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#### Resources Overview and Scrutiny Panel

Agenda

Item:

A.4

Meeting Date:	6 <sup>™</sup> December 2016
Portfolio:	Cross Cutting
Key Decision:	Not Applicable:
Within Policy and	
Budget Framework	YES
Public / Private	Public
Title:	HALF YEAR PARTNERSHIPS REVIEW 2016/17
Report of:	Chief Finance Officer
Report Number:	RD39/16

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#### Purpose / Summary:

This report provides information relating to the Council's Partnership arrangements, the categorisation of partnerships and the monitoring of the main aims and objectives over the last six months. Further information is provided on the achievements of the Carlisle Partnership and Economic Partnership as requested by members of the Panel.

#### **Recommendations:**

Members are asked to consider the content of this report, the governance arrangements currently in place, method of monitoring, evaluation and categorisation and to note the continuing aim to coordinate the Council's partnership arrangements.

#### Tracking

Executive:	Not Applicable
Overview and Scrutiny:	Not Applicable
Council:	Not Applicable

#### 1. BACKGROUND

- 1.1 This report is intended to provide Members with an overview of the arrangements for monitoring the Council's partnership activities. It incorporates the type and number of arrangements in place and further provides an evaluation of the main aims and objectives of each partnership.
- 1.2 This report does not provide in-depth analysis of each partnership given that most are reported individually to various panels and boards throughout the council. It does however; provide a summary of each arrangement with an emphasis on the major or significant partnership arrangements active in the last six months.

#### 2. PARTNERSHIP

- 2.1 Partnership working is a key priority of the City Council as detailed in the Carlisle Plan (2015/18).
- 2.2 Working in partnership has become central to the work of modern local authorities in achieving wider strategic objectives, as a response to central Government requirements, which place a large emphasis on partnership working and of course the need to work more efficiently.
- 2.3 Work is always ongoing in bringing agreements, both collaborative and noncontractual, within the Council's internal monitoring and scrutiny arrangements. Senior management have added monitoring responsibilities to appropriate officer roles within Directorates to address this issue.

#### 3. PARTNERSHIP DEFINITION

- 3.1 The term "partnership" as defined by Carlisle City Council relates to a formal arrangement where the Council works collaboratively with other public bodies, voluntary and community organisations and businesses on a range of issues. This offers the Council the opportunity of increasing the level of participation in decision-making and widens the opportunities for inclusion and local community governance.
- 3.2 For clarification purposes there exists a common misconception that arrangements where grant funding is provided by the Council, often alongside other external bodies, to local associations, groups and initiatives are regarded as partnerships. Similarly, there are examples where the Council has effectively contracted out a service to an external provider and although the provider continues to support the

achievement of the Council's aims and objectives and may publicise a partnership working arrangement with the Council they are not partnerships.

- 3.3 Whilst these are entities which the Council has an interest in and can include voting/nomination rights, they are not considered true partnerships because the Council cannot demonstrate that its involvement is wholly intentional and directly meet specific corporate aims and objectives.
- 3.4 Working in partnership is no longer just an ideological choice and has been recognised as the only way to bring sufficient capacity to bear upon making Carlisle the place it deserves to be.
- 3.5 A partnership agreement also ensures a degree of openness and transparency and prevents the council being placed at risk.

#### 4. PARTNERSHIP CLASSIFICATION

- 4.1 The Council needs to ensure that all partnerships have clear terms of reference, clear goals, exit strategies, robust monitoring measures and that all partners have defined roles.
- 4.2 Partnerships fall into a range of types and will evolve over time. What might start out as parties coming together to agree joint outcomes and working arrangements can develop into a new stand-alone entity, legally separate from the parent partners. Timescales also differ from one arrangement to another with some partnerships being time specific, others open ended.
- 4.3 The Council has five types of partnership classification, monitored and reported to elected members.
  - <u>Shared Service/Outsourced function</u> Significant Shared Service/delivery of an outsourced function with another public body/body set up for the purpose:

Tullie House Revenue and Benefits (new arrangements from 01/08/15) ICT Internal Audit

NB: The partnerships in this category are freely and directly negotiated with our partners and are not subject to a procurement process.

- <u>Contractual Partnerships</u> Any significant contractual partnership, e.g. GLL.
  NB: These are significant contracts with other parties during which they are our procured 'partner' of choice but, at the end of any contract a further procurement process is undertaken.
- <u>Contributory Partnerships</u> All arrangements which have funding/contributions attached e.g. Law Centre, Citizens Advice, Community Centres. These should generally, if not always, be governed by an SLA or other Agreement.

\*contributions on excess of £70,000 are deemed significant and as such will receive more in depth monitoring and attention.

• <u>Non Contributory</u> – Those arrangements which have no funding attached are advisory or are termed locally as outside bodies.

\*For the purpose of this report, member representation on outside bodies is reported elsewhere so not included

• <u>Contract</u> - Any legally enforceable agreement for goods, works or services.

#### 5. PARTNERSHIP MONITORING

- 5.1 The Executive is responsible for approving delegations, including frameworks for partnerships and is the focus for forming partnerships with other local public, private voluntary and community sector organisations to address local needs. The Executive can delegate functions, including those relating to partnerships, to officers and these are set out in the scheme of delegation that forms part of the Council's constitution.
- 5.2 The Council monitoring officer must consider the overall corporate governance arrangements and legal issues when arranging contracts with external bodies and must further ensure that the risks have been fully appraised before agreements are entered into with external bodies.
- 5.3 Similarly, the Chief Finance Officer is responsible for promoting and maintaining the standards of conduct with regard to financial administration that apply throughout the Council and must ensure that partnership accounting arrangements are satisfactory.
- 5.4 All Directors are responsible for ensuring that appropriate approvals are obtained before any negotiations are concluded in relation to work with external bodies

- 5.5 The responsibility for each partnership or working arrangement lies within the directorate concerned and whilst the ultimate responsibility sits at Director level, the responsibility for setting up and managing a partnership and monitoring and reporting on performance is usually undertaken by a nominated operational lead officer. Where requested Financial Services and Legal Services provide advice and guidance on partnership matters.
- 5.6 A central Partnership register incorporating details of all known partnerships is maintained by Financial Services.

#### 6. REVIEW

- 6.1 A partnership policy was agreed by Council which specifically states the need to draw up a business case and identify risks before entering into a partnership and to complete an annual review to monitor it on an ongoing basis. As with any other activity a partnership needs to be reviewed periodically.
- 6.2 The Council usually undertakes two partnership reviews per year; an annual report is issued in July/August which considers the performance of all partnerships covering the previous 12 months and a six-monthly review on the contributory partnerships is issued in December/ January to ensure the Council's involvement is still relevant and that each is delivering the required outputs and meeting the Council's aims and objectives.
- 6.3 During the last 6 months the Council had 14 contributory partnerships, 2 noncontributory, 4 shared services /outsourced functions and 1 other contracted out. The Carlisle Ambassadors Group is also included for reference.
- 6.4 The annual review procedure requires the lead officer of each partnership to provide information on key monitoring questions, which relate to performance monitoring and risk assessment. The review aims to ensure the partnership is delivering its aims, continues to meet Council priorities, and considers risk, financial performance and funding. Where an external review has been undertaken by a funding body or nominated external auditor the outcomes of that review is subsequently recorded for scrutiny.
- 6.5 All partnership reviews have been completed and a summary of the outcomes for each is attached for information in **Appendix A.** Further information in respect of the Economic Partnership and Carlisle Partnership, as requested by members of the Panel, is attached at **Appendix B and C.**

- 6.6 Information provided in Appendix A is Shared Service and Contractual agreements along with Contributory and Non- Contributory partnerships. The table identifies progress against the following elements:
  - The type of agreement in place
  - The Date of Commencement
  - Funding and the Council's contribution
  - Aims and Objectives
  - Performance Targets
- 6.7 The overall conclusion to be drawn from the information provided by lead officers is that each partnership reported has different roles and priorities but each has a system of monitoring in place which allows for the early notification of issues which could become problematical and will enable actions to be taken to address these issues before they develop further.

#### 7. CONSULTATION

7.1 Directorates and lead Partnership officers have provided evidence and information to substantiate the evaluation and findings of this report; a copy of each response is available if requested.

#### 8. CONCLUSION AND REASONS FOR RECOMMENDATIONS

- 8.1 The information attached illustrates the performance of each partnership throughout the last six months and indicates their adherence to the main aims and objectives set out in the original arrangement.
- 8.2 Members of the Resources Overview and Scrutiny Panel are asked to consider the content of this report, the governance arrangements currently in place, the method of monitoring, evaluation and categorisation and to note the continuing aim to coordinate the Council's partnership arrangements.

#### 9. CONTRIBUTION TO THE CARLISLE PLAN PRIORITIES

9.1 Each partnership as listed has received the appropriate Director's approval prior to creation. The relevant Carlisle plan priorities for each partnership were also considered at the time of inception and Directors are responsible for ensuring that any subsequent changes are refreshed and pertinent to the continuation of the partnership agreement in the longer term.

9.2 Partnership working is an integral part of the 2015/18 Carlisle Plan with one of the key principles being -

We will continue to work effectively with partners to drive positive change for Carlisle.

Contact Officer:	Alison Taylor	Ext:	7290			
Appendices attached to report:	Appendix A – Shared Service/Contractual Partnerships Contributory / Non-Contributory Partnership					
	Appendix B – Further information Economic Partnership Appendix C – Eurther information Carlisle Partnership					
	Appendix C – Further information Carlisle Partnership					

Note: in compliance with section 100d of the Local Government (Access to Information) Act 1985 the report has been prepared in part from the following papers:

CORPORATE IMPLICATIONS/RISKS:

Chief Executive's – not applicable

**Deputy Chief Executive's**- not applicable

**Economic Development** – not applicable

**Governance** – The Report explains the definitions of the differing types of partnership/contractual arrangements that the Council has. It is important to have clarity in this regard so that the Council is better able to evaluate its commitments and, also, what it may expect from other parties that it is in a relationship with.

