Co-ordinator at United Response in November

Information Pack

An Information Pack is currently being developed that can be given to both people who use support services and support staff for information on volunteering and sporting activities within the Carlisle and District area. This Pack is being discussed in conjunction with Social Care; the Pack is at a very early stage of development.

Objectives for the Worthwhile Days Project:

- To gather information and develop 'Taster Sessions' in the Carlisle and District area, for example within local Community Centres, Village Halls allowing people the opportunity to try new sporting and volunteering activities.
- To research possible reasons / barriers as to why more people are not accessing or having the opportunity to access local sporting and volunteering opportunities.
- To continue to publicise and develop the Project through liaising with other Service Providers to ensure that people who use their services and support staff are aware of and can access information gathered through the Project.

Carlisle Partnership

HCOP PRIORITY GROUP REPORTING – 13 July 2009

Priority for action	Contributing elements	Latest data (if available)	Target 08/09	Target 09/10	Target 10/11	NI Cumbria LI Carlisle LI	CUMB LAA	CAR Corp	CAR Comm
HCOP									
SMOKING	Cumbria Stop Smoking Service	599	825	None set	None set	NI 123 LAA 08/09: 764 per 100,000 HCOP funding now ceased			
OBESITY	Active Carlisle; On Your Bike; Worthwhile Days Lifestyle on the Road;	*On yr bike 200 + '08/09 End project evaluation awaited from other schemes	None set	None set	None set	NI 8 *Project sustained and engaged with 202 participants since 4/09. Scheme has also gained 3 achievement awards.			

REDUCE HEALTH INEQUALITIES	Healthy City Network	Network established dedicated website Grants to 22 organisations	Project specific	None set	None set	NI 119, 120 & 137 http://carlislehealthnetworks.weebly.com Carlisle Healthy Networks
MAXIMISE INCOME	Outreach and referral programme	41% Rural take-up £1,034,075.00 Benefit Gains	Exceed 25% rural £500,000 Benefit gains	None set	None set	NI 139