**Resources** – included within the main body of the report

#### Half Year Partnership Report 2016/17

Name of Partnership / Activity	Date	Aims and Objectives	City Council Annual	Governance Arrangements	Accounting Body	Does An Exit Strategy Exist	Reporting Mechanisms	Key future dates or events	
	Commenced		Contribution £ / %						
Shared Service/Outsourced Function									
Internal Audit Shared Service	2010	To fulfil regulation 5 of the Accounts and Audit Regulations 2015 to 'undertake an effective internal audit to evaluate the effectiveness of its risk management, control and governance processes' and regulation 6 'to conduct a review of effectiveness of the system of internal control'. Although no direct link to a Corporate Priorities, the shared service provides a statutory activity.	£115,464 12%	Each Board Member/Officer has an equal voting right at the Strategic/Operational Boards. Formal decisions subject to approval by Audit committee /Executive	Cumbria County Council is the host authority for the service with the individual partners making an annual contribution towards the services provided by the host. Each authority accounts for their own annual contribution to the shared service.	YES, Contained within the Agreement dated 10th August 2012	Through quarterly Operational Boards and the annual Strategic Board. Audit Coommittee also meets quarterly to monitor progress against annual audit plan	Audit Committee dates in line with the Council's Civic Calendar for 2016/17. The agreement ceases in March 2017 and options are being considered as to the future service provision.	
Revenues and Benefits Shared Service (Systems and Controls)	2010	Provision of System Support arrangements in relation to the Revenues & Benefits service through a Partnership arrangement between the three Local Authorities, following the Staff Transfer effective from 1st August 2015. Key Council priority due to statutory services involved to maximise revenues collection for budget requirements and to assist potentially vulnerable individuals requiring financial assistance through housing benefit and council tax support	£103,333 33% (Cost partial met from overall DWP HB Administraton Subsidy £373,927 2016/17)	Equal partner within the Partnership arrangement. Decisions taken collectively on a consensus / majority agreement basis	Carlisle City Council	Yes – Partner Termination requires 12 months notice from April, equating to a full financial year, unless an alternative period of notice is agreed by all Parties. Following the Staff Transfer under the System support arrangements consideration of assets/financial implications would be subject to negation and agreement by all Partners	Monthly performance reports were provided to the Joint Operational Board. In addition, Quarterly Performance Reports are provided to the Strategic Board. Performance, service issues and future activities are discussed within the respective Monthly and Quarterly meeting of the Boards.	Housing Benefit caseload migration to Universal Credit – TBA Housing Benefit caseload migration to Pensioner Credit – TBA (April 2022 at the earliest)	
ICT - Shared Service (Infrastructure and HB Applications)	2010	To improve and enhance the provision of ICT infrastructure to all partners, to identify opportunites to work together on projects and procurements	£89,036 54.5%	Carlisle City Council has representatives on the Operational and Strategic Boards and have equal voting rights at these meetings	Allerdale Borough Council	YES, contained within the administration agreement	The Administrative agreement specifies three formal levels of reporting, each reporting to the level above . 1. Strategic Board 2. Operational Board 3. Project Managers	A meeting of the Operations Board in late July 2016 agreed to extend the agreement for a further year to allow time for all the options for the future to be considered and to allow Copeland to decide if they intend to remain a member of the shared service.	
Tullie House Trust	2011	Tullie House Trust is an independent charity who are contracted to deliver museum and cultural services on behalf of Carlisle City Council	£1,019,683	Carlisle City Council has a range of formal legally binding agreements in place to govern the management of the relationship and the delivery of services. Carlisle City Council also nominates two elected members to sit on the board of the Tullie House Trust	The Tullie House are a wholly independent organisation They are a registered charity .	The Partnership agreement contains full provision for early / unexpected termination . It also details procedures for the expected end of contract and the council will , of course , consider future options as the contract enters its final years .	Detailed quarterly monitoring meetings are held (formally minuted) which review service developments, the performance framework, and the financial performance of the Tullie House Trust. Minutes and an action log are maintained and made available to council JMT members. Updates are provided via the Portfolio Holders report to Council	31/05/2041 - Contract end date	
Contractual Partnership									
Greenwich Leisure Contract	2002	Greenwich Leisure are contracted to deliver sports and leisure services on behalf of Carlisle City Council , this includes the management of Carlisle City Councils key facilities ( inc. The Sands Centre :Sheepmount : Pools Stoneyholme and swifts ) and the services and functions based at these sites .	£764,099	Carlisle City Council has a formally legally binding contract to govern the management of the relationship and the delivery of services. Carlisle City Council also nominates two elected members to sit on the board of Carlisle City Council	Greenwich Leisure Ltd are a wholly independent organisation. They are an independent provident society formally registered as such	The contract contains full provision for early / unexpected terminatin. It also details procedures for the expected end of the contract and the council will, of course , consider future options as the contract enters its final years	Detailed quarterly monitoring meetings are held (formally minuted) which review service developments, the contract performance framework, and the financial performance of the contract. Minutes and an action log are maintained and made available to council JMT members. Updates are provided via the Portfolio Holders report to council.	30/11/2017 - Contract end date. Procurement process to start in November 2016.	

#### Half Year Partnership Report 2016/17

Name of Partnership / Activity	Date Commenced	Aims and Objectives	City Council Annual Contribution £ / %	Governance Arrangements/ Role of the Council	Accounting Body	Does An Exit Strategy Exist	Reporting Mechanisms	Key future dates or events
Contributory Partnerships	Commenced		Contribution £/%					
Carlisle Partnership	2006	The ourrent aims and objectives are set out in the Community Plan for Carlisle and District 2011-2016. The Carlisle Partnership brings together public private. community and voluntary sector organisations which have a role to play in improving the quality of life of Carlisle people and which address key issues across the whole of the Carlisle District. Roles include: - Ensure the Carlisle Ormeson of the delivery of strategic issues together- delivery and commissioning of services in Carlisle Corresponds with the objectives of the Carlisle Partnership Seek the views and involvement of the communities within Carlisle and ensure this "voice" is heard at a local, county, regional and national level. Work at a European level and seek funding to assist activity.	Officer Time	The Council host the Carlisle Partnership , The Council have voting rights as an individual member, The leader and Deputy Chief Executive si on the group	Carfisle City Council	Dissolution in the Constitution	Through the Carlisle Partnership Executive, Through the Carlisle Partnership AGM, 1:1's with the Deputy Chief Executive, Portfolio Holder reports	The Partnership has a full scheduled programme of dates subgroups.
Carlisle and Eden Community Safety Partnership (formally the CDRP)	1998	Reducing Crime, Disorder , Substance misuse and Anti Social Behaviour ( including environmental ASB) in Cartisle and Eden	Officer time	The CSP is a statutory partnership (under the Crime and Disorder Act 1998). It has an approved constitution. Carlisle City Council has both Officer and Elected Membership representation on the CSP's Leadership Group	Eden District Council	N/A	The CSP reports to Cumbrid's Police Commissioner, an to Carlisle City Council's Executive, Community Overview and Scrutiny Panel, and full Council via the submission of their annual plan and review.	
Cumbria Choice (Countywide Choice Based Lettings Partnership for Social Housing)	2007	Delivery of a countywide letting system for social/affordable rented housing underpinned by a common allocation policy and IT contract with Abritas. Note that delivery of Choice based lettings sits with Registered Providers and retained stock holding authorities (Barrow), Contributes towards: meeting the Carliels Plan priority of addressing the City's Current and Future Housing Needs.Address current and future housing needs to protect and improve residents' quality of life.	contribution in 2010,	Carlisle City Council has officer voting rights in relation to operational issues through the Housing Development Officer. Changes to allocation policy e.g from legislation, have to be approved by each partner's governit body (Executive)	South Lakeland District Council	Abritas IT contract extended until March 2017 (rolling contract)	Bi monthly project board meetings attended by all LA reps and HA. Rotating chair in place	Choice Based Lettings policy review approved by the Executive in November 2016
Citizens Advice Bureau	Continuous	Provide advice and assistance on matters ranging from legal advice ,debts , benefits, employment stautus etc etc	£48,700 grant + £6,000 for energy and maintenance	Council has no input into day to day running of the Citizens Advice Bureau However does have councillor representation on board	Independent Organistaion	Report back to Officers / Portfolio Holder 6 monthly	N/A	N/A
Carlisle Law Centre	Continuous	Providing free legal advice to the community	£90,100 grant	Council has no input into day to day running of the Cartisle Law Centre. However does have councillor representation on board	Independent Organisation	Report back to Officers / Portfolio Holder 6 monthly	N/A	No councillor representation since 2015/16
Council for Voluntary Services	Continuous	Provide support / advice , charitable organisations accross cumbria	£10,600	Independent registerd charity,no day to day input.Company limited by guarantee.	Independent Organisation	Report back to Officers / Portfolio Holder 6 monthly	N/A	N/A
Chances Park Restoration	2007	Restoration of Chances Park	£40,000 start up .	Council hold advisory role but as owner of the park and recipient of the Lottery grant we would be liable for any shortfall in funding.	Carlisle City Council	On completion of restoration project asset has reverted to the City Council for maintenance phase	Project working group , now dissolved	The restoration project is now complete and the final claim and completion report submitted to the Lottery. The conditio of grant require the Council to continue to maintain the par for 10 years.
Community Centres	2003	To provide support to the community	£303,900	Funding Provider / Management Agreements in place , Managed and operated by trustees	N/A	N/A	Internal officers, SLA agreements .Related Parties also reported in Statement of Accounts	NA
Solway Firth Partnership	1994	Secure Environmentally sustainable future for the Solway Firth Area	£750 1%	Carlisle City Council is a Corporate Member with voting rights. Each member which is an organisation (whether Corporate or Ordinary) shall appoint one named Authorised Representative and one named Deputy within one month of admission to membership of the Partnership. The Authorised Representative, or Deputy, shall attend General Meetings on behalf of the appointing member which is an organisation and shall vote on its behalf, if relevant in accordance with any instructions provided by the appointing Member. The named Deputy, where appointed, may ad for and represent such member at any meeting of the Partnership only in the absence of the named Authorised Representative.	Board of Trustees	Yes	Board of Trustees and Advisory group hold quarterly meetings, E-newsletter released every 2 months	Advisory Group meetings and Board meetings are set at th beginning of the calendar year.
Cumbria Tourist Board	1999	Raise profile of tourism and increase visitor stays in Carlisle, Look at best opportunities for joint working	£4,250	1 Councillor on the General Tourism Council , 2 Councillors from 6 councils accross cumbria on Board , which has total membership of 14	No	N/A	N/A	N/A
Cumbria Strategic Waste Partnership	2004	To sustainably manage Cumbria's waste. Promote more focused and co ordinated cross council working with regard to waste minimisation and recyclin to realise significant savings by working together	Officer Time	Monthly Meetings, Carlisle CC a full board member .	Cumbria County Council	No	Meetings minutes sent to the Director and member of Local Environment and Economy	
Settle-Carlisle Railway Development Company	1992	Develop the Railway for Tourism	Officer time	Council nomination on board	N/A	N/A	Quarterly meetings	NA
North Pennines Area of Outstanding Beauty	2004	To develop and deliver the North Pennines AONB Management Plan which needs to be adopted by the Council in order for it to deliver its statutory duy. In is considered that the process followed and the content of the Management Plan is consistent with other plans and policies of the Council. The Management Plan will be instrumental in conserving and enhancing our nationally protected landscape. It will help with the development of a range of projects and assist with securing external project funding for project implementation.	£7,235	There are no shares, profits nor any liability for losses. The Council has a statutory duty to prepare and review management plans for each of the tw Areas of Outstanding Natural Beauty (AONBs) which cross its administrative boundary. For the North Pennines this work is delivered on the Council's behalt by the North Pennines Partnership. The Council needs to adopt the Management Plan in order to continue to meet its statutory duty	N/A	N/A	A Council officer has been involved in guiding the revie of the Management Plan, and the member representativ has taken an overview on the response and subsequer amendment of the plan. The AONB Team was supporte in the consultation work by members of the Partnership formal working groups, Partnership Members and peopl from a wide range of conservation, land management, burism and other organisations. Reporting to Executive and O&S Panel as part of their agreed work programme	
Hadrians Wall Board	2013	Carlisle City Council is one of eight local authorities which have this world heritage site within their boundaries and are all co-signatories to this agreeme which is to contribute funds to support HWT in: Maintaining Hadrian's Wall's status as a World Heritage Site; Continuing to implement the WHS Management Plan; Ensuring the or-going conservation and protection of Hadrian's Wall WHS; and, Managing and monitoring the Hadrian's Wall Path National Trai	£10,000	No details available at present .	No details available at present	No details available at present .	No details available at present .	No details available at present .
Non Contributory								
Riverside Carlisle	2002	Provision of affordable rented accomodation	N/A	Board membership via nomination	Independent Organisation	Yes , part of original agreement	6 monthly progress report to overview scrutiny committee	N/A
Carlisle Equality & Diversity Group	2005	Prevention of Descrimination, Encourage community cohesion	N/A	Officer representation on group	N/A	N/A	N/A	N/A
For Reference Carlisle Ambassadors Group	2013	To promote Carlisle using the Carlisle Story Place Brand. To provide networking opportunities, showcase best practice, share information on initiatives within Carlisle to engage and inspire others.	£37,000	Carlisle City Council is represented on the Steering Group and as such ha input to the Place Plan. The promotion of Carlisle is a corporate priority. There are no shares, profits nor any liability for losses.		NO	Bi-monthly project steering group meetings. Bi-monthly Carlisle Ambassador meetings summary report. Quarterly performance figures and reporting to Q&S Panel as part of their agreed work programme	Outputs from 12 month marketing and project management contract to December 2016. Meeting dates 2016: Feb / June / Sept / Nov.Invoicing for contributions June / July

APPENDIX A cont..

#### Carlisle Economic Partnership (CEP) & Digital Carlisle

Carlisle Economic partnership has continued to deliver against its core priority areas this year. Of particular prominence are activities relating to the following priorities Skills & Employment, Image (Sense of Place) and Infrastructure (Digital Economy).

#### Priority – Skills & Employment

- Carlisle Skills Summit took place on 28 January at Carlisle College with Ministerial visit and Skills Fair following at the Sands Centre.
- The Skills agenda is a key area for Carlisle Partnership as it touches each individual group and the Carlisle Economic Partnership has this as its key objective. Following on from the Skills Summit in January we met again on 22<sup>nd</sup> April to hear from Mike Smith, the CEO of Gen 2. Mike described that Cumbria was on the brink of a genuinely transformational period of activity multi million pound investments that will create thousands of new jobs and the demand for a skilled workforce is now greater than ever. The combination of new jobs being created in the nuclear sector plus the numbers entering retirement will result in a net gap of over 56,000. So we need skilled people and we need them quickly and if this is not a key objective of each partnership then the CEP recommends that it becomes one.

#### Priority – Image (Sense of Place) - Carlisle Ambassadors

- Carlisle Ambassadors project stemmed from CEP recognising the need to promote Carlisle District and what it has to offer to those outside of Carlisle and Cumbria.
- Carlisle Ambassador membership continues to grow with over 140 businesses signed up.
- The latest meeting of Ambassadors took place on 17 November to discuss the challenges and opportunities for Carlisle in 2017. More than 160 people attended the event at Hallmark Hotel to be inspired by business successes in the city.
- Other successful Ambassador meeting themes included 'Innovation' at the September meeting, a welcome reminder that Carlisle and Cumbria punches above its weight when it comes to innovation.
- The Carlisle Ambassadors continue to nurture an effective mix of public and private sector collaboration which has resulted in projects making a difference both to businesses and the community.
- The next meeting is scheduled for February 2017.

#### Priority – Infrastructure (Digital Economy) - Digital Carlisle

- On the 14th July 2016 a Digital Breakfast, Google Garage event and Digital Carlisle Workshop were held in the City. The aim of the day was to:
  - Showcase positive work and Digital Champions within the area;
  - Provide examples of how to increase your digital visibility and presence, utilising online tools;
  - Engage with partners to seek commitment for the delivery of key actions and projects, building a shared vision for digital development for the District; and
  - Facilitate a stakeholder Workshop with original Digital Carlisle group attending plus wider targeted invites to begin the process of identifying what should be next for Digital Carlisle and how the digital sector and digital economy can be supported and develop Carlisle as a smart city.

- From the Digital Carlisle Workshop it was clear that there is an appetite for future exploration of this agenda to support digital transformation across our city region. It was therefore important to consider what form this could take and the key infrastructure requirements for a thriving digital city, as well as thinking about how we transform our local population into digital talents. This cumulated in debate about the creation of a digital strategy.
- A series of meetings will now take place with interested parties to discuss the options for taking this agenda forward.



# CARLISLE PARTNERSHIP ANNUAL UPDATE 2016



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### FOREWORD

In a month which saw The Tour of Britain come to Carlisle, the Carlisle Partnership has cycled another year - a close, collaborative Peloton - sharing energy and direction, made up of more than 80 members and representative of public, private, voluntary and community sectors. We have continued to work tirelessly to ensure Carlisle district is the very best it can be; a place to live healthily, learn, aspire, work and play - connected, with its own unique strengths.

This Annual Update provides a wealth of good news stories, attributable to our Partners' continued commitment. There are further signs of growth in the connectedness between the sectors, with many outcomes delivered by partners working in new and innovative ways, together, to deliver more added value for our communities.



It would be remiss not to recognise the challenges that the year has presented for so many of our communities and partners as a result of the devastating floods that hit Cumbria and the district in December 2015, and whilst the effects continue to be felt across the district, the evidence of community and the Partnership working to support each other has been heartening. It was a key factor in the recovery activity and resilience response that followed.

Our Youth Council has continued to contribute strongly to the Partnership's work and actively engages with the Executive Group. This has seen Partnership Members support and attend the Carlisle Youth Council's AGM and recognise its exemplary work on a Mental Health Campaign (pages 10 & 11), giving a voice to our young people on this important matter and seeing their work inform key Commissioning Partners, and made available through the Carlisle Partnership website.

The district is recognised on the international stage in terms of its World Health Organisation (WHO) status (page 9). Partnership working and continued WHO engagement has seen the district recognised as a beacon of best practice. Health remains at the forefront of Carlisle Partnership's thinking and links between our Youth, Health, Food, Housing and Digital sub-groups, to name a few, remain set to keep this as a delivering priority.

The University of Cumbria shares its good news on the outcome of its significant investment in STEM labs (science, technology, engineering and maths), with support from Cumbria Local Enterprise Partnership - a full update is featured on page 6.

There are so many examples of the successes and achievements of our Partners, to be able to do justice to them here, so please read on, celebrate with us and thank you for your commitment to the work of the Partnership.

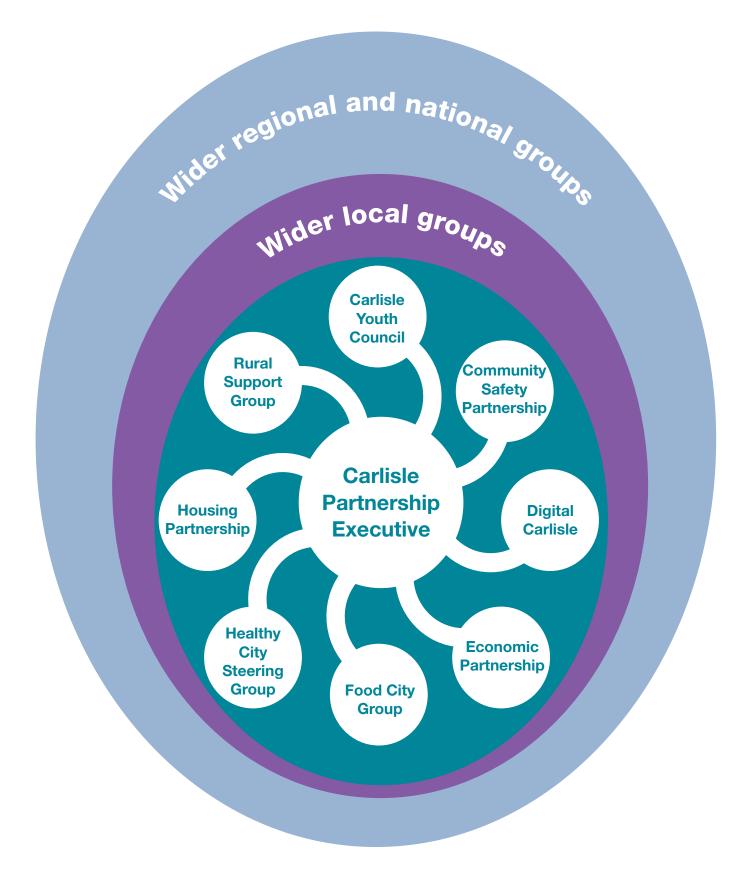
We should also note our special thanks to Moira Tattersall for her significant contributions over the past year as our Chair, supporting and maintaining the Partnership's direction and its aspirations for our community.

The Chair and Vice Chair roles are very rewarding, but only because they give a unique perspective on the commitment and energy that each Partner brings and how that translates to the strong, collaborative outcomes that they deliver when linked together. Carlisle Partnership is a drive chain for: Healthy lives, educational excellence, safety, fulfilling work and high quality recreation in a thriving economy - the best that we can deliver, for our community.

**Phil Houghton** 

Vice Chair of Carlisle Partnership

### CURRENT PARTNERSHIP STRUCTURE



# HIGHLIGHTS 2016

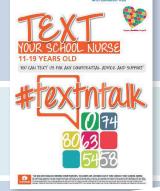
- \* Carlisle featured in the Health Promotion International Journal. The June 2015 edition focused on Intersectoral Governance for Health and Equity in European Crisis. As a high profile academic journal linked with the World Health Organisation and Oxford University Press, Carlisle was positively recognised and placed on the map.
- \* Carlisle Youth Council held a Mental Health event in The Lanes, Carlisle. The main goal for the event was to carry out a Mental Health ballot. Carlisle Youth Council has created a video, produced and coordinated by a young person that studied at Carlisle College.
- Carlisle Airport-connect project progressed to the second phase and is looking to the DfT for support under their Route Development Fund for three routes from Carlisle Lake District Airport; London (through London Southend), Belfast and Dublin.
- National Food for Life Scotland and Sustainable Food Cities Event 2015: Carlisle Food City was asked to present at an event in Edinburgh, following the work advanced over the past year. The national network was impressed by the collaborative and partnership approach advanced in Carlisle. The session focused on 'Developing an Effective Food Partnership and Action Plan'. Positive social media messages have been shared since and a speaker fee was provided to the group to go back into the Food City project pot. The Sustainable Food Cities Network is keen to build on this work nationally.
- \* Carlisle City Council organised an Empty Homes event in December 2015, coinciding with National Empty Homes Week. This successful event provided an opportunity for empty home owners, developers and local businesses to meet, get advice and consider options on what to do with long term empty homes.
- \* PhunkyFoods continues to provide teaching staff with the tools and training to deliver top quality fun healthy lifestyles in schools in line with current government recommendations. The programme aims to help schools deliver a whole-schools approach to healthy lifestyles and also engage with pupils and their families. Consortia funding has assisted in the development of the project and so far 22 schools in Carlisle have taken advantage of the programme.
- \* The Carlisle Ambassador programme continues to provide a powerful business network, where people can interact with others, forge stronger connections and learn first-hand about the big decisions that affect Carlisle.
- \* Retail seminars were delivered at the University of Cumbria's Carlisle Business Interaction Centre, they brought national experts to Carlisle to discuss issues related to invigorating our high streets.





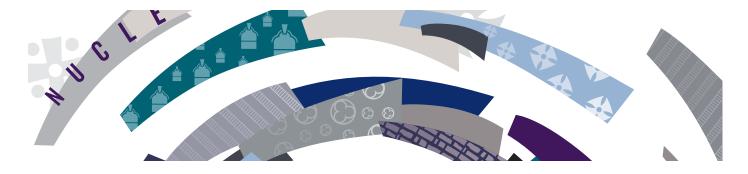








- \* The University of Cumbria has received additional funding from the Cumbria Local Enterprise Partnership to develop the second phase of its science laboratories in Carlisle. Overall the university has invested £3.5million in state of the art labs to respond to a national shortage of graduates with specific science skills to support regional industry requiring skilled staff. This development will enable the university to develop its STEM subjects and create opportunities for young people to participate in STEM subjects.
- \* Carlisle's first Community Health Mela took place on Saturday 14 May. The event was aimed at anyone who would like to take more responsibility for their own Health and Wellbeing and was an opportunity for people in our community to have a Health MOT.
- \* The Cumbria Central Heating fund, a joint initiative between Carlisle, Allerdale, Eden & South Lakeland District Councils, funded by the Department for Energy & Climate Change, continues to deliver free central heating systems to properties not on mains gas.
- \* More than 100 people attended Carlisle City Council training sessions around Dementia Friends, Mental Health First Aid and Construction Design Management (CDM). The training was also made available to other partners.
- \* ChatHealth was launched on Monday 6 June. It is a text messaging service which 11-19 year olds can use to text their school nurse with any issues such as bullying, exam stress and school worries.
- \* Carlisle Carers held an event in Carlisle city centre during Carer's Week to raise the profile of local carers, and to engage with the public by getting some of them to take a step on a treadmill to represent each carer throughout Cumbria.
- \* The Durranhill project is supported by HCA and the LEP and funded by a £2.25million grant to improve the infrastructure of the industrial estate, creating better road access. Work is currently underway to provide new access to the estate which will open up land for development.
- \* To date, 300 properties have benefitted from a Property Resilience Grant to adapt their properties so they are more able to deal with future flooding.
- \* Cumbria GP Recruitment Fair took place which encouraged trainees and qualified GPs to work in Cumbria. Future events are planned to build on this.
- \* Homelife Carlisle Home Improvement Agency delivered Foundations Independent Living Trust (FILT) Warm at Home Project successfully distributed £25,000 for energy efficiency measures as well as continuing to deliver Gas Safety and npower Health Through Warmth grants.



## **DEVELOPMENT OF STEM COURSES**

The University of Cumbria has received additional funding from the Cumbria Local Enterprise Partnership (LEP) to develop the second phase of its science laboratories in Carlisle. Overall the university has invested £3.5million in state-of-the-art labs to respond to a national shortage of graduates with specific science skills to support regional industry requiring skilled staff as raised at partnership events.

The development of the new labs will enable the university to develop further its STEM (science, technology, engineering and maths) subjects and provide support to industry requiring skilled staff and create opportunities for young people to participate in STEM subjects.

There is a particular need for bioscience graduates in Cumbria and the laboratory extension will enhance the existing science curriculum offer, and allow the university to offer degree-level qualifications in chemistry and biomedical science, as well as providing high quality space for teaching, research and consultancy. The facility will also allow greater collaboration with schools to encourage interest in STEM subjects.

The new labs were installed at the Fusehill Street Campus in June and will be equipped and ready for use by September 2016.

Former Vice Chancellor of the University of Cumbria, Professor Peter Strike, said: "The overall investment strengthens the university's ambition to be the lead provider of science-related courses. The skills and knowledge students acquire from studying degrees in STEM subjects at the university, together with professional body accreditation, will enhance their employability prospects and create a wider pool of skilled graduates."



### CARLISLE COLLEGE PARTNERSHIP WORKING



Carlisle College continues to play an active role in the Carlisle Partnership which both enhances the curriculum offer and provides opportunities for students to enhance their skills and experiences, examples are outlined below:

- Fashion students have worked with The Cumberland News as part of their 200 year celebrations, creating items of fashion out of old Cumberland Newspapers for a photo shoot at the print press, with a resulting exhibition of the works at Tullie House.
- The College also hosted the Carlisle Skills Summit in January, bringing together key stakeholders to discuss the future skills needs of the city and strategies for development.
- Carlisle College play an active role in Carlisle Food City and are currently working in partnership on the plans to develop the Local Food Show.
- Carlisle College hosted the Carlisle Ambassadors 'Inspire' event as part of their Give A Day to the City

project which provided a packed agenda to inspire the future entrepreneurs of the city and launched a mentor scheme for experienced business owners to team up with those just setting out.

 Meanwhile students have been involved in a number of projects across the city including a project with Water Street Hostel, where students have created artwork to be displayed within the families and women's accommodation. Arts students are also currently working with Virgin Trains as part of the Carlisle Railway Station redevelopments.

Carlisle College continues to work with hundreds of leading local employers who provide valuable work experience opportunities and apprenticeship vacancies for students. It goes without saying that Carlisle College is grateful to all the partners that they work with. It is only through such active partnerships that we can work together to prepare our students for a successful future within our city.

# HOME FIRST TEAM

Led by the Emergency Care Intensive Support Team (ECIST) the Home First team concept was developed and implemented as a new model for assessment to: admit, discharge and navigate an integrated out of hospital community provision covering the Carlisle locality initially and more broadly, patients from other areas. The aims are:

- Appropriate utilisation of social care support.
- Improved Accident and Emergency (A&E) performance against four hour target at Cumberland Infirmary Carlisle.
- · Improved outcomes for patients and carers.
- Reduced average bed occupancy.
- Reduced need for acute hospital admission by providing a proactive, multiagency intervention service.

The Home First Team visually 'screen' all patients attending A&E who are: over 75 years; a patient who has fallen and/or has upper and lower limb injuries.

The Home First concept was initiated in November with all Partners in Health and Social care working together to improve Emergency care targets. Home First is a Joint; North Cumbria University Hospitals, Cumbria Partnership NHS Foundation Trust and Adult Social Care approach to admission avoidance. Following an intensive service development review, the service has improved and continues to redesign its delivery through weekly improvement meetings. The service is now discharging more patients directly from A&E and commencing therapy assessments at the point of admission.

Therapists are now included in the A&E team. Therapists screen and assess patients who may need rehabilitation, reablement or other assistance to return home. Patients are able to be discharged from A&E if medically fit, which is now impacting on improving the four hour A&E targets. Patients admitted or moved to a unit or ward, therefore starting their therapy assessments sooner, supporting rehabilitation and reduced length of hospital stay.

The overarching Home First concept supports the patient, their family and carers. The Multidisciplinary Team approach supports the Home First Initiative and is aligned to the wider development of Integrated Care Communities and the Healthy City approach. The University of Cumbria have been contacted to ask for their support to evaluate the Home First Concept.

# CHATHEALTH

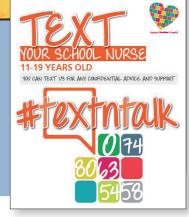
ChatHealth is a text messaging service for 11-19 year olds. They can use it to text their school nurse with any issues they need support with, such as bullying, exam stress and school worries (the list is non-exhaustive). ChatHealth is available Monday to Friday between 9am and 4pm, throughout the year. If a text is sent outside of these hours a bounceback reply is sent and the message will be picked up by the school nurses on return. It is confidential unless there is a safeguarding issue.

The aim is to provide support in a confidential way, using technology which they are familiar with and enjoy

using. It acts as another communication method for students, between them and their school nurse.

The service went live on Monday 6 June; a full roll out programme will start from September, including assemblies in schools. Social media activity is being used to promote the service; events are also being attended by the school nursing team and they continue to work with the Carlisle Partnership to promote the service locally. ChatHealth also attended the Carlisle Youth Council AGM.





# WORLD HEALTH ORGANIZATION

Carlisle was designated as a phase VI city in (2014) having previously achieving phase V designation (2008-2013).

In July 2015, the World Health Organization's (WHO) first phase VI Healthy Cities Annual meeting and technical conference was held in Kuopio Finland. A call to action generated considerable interest amongst cities and networks with over 150 abstracts being submitted for consideration. Each abstract was carefully reviewed by at least two members of the WHO committee, including the regional WHO Director and approximately 60 were chosen for presentation.

From the several abstracts Carlisle submitted two were accepted:

- Food as a vehicle towards improved health and well-being for the people of Carlisle.
- Local Healthy Option Awards.



There were more than 305 delegates from 33 countries, including representatives from 65 cities and 17 national networks attended.

Carlisle was held as a beacon of good practice following the presentations and was firmly promoted and placed on the map, with other cities keen to learn from the work that had taken place. Carlisle was able to tap into interactive innovative training sessions to promote learning and skills development which supports Carlisle to deliver action on phase VI local priorities.

In addition, sessions and workshops were led, chaired and facilitated by Carlisle representatives. This included Health in All Policies (HiAP) training and workshops around resilience, health and wellbeing.



REGIONAL OFFICE FOR Europe



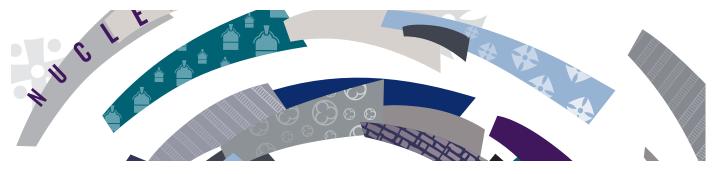
Objectives from the business meeting varied, from debates and exploring the challenges of making local political choices for health, to demonstrating the importance of intersectional action for improving health and wellbeing at the local and urban levels, especially in relation to equity and creative supportive environments to health.

There were two keynote speeches and various strategic and political panels. There were also coordinators and politicians meetings and HiAP training, workshops, surgeries and site visits.

- Carlisle were recognised as a beacon of best practice and put on the map.
- Sponsorship was provided by the Sustainable Food Cities network to assist in profiling the Food Work at such a prestigious event.
- Carlisle was able to influence policy as well as learn from other cities/best practice.

Learning from other cities was used to shape and further develop work, projects and action plans for Carlisle.





### CARLISLE YOUTH COUNCIL'S AGM

Carlisle Youth Council's June AGM celebrated and showcased achievements throughout the year to invited partners and young people. The meeting was also joined by the newly appointed Members of Youth Parliament and resulted in increased engagement (more than any previous year) and the recruitment of new members.

Each member gave an update on Youth Council activity, including: the 'So What?' campaign, Make Your Mark, Youthforia, consultations, website developments, UK Youth Parliament elections and community profile, working with local organisations (such as Soni Cox's 'My Way Code app) and priorities for the upcoming year.

A question and answer session at the end of the AGM allowed young people to provide a view and answers to the audience from a young person's perspective. They highlighted their engagement with a number of different organisations over the past year and have also acted as a youth voice on partner documents, such as the Carlisle Plan and the Director of Public Health's annual report making sure that young people views were included and considered.

Their priorities for 2016/17 are: representing the young people of Carlisle; recruiting new members; Make Your Mark 2016 and consultations over summer will decide on their next campaign issue.



The group would like to thank Chris Barry and Emma Dixon for all their help this year and for helping to organise their AGM. Thanks also to

the local partners for their support and their positive contributions to Carlisle Youth Council.



#### ADVANCED MANUFACTURING CENTRE (AMC)

Work is about to commence on a new Advanced Manufacturing Centre (AMC) at Carlisle College to meet the training needs of the important food manufacturing sector in the city. The AMC will deliver an employer-led curriculum at all levels to the engineering, manufacturing, and processing sectors and will feature new computer aided manufacturing equipment, laser cutters, welding simulation equipment, 3D print and reverse engineering facilities.

The AMC will also accommodate a new process control room enabling the simulation of a real-life engineering manufacturing setup, whilst students will be able to train on the installation, control and maintenance of plant equipment.

The design of the AMC has very much been finalised in partnership with key local employers including Pirelli, McVities and Calder Foods.

### 'SO WHAT?' MENTAL HEALTH CAMPAIGN

Following the results of the 'Make Your Mark' ballot and Carlisle Youth Council's mental health event in The Lanes in August 2015, the 'Strawberry' activity in The Lanes proved a great success with hundreds of young people taking part. They surpassed their 300 ballot target at the event getting 329 responses and as a result it was decided that bullying would be their mental health campaign priority (with 19.6% of the 11-18 age category voting for bullying).

They created a pack to send to schools, colleges and local youth groups, called 'So What?'

The purpose of the 'So What?' campaign is to promote selfempowerment amongst young people, whilst raising awareness of mental health issues. It also meets Healthy City objectives.



The workshop has four activities, each is aimed at a different aspect of mental health issues.

The first was aimed at body image, the second at prejudice, the third at acceptance and the final activity was aimed at mindfulness. The activities ranged from presentations, to a colouring sheet. They recently trialled the workshop with Carlisle Young Carers.

It is intended to send information to Schools and Colleges in Carlisle, as well as be shared with key commissioning partners. It will also be available on the Carlisle Youth Council and the Carlisle Partnership websites.

### DIGITAL CARLISLE

Digital Carlisle first held an engagement event at Carlisle College in 2012. Since then a Digital Carlisle group was established and has been successful in delivering its initial agenda of enhancing the digital connectivity of Carlisle district. It is a partnership of local stakeholders, and has made positive steps in progressing Carlisle's digital development with the successful installation of free City Centre Wi-Fi and support for the continuing improvements to digital infrastructure. It is now looking to the future and considering next steps.

Recent activities include:

- Promoting the work of Digital Carlisle via a guest speaker slot at a Google Digital Garage event at Carlisle Racecourse on Thursday 14 July to highlight what Carlisle City Council and Digital Carlisle partners have done in relation to this agenda.
- Facilitating a stakeholder workshop with the original Digital Carlisle group attending plus wider targeted invites to begin the process of identifying what should be next for Digital Carlisle and how the council can support the digital sector, digital economy and potential development of Carlisle as a smart city. The aims were to engage with partners to seek commitment for the delivery of key actions and projects and to build a shared vision for digital development for the district.

Future steps for Digital Carlisle are therefore ongoing and at an early stage. Further sessions will be held to establish the desired future approach to digital development by key stakeholders operating in the district. In the meantime, support will be given to partners who are advancing this agenda, including Carlisle Library through their work with Google Digital Garage.

### BRAMBLE COURT EXTRA CARE SCHEME

Bramble Court will be the first rural Extra Care housing scheme in Carlisle district and is managed by Impact Housing Association. It is due to open in September 2016.

'Extra Care' is a type of sheltered housing that comprises of selfcontained homes with design features and support services available to enable self-care and independent living within a supported environment. The tenure of the apartments at Bramble Court is social rent.

Bramble Court provides a mix of 38 one and two bedroomed selfcontained apartments for people aged 55 and over. Priority is given to applicants with a local connection to the area.

Carlisle City Council and Impact Housing Association have worked with Adult Social Care to develop the allocation policy to ensure the scheme meets the needs of local older people requiring care and support.

The scheme has been developed in partnership with the Brampton and Beyond Community Trust, who manage the adjacent community centre, and provide a wide range of activities to the local community, including a café which will be open to the residents of Bramble Court.

The building is wheelchair accessible throughout, with access to communal facilities, an alarm call service and a care and support service. The town's amenities are only a short walk away and a regular bus service operates to Carlisle for more active residents. Links with the community centre will provide opportunities for leisure and learning activities and social inclusion.

Care and support is tailored to individual requirements. Someone would not have to need care or support immediately to apply, but might be thinking ahead to their future housing needs. Making a choice to live in extra care housing often avoids a future move to a residential or nursing setting. Extra Care housing reduces reliance on statutory services, aids the reduction of falls, prevents unplanned hospital admissions and aids prompt discharge from hospital.

Bramble Court will take referrals from Cumbria County Council's Adult Social Care team for people with higher support needs, but applicants may also apply direct. Vacancies will also be advertised through 'Cumbria Choice' at **www.cumbriachoice.org.uk** 





### EQUALITY AND DIVERSITY COMPETITION

This year Carlisle College extended the scale of its annual Equality and Diversity competition, working with partners OutREACH Cumbria. The competition invited students to raise awareness of Equality and Diversity issues and display how they are able to identify these and deliver their message using a variety of creative methods, with entries as diverse as food, posters, art, poetry, fashion, electrical installations, metal and wood work. The competition culminated in an exhibition at Tullie House which was opened by local dignitaries and available to view by the public.

### CARLISLE UNITED AND UNIVERSITY OF CUMBRIA JOIN FORCES

Carlisle United Football Club (CUFC) and University of Cumbria signed a 'mutual understanding' partnership in August 2015 with a view to working together more closely in a number of different areas.

#### The aims were:

- Volunteering, placement and internship opportunities for University of Cumbria students at CUFC.
- Integration of University of Cumbria students into CUFC projects.
- Training and development opportunities for Carlisle United staff at the University of Cumbria.
- Promotion and delivery of local and regional events.
- Engaging the student body at CUFC matches and events.

#### Activities have included:

- Joint work to create more awareness of the work of both organisations.
- Engaging the student body with the football club.
- Club staff speaking at University events to make students aware of opportunities.
- University students on placement with the football club.
- Michael Raynes (a CUFC player) using library facilities to assist with his studies.

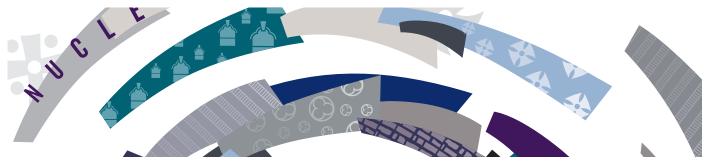


- Partnering on CUFC's first ever Community Sports Trust Awards, recognising the achievements of community project participants.
- CUFC Community Sports Trust based at University of Cumbria's Business Innovation Centre at Paternoster Row whilst their own facilities were unavailable due to the floods.
- Partnering on a Community Fun day at Brunton Park, attracting over 1,200 young people and adults.

The above activities have resulted in improved relationships and working between both organisations on a number of levels and a number of positive community projects and activities which engaged a wide range of individuals. A strong working relationship has been developed and this will continue to be built on over the next year and beyond.

Sandra Booth, Pro Vice Chancellor Enterprise Business Development and Engagement, University of Cumbria, said: "Working in partnership with CUFC has been a pleasure and has really benefitted both organisation's understanding and delivery of key projects to support our shared agenda as community champions."

Phil King, Sales and Marketing Director, Carlisle United FC added: "We are very keen to continue to build partnerships throughout the City and the County and bring the Club closer to the community - our work with the University has been a perfect example of this and has been a natural fit, with great outcomes for both organisations."





## CARLISLE FOOD CITY MAP

The Carlisle Food City map was designed to capture the diversity of the local food sector in a 50 mile radius of Carlisle.

The aim was to raise the visibility of local food producers to potential business buyers in the Carlisle area, highlighting a vibrant food sector supporting the food supply chain for Carlisle as well as showcasing our fabulous local food culture.

Work initially started in 2015 with the current round of data gathering between January and June this year. This year's activity included a social media campaign to assist gathering details of local food producers and Carlisle based businesses selling locally produced food. It is supported by Higher Education Innovation Funding from the University of Cumbria and advanced in partnership with Carlisle Food City partners and Carlisle City Council who were involved in designing and capturing the information. To date, there are 239 businesses on the map and conversations during the gathering of data for the map with



local food buyers has resulted in improved buyer / producers relationships, whilst also highlighting new potential local suppliers.

The map was presented to the University of Cumbria's Research and Enterprise event in July 2016 and is available to view on the Carlisle Food City website.

They are now looking for partners who can improve the interactivity of the map as well as looking to further develop links between food businesses and buyers, through a number of activities.

# KEEP SAFE FOR CUMBRIA

Funded by the Cumbria Police and Crime Commissioner, The Keep Safe Project was established to build a service which would provide consistent delivery across Cumbria of crime prevention measures to victims of crime and anti-social behaviour, all of which are free of charge.

The projects aims to:

- Contribute to making people feel safer and more secure in their own homes.
- Work in partnership to reduce anti-social behaviour.
- Help support victims who have found access to police and local authority services hard to reach.

- Be provided across the county in a consistent way with one set of objectives and method of delivery.
- Potentially reduce homelessness and help avoid the need for families who are victims of domestic abuse to move out of areas where their support networks are.
- Work with key housing partners to keep people safe.

The scheme has resulted in the delivery and installation of free crime prevention and security measures, and equipment; the provision of security advice, signposting to other agencies and multiagency working to improve safer communities.

The schemes key outcomes are to:

- Increase victims feelings of security, safety and confidence.
- Reduce the number of repeat victims.
- Reduce calls for service and demand on Police and other agencies.
- Reduce homelessness.

### LOVERS' LANE COMMUNITY GARDEN: DIG FOR DINNER

Lovers' Lane Community Garden is a community project run by volunteers in Brampton. The garden started in 2012 when a member of Brampton Food Network was making enquiries locally for land that could be used to grow vegetables. The garden is situated very close to the town centre. It is remarkably productive being completely organic and sheltered. They have a large poly-tunnel so that gardening and food production is all year round.

A membership approach, with an annual fee of £10, means that by spending some time working in the garden, all fruit and vegetables produced are shared out. People contribute whatever time or skills they can and do not need to be a knowledgeable gardener.

The majority of members are older people and benefit from the garden; sharing the physical work and enjoying the social aspects of the community. They have also had some home schooled children who love being involved. When they set up the constitution and vision for the community garden, they envisaged a broader audience, which encouraged families. Linked to Healthy City priorities, the project was signposted to funding through the Healthy Weight Grants which was managed by Cumbria County Council's Community Grant team. Funding for the Dig For Dinner project helped them to target families of young children (a target group).

Lovers' Lane Community Garden, in partnership with Brampton Primary School, invited a small group of families with young children to attend. Their chef was invited to do a food demonstration at a school assembly which really excited the



children who then went home and persuaded parents to apply for a place on the project. Numbers were kept low so that the activities remain a quality and individual experience for all taking part.

The project consisted of two blocks of five session courses. The two hour weekly sessions ran as an after school club and a member of the school staff accompanied the families throughout the sessions. During each session, time was spent in Lovers' Lane Community Garden exploring different aspects of gardening (digging, sowing seeds, transplanting, harvesting, understanding about composting and feeding the soil etc). Ready produce was picked and during the second part of each session, the families transformed the vegetables into a tasty dish with guidance from their chef, Michael Evans. Families learnt about using herbs, food preparation techniques, discovered new recipes and flavour combinations and how to share cooking with children.

They ensured on-going evaluation throughout the programme, taking images, posting on Facebook, writing a weekly blog (with input from the young people).

Several families said they were now gardening with their children at home. Four of the 12 families have joined the community garden as members and all families completed the programme. The chef is now going into school weekly to run an after school cookery group.

The Dig for Dinner blog can be found at: http://digfordinnerbrampton. blogspot.co.uk

Further information about Lover's Lane Community Garden can be found at: http://carlislepartnership. carlisle.city/

The project is looking to further develop with the primary school, community garden, Sustainable Brampton, Brampton Community Centre and other partners.

# CARLISLE SKILLS & ECONOMY SUMMIT

The Carlisle Economic Partnership (CEP) identified skills as one of two main priorities for action as part of the Economic Review of Carlisle, this was launched at the 2014/15 Carlisle Partnership Forum.

The CEP agreed an action to hold a summit here in Carlisle to further understand the challenges and opportunities faced across all sectors, debate the issues and begin to explore what actions may form part of a response to the skills shortage here in Carlisle. Whilst also considering the Skills plan for Cumbria and understanding future plans and aspirations for the City.

The Skills and Economy Summit was held on Thursday 28 January 2016 at Carlisle College. The partnership and stakeholder event (representing a wide range of sectors) highlighted the challenges and opportunities arising from £90billion investment within the Nuclear Sector, as well as a range of other major projects planned across Cumbria - as outlined by Cumbria Local Partnership and key local institutions.

Key speakers highlighted the potential impacts and opportunities for Carlisle and Cumbria, whilst also outlining the future skills requirements across a range of sectors in order to meet the projected demand. Presentations were followed by a high profile panel discussion. The day was well received with a number of positive comments and suggestions for outcomes moving forward.

Carlisle College students showcased the range of their skills, by designing (with support from Carlisle Food City partners), creating and cooking a locally grown and produced lunch. Letters of thanks have been sent to each of the students for the role they played in the event and will be used as part their portfolio development.

The Government Minister of State for Skills, Nick Boles MP also attended the event and provided an address to the audience on the skills agenda. Nick praised the event, efforts of the students and asked that images from the event were share with him - assisting in putting Carlisle on the map.

The event raised awareness of the issues and challenges in meeting the future needs of employers in attracting and retaining a skilled workforce. It also began to engage a wide range of stakeholders in the debate and has been a catalyst for getting the issue of skills on the agenda at a series of subsequent meetings and events held by partners such as Carlisle Ambassadors, Chamber of Commerce and Digital Carlisle Group.



## **GP RECRUITMENT FAIR**

The GP Recruitment Fair, held on Friday 17 June, aimed to attract health care professionals to our beautiful county. The CCG (Clinical Commissioning Group) in collaboration with other organisations held the event to address GP recruitment issues across Cumbria.

The aim was to encourage trainees and qualified GPs to work in Cumbria and bring together, and share, a whole range of initiatives. Various stands and speakers provided information on living and working in Cumbria as a GP - as well as growing, studying, playing (family life).

The event also provided a huge amount of learning; that Cumbria has something unique to sell; that we are a close knit family that is supportive because it is small (e.g. size of our training schemes) and that we work together and can provide opportunities for tailored training in areas of interest.

Qualified and trainee GPs that attended the event showed interest in working in Cumbria after speaking with colleagues at the event. Positive conversations took place with GP registrars looking at different career options once they qualify, who were unaware of the opportunities within Cumbria. Cumbrian organisations are following up all of the attendees with offers of further help and discussions. Feedback will help to plan further recruitment events before the end of the year, including wider health professionals e.g. nurses and pharmacists and a collaborative team are keen to attend British Medical Journal (BMJ) careers events in London. Interested in helping? Let us know.



### NEW PSYCHOACTIVE SUBSTANCES TRAINING

In 2015-16 it was highlighted that there was a lack of knowledge across the county in connection to the developing use of psychoactive substances. Through collaboration between the three Community Safety Partnerships (North, West and South) a training provider was identified that could deliver a current program to enable professional bodies within the county to expand their knowledge on the increasing use of New Psychoactive Substances (NPS).

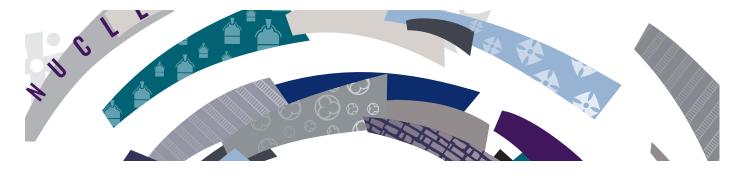
The aims and objectives of the training - provided by Liam Watson of Drugs Training - were to enable key

professionals from across a broad spectrum of bodies to develop their knowledge of NPSs and addiction.

Once completed, all delegates were signed up to 'Drugs Now' e-zine which allow them to keep up to date with current drug issues.

As the training was such a success and the feedback received was excellent, there are plans to further roll out the training.





### LEARNING AND DEVELOPMENT

Over the past year Carlisle City Council has organised a number of different courses that have been opened up to other partner agencies. The courses ranged from Dementia Friends, to Construction Design Management (CDM), and to Mental Health First Aid.

- Dementia Friends: The training course aimed to give people a better understanding of dementia and the small things we can all do to make a difference to the lives of people affected by dementia.
- CDM Regulations: Working with Carlisle College in partnership with the National Construction College, the City Council offered an update on the Construction Design and Management Regulations 2015.
- Mental Health First Aid: Mental health problems can affect people at any time of life in different ways. They affect not only individuals and their families, but friends, work colleagues and employers too. Many people suffer a mental illness for a long time before

they seek help. The training raised awareness amongst staff and organisations of the support needed for those suffering with poor mental health; ensuring the best help could be given as quickly as possible.

The training sessions were opened up to Carlisle Partnership partners and example attendees included: Age UK; Carlisle Eden MIND; Carlisle MAP; Community Centres; Cumbria County Council; Cumbria Deaf & Vision; District Councils; DACE; Groundwork; Job Centre; NHS; University of Cumbria; CAPITA; Carlisle College; Compass Services Group and Riverside.

More than 100 individuals attended sessions, which assisted in upskilling our local workforce, ensuring knowledge is up to date and raising awareness of key issues and challenges. More sessions are planned (Suicide Alertness training will take place on Wednesday 9 November - places are still available).

#### DO THE RIGHT THING

Media students at Carlisle College supported Cumbria Constabulary's 'Do The Right Thing campaign' this year. Students contributed to an awareness raising campaign around the complex topic of sexual consent making two short films, by young people for young people, based on their discussions on the topic.

In another partnership with Cumbria Constabulary, motor vehicle students have benefited from a new scheme this year which sees vehicles seized by the Police being given to the College for students to work on as part of their practical studies. Cumbria Police's Mobile Support Group regularly seize vehicles under various parts of the Road Traffic Legislation.



# PHUNKYFOODS

PhunkyFoods is a healthy lifestyle programme of resources, training and support.

The programme offers a preventative behaviour change intervention; educating schools, their pupils and the wider community to improve knowledge and understanding of healthy lifestyles messaging, whilst helping schools to provide a supportive environment in which their staff, pupils and families are empowered to make real behaviour changes. Their unique offer incorporates three important pillars of success:

- Capacity building by training existing school staff in delivering healthy lifestyle messaging for children and their families to ensure sustainability.
- Their award-winning cross-curricular healthy eating and physical activity classroom resources and lesson plans for universality across all school year groups.
- Regional Community Support Workers offer support around the whole school approach to healthy lifestyles. From facilitating audits of existing activities and advising on dining room issues, to developing strong community links by delivering parent/carer workshops and running cook and eat sessions.

The PhunkyFoods programme, with help from the Carlisle Partnership, has engaged with 22 primary



schools across Carlisle over the past two years. A Community Support Worker has been working with schools to engage teachers, staff and parents/carers in key healthy lifestyle messages to encourage behaviour change. This has included training events, whole school staff training sessions, multi-school training events, workshops for pupils and teachers, whole school assemblies and facilitating the setting up of cookery, gardening and breakfast clubs.

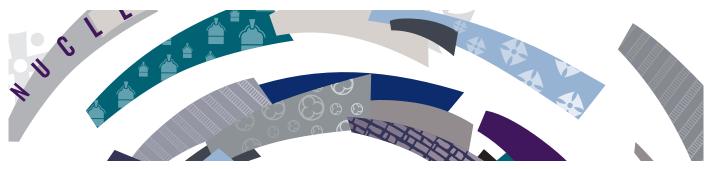
Over the last academic year and up to April 2016: workshops have been delivered to 2636 children and trained 117 members of teaching staff (including encouraging schools to set up cookery clubs). A multischool training event in partnership with Carlisle Healthy Cities was delivered in July which 10 schools attended.

They have recently being awarded their third Royal Society for Public Health (RSPH) Award for Community Health and Wellbeing. The award recognises their professional and evidence-based practice.

#### CARLISLE COMMUNITY HEALTH MELA

Carlisle Community Health Mela was a friendly, fun filled festival held in Carlisle city centre on Saturday 14 May. The event was aimed at anyone who would like to take more responsibility for their own Health and Wellbeing. It also provided an opportunity for people in our community to have a Health MOT with appropriate advice and signposting.

The event included 40 stands in the city centre, a Health Olympics held in Assembly Rooms, and complementary therapy sessions and had fantastic feedback. The event, organised by local Rotarians, Sustainable Carlisle, the National Forum for Health & Wellbeing, Healthy City, and many volunteers, was supported by the Rotary Foundation, the Cumbria Community Foundation and Carlisle City Council. There is a future event planned for May 2017.





### **PROPERTY RESILIENCE GRANTS**

In December 2015, the county was devastated by Storm Desmond, with thousands of homes and business affected across Cumbria.

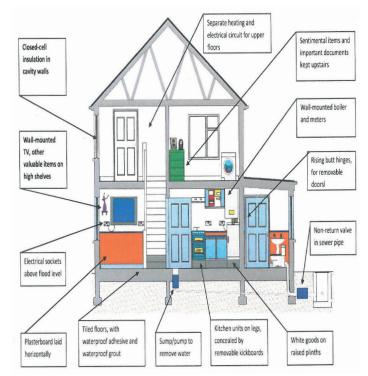
Shortly after the flooding, the government made  $\pounds 50$  million available across Cumbria to help homes and business become more resilient in future, through access to a  $\pounds 5,000$  flood resilience grant (now called Property Resilience grants) administered by local district authorities.

Carlisle City Council has been working with JBA Consulting to provide independent surveys to households on Property Level Protection. The scheme is open to all flood affected business or households, the scheme is not means tested.

Business Emergency Resilience Group (BERG), are working across three of the Cumbrian Authorities to support Businesses and households make grant applications. They started working in Carlisle in July 2016.

Newground have been contacted by the Environment Agency to encourage take up of the resilience grant, Newground's focus is to encourage community applications, where full streets of residents wish to collectively get together to put forward an application for measures in their home. Work in Carlisle started September 2016.

All applications need to be received on or before 31 December 2016. Further information on the grants is available on Carlisle City Council's website or by contacting the BERG team on 01228 817002.



#### CHILDREN'S UNIVERSITY PROGRAMME

Carlisle College continues as lead co-ordinator of the Children's University programme in the Carlisle area. The Children's University provides 5 to 14 year olds with exciting and innovative learning activities and experiences outside normal school hours at learning destinations such as Carlisle Castle. The initiative aims to encourage learning and raise aspirations.

To celebrate achievement and reward participation, Carlisle College in association with the University of Cumbria hosted the Children's University Graduation ceremony at Carlisle Cathedral in July. Students from participating schools (Hayton School, Yewdale School, Upperby School, Robert Ferguson School, Calthwaite School and Petteril Bank School) collected certificates to mark their achievement in full cap and gown.



## HOMELIFE NATIONAL AWARD

Homelife Carlisle won the Foundations Independent Living Trust (FILT) delivery partner award category at this year's national Home Improvement Agency (HIA) and Handyperson Service Awards held at the House of Lords.

Organised by Foundations - the national body for HIAs - and sponsored by AKW, the annual awards



recognise the efforts of England's 200 agencies to offer a wide range of home support to disabled and older vulnerable people on low incomes.

Homelife Carlisle scooped the award for the FILT charity delivery partner of the year. The award recognised the fact that Homelife Carlisle consistently has gone out of its way to identify, reach and provide solutions for people living in cold homes and housing. The dedicated yet small team are driven to provide a person-centred approach and continued to provide a service even in the aftermath of the devastating floods last December.

Homelife Carlisle was also commended in the 'Collaboration' award category for its successful pilot Health and Social Care Co-ordinators project funded by the NHS Clinical Commissioning Group which aims to prevent admissions and pressure on health and social care by linking clients with services available in their community.

#### STANDARDISED TOBACCO PACKAGING LAWS WELCOMED IN CUMBRIA

Healthy City Steering Group have done considerable work around reducing smoking prevalence within the district over the past three years, through campaigns, workshops and activities. Several sessions have focused on packaging, which has previously been bright in colour and more appealing to younger people.

A new law in which cigarettes sold in the UK must be sold in green packaging with dramatic visual health warnings came in to place on 20 May 2016. The Healthy City Steering Group and Public Health representatives have welcomed this.

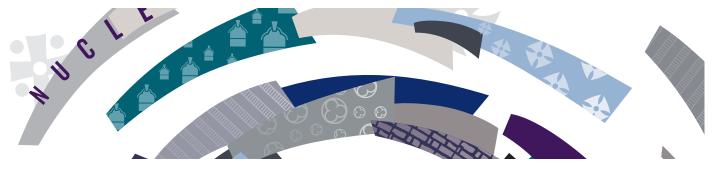
Colin Cox, Cumbria County Council's Director of Public Health, said: "This is a proud moment for public health in the fight to reduce smoking prevalence. Many of us have worked on this for a number of years. The percentage of young people smoking in Cumbria has steadily and dramatically decreased since 2003, which is a trend that we are delighted about. These new laws can only help contribute to this decline and ultimately cut the risks associated with smoking, saving more lives."

Any branding on the packaging will now have to be removed and all companies will have to conform to the following standardised regulations:

- The material, size, shape, and opening mechanism of packaging.
- The colour of packaging and cigarettes.
- The font, colour, size, case, and alignment of text.

This only, however, applies to any cigarettes and hand rolling tobacco products manufactured for sale in the UK from the 20 May. There is a one year translational period for the sell-through of old stock. From 21 May 2017 any tobacco products on sale in the UK must comply with these regulations.





## CARLISLE OLD TOWN HALL: PHASE TWO

The Old Town Hall is a prominent two storey Grade I listed building of medieval origin located in Carlisle city centre.

Following completion of the phase one programme of restoration and repair to the fabric of the building in 2013, a second phase of works to develop and improve the Old Town Hall as a visitor attraction whilst offering the services and facilities associated with a Tourist Information Centre (TIC) was undertaken.

The works which were managed by local architects Johnston and Wright included comprehensive upgrading



of the existing TIC including the installation of multimedia equipment, display fitments and desk installation with improved access from street level to the first floor. The aim was to provide a more commercially viable service including facilities to increase the use of the Assembly Room for events or partners to use. Outcomes included:

- Restoration of an important historic building in the centre of Carlisle, reinforcing its role as a visitor attraction and destination.
- Creation of renewed interest in the building and encouraging additional visitor footfall.
- Increasing the use of the Assembly Room.
- Creation of enhanced opportunities for income generation through increased retail, public usage and ticket sales.

The completed project provides a strategic TIC service in Carlisle to focus on increasing visitor numbers, spend and overnight stays. This contributes to the economic growth of the area whilst improving the visitor experience in the city. Furthermore the TIC stocks and promotes a range of local products.

# THE CLIENT-TRAINER WORKING RELATIONSHIP IN PHYSICAL ACTIVITY SETTINGS

This project focuses on the interpersonal working relationship that is established between personal trainers and their clients in exercise and physical activity settings.

Anecdotally, both clients and trainers report that what each partner thinks of the other, particularly in initial encounters, is crucial to a good partnership. A good quality relationship will logically lead to better client satisfaction and retention but there is virtually no research into this aspect of exercise participation.

The University of Cumbria research aims to identify the important features of a good working relationship and

use these findings to validate a short questionnaire to measure relationship quality in physical activity/ exercise settings, which can be used to determine how important relationships are to exercise adherence, enjoyment and quality intervention development.

Carlisle Partnership assisted in the circulation of an anonymous online questionnaire to trainers and clients operating in private personal training or physical activity on referral schemes. The survey has been completed by 172 trainers and 180 clients and the outcomes will be shared to the Partnership in the coming year, after analysis and development.



### CARLISLE AMBASSADORS

The 2015 Ambassador Programme was launched in January with the first meeting attended by over 150 people representing businesses across the city. The 2015 programme offered six meetings on a bi-monthly cycle, all held at interesting venues that showcased Carlisle and beyond. Social media channels were established ready to support local business news and events, and a new website was set up.

The Carlisle Ambassador programme directly supports and cuts across a number of priorities including:

- Promotion of Carlisle as a prosperous City, one in which we can all be proud.
- Supporting the growth of more high quality and sustainable business and employment opportunities.

• Working more effectively with partners to achieve the City Council's priorities.

The scheme aims to unite companies, organisations and individuals in a powerful network to change perceptions of Carlisle and raise the areas profile as a prime business location.

The programme continues to provide a powerful business network, where people can interact with others, forge stronger connections and learn firsthand about the big decisions that affect Carlisle. Meetings provide a forum to share ideas, collaborate on projects to make a difference and benefit Carlisle and the wider area.

To date, more than 120 businesses have applied to pay membership fees and become an official Carlisle Ambassador. Additionally a further 25 people/organisations are members due to sponsorship and support in kind.

### **STEP FORWARD FOR CARERS**



An event was held to coincide with Carers' Week in The Lanes Shopping Centre on Friday 10 June. Organised by Carlisle Carers it aimed to raise the profile of local carers.

Using a treadmill in the centre of town, it encouraged members of the public to take a step forward to represent every Carer in Cumbria. This was a one off, one day event, with the sole intention of raising awareness of Carer's in the Carlisle area, but additional benefits were achieved through an increase in physical activity. Support was provided by the Healthy City Steering Group.



#### CARLISLE BUSINESS INTERACTION CENTRE RETAIL SEMINARS

Funded by the University of Cumbria and Carlisle City Council these seminars brought national experts to Carlisle to discuss issues related to invigorating our high streets.

The two seminars were delivered in the first half of 2016: "Power of place: How to win and lose footfall post-internet" by Prof Cathy Parker Chair of the Institute of Place Management and "Building Town Centre Resilience" by Chris Sands and Marc Briand founders of Totally Locally.

### CUMBRIA CENTRAL HEATING FUND

The heating fund is a joint initiative between Carlisle, Allerdale, Eden and South Lakeland Councils using £1.1million funding from the Department for Energy and Climate Change.

The aim is to

deliver free central heating Cumbria

Central Heating Fund Grants to install central



systems to homes off mains gas with households in potential fuel poverty. Carlisle City Council is working in partnership with npower to reach qualifying households though Energy Performance Certificate data. To find out more, visit: www.carlisle.gov.uk/Residents/Housing-and-Homeless/Adaptation-and-Housing-Grants A Carlisle Totally Locally Group has been formed by a group of local retailers supported by other local businesses and is starting its journey to encourage more local spend on the high street.

By interacting with national experts the aim is to keep the profile of Carlisle high in the ongoing national debate on the future of city centres. A further session is planned around food agenda.

#### GIVE A DAY TO THE CITY

Andy Fearon of Carlisle Vineyard Church initiated the 'Give a Day' idea with local church leaders and Carlisle Ambassadors. The Give a Day pilot ran in October 2015 with 12 projects, followed by 15 projects June 2016.

Projects have included Scotby Junior School Pond makeover, the Sheepmount football pitch clearance following the floods, redeveloping three homes affected by the floods, renovation of the Devonshire Walk Skatepark, shed building at Carlisle Youth Zone, a Cenotaph spruce up, a Queen's 90th Birthday Street Party, residential home garden makeover, bags of courage and pots of joy gifted across the city, road building for access to the river, Bitts Park clean-up, community allotment development and improvements to the Water Street Hostel outdoor area.



#### HERE ARE SOME OF OUR AMAZING PARTNERS...



### AND FINALLY...

> A BIG thank you goes out to you; each of our wonderful partners for your continued support and fantastic partnership contributions. Without you, this work would not happen.

A special thanks to everyone who has contributed to this newsletter and has been involved in pulling it together.

For further information on Carlisle Partnership activities and involvement, or if you have a story to share, please contact: **EmmaD@carlisle.gov.uk** or **CarlislePartnership@carlisle.gov.uk** or visit our website http://carlislepartnership.carlisle.city